

**Palmerston Olympic Distance
Palmerston Pool**

**Overall Results
1500/40/10**

10-Aug-08

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	27	Crane, David	M20-29	0:24:26	1:07:55	1:32:21	0:37:39	2:10:00
2	22	Norton, Ian	M30-39	0:23:35	1:07:26	1:31:01	0:39:35	2:10:36
3	4	Gray, Nick	M20-29	0:25:19	1:08:47	1:34:06	0:40:11	2:14:17
4	29	Bradbury, Richard	M20-29	0:26:12	1:09:21	1:35:33	0:40:03	2:15:36
5	17	Bevis, Scott	M20-29	0:25:55	1:08:12	1:34:07	0:42:18	2:16:25
6	1	Fitch, Stu	M50-59	0:23:32	1:12:17	1:35:49	0:43:14	2:19:03
7	15	Pennington, Jack	M30-39	0:27:38	1:10:37	1:38:15	0:41:24	2:19:39
8	23	Team, Neville	TEAM	0:26:01	1:10:41	1:36:42	0:43:27	2:20:09
9	20	Bell, Paul	M40-49	0:26:25	1:09:36	1:36:01	0:44:15	2:20:16
10	25	Brady, Pete	M40-49	0:26:38	1:11:12	1:37:50	0:44:57	2:22:47
11	18	Griep, Ron	M40-49	0:26:01	1:11:05	1:37:06	0:45:57	2:23:03
12	21	Roddie, Nikki	F30-39	0:26:24	1:11:53	1:38:17	0:46:20	2:24:37
13	8	Stancombe, Allan	M50-59	0:27:29	1:07:00	1:34:29	0:51:44	2:26:13
14	3	Lewis, Phillip	M40-49	0:32:44	1:12:49	1:45:33	0:40:52	2:26:25
15	10	Brown, Damien	M30-39	0:26:10	1:13:58	1:40:08	0:47:57	2:28:05
16	14	Team, Stewart/Croser/Hatty	TEAM	0:28:33	1:14:15	1:42:48	0:45:32	2:28:20
17	5	Birk, Belinda	F40-49	0:26:24	1:13:21	1:39:45	0:48:45	2:28:30
18	28	Brownscombe, Phillip	M40-49	0:28:29	1:08:48	1:37:17	0:53:23	2:30:40
19	19	Hales, Owen	M40-49	0:30:17	1:11:25	1:41:42	0:49:35	2:31:17
20	12	Young, Jessie	M20-29	0:28:53	1:13:24	1:42:17	0:51:35	2:33:52
21	26	Croser, David	M30-39	0:31:14	1:18:57	1:50:11	0:44:01	2:34:12
22	2	Team, Thyne/Carboni	TEAM	0:26:30	1:12:53	1:39:23	0:55:21	2:34:44
23	9	Sullivan, Rosie	F30-39	0:29:40	1:17:51	1:47:31	0:48:45	2:36:16
24	13	Hatty, Phillip	M40-49	0:30:38	1:13:20	1:43:58	0:54:36	2:38:34
25	16	McLeod, Jodie	F40-49	0:27:30	1:15:58	1:43:28	0:55:17	2:38:45
26	11	Nash, Terry	M20-29	0:30:35	1:15:45	1:46:20	0:53:09	2:39:29
27	24	Stewart, Monica	F50-59	0:28:33	1:17:45	1:46:18	0:55:00	2:41:18
28	7	Blumberg, Phil	M50-59	0:30:25	1:21:35	1:52:00	0:52:48	2:44:48
29	6	Birk, Bertram	M50-59	0:31:07	1:14:31	1:45:38	1:00:18	2:45:56

Total number of competitors: 29

**Palmerston Olympic Distance
Palmerston Pool**

**Results By Category
1500/40/10**

10-Aug-08

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F30-39							
1	21	Roddie, Nikki	0:26:24	1:11:53	1:38:17	0:46:20	2:24:37
2	9	Sullivan, Rosie	0:29:40	1:17:51	1:47:31	0:48:45	2:36:16
Results for Category F40-49							
1	5	Birk, Belinda	0:26:24	1:13:21	1:39:45	0:48:45	2:28:30
2	16	McLeod, Jodie	0:27:30	1:15:58	1:43:28	0:55:17	2:38:45
Results for Category F50-59							
1	24	Stewart, Monica	0:28:33	1:17:45	1:46:18	0:55:00	2:41:18
Results for Category M20-29							
1	27	Crane, David	0:24:26	1:07:55	1:32:21	0:37:39	2:10:00
2	4	Gray, Nick	0:25:19	1:08:47	1:34:06	0:40:11	2:14:17
3	29	Bradbury, Richard	0:26:12	1:09:21	1:35:33	0:40:03	2:15:36
4	17	Bevis, Scott	0:25:55	1:08:12	1:34:07	0:42:18	2:16:25
5	12	Young, Jessie	0:28:53	1:13:24	1:42:17	0:51:35	2:33:52
6	11	Nash, Terry	0:30:35	1:15:45	1:46:20	0:53:09	2:39:29
Results for Category M30-39							
1	22	Norton, Ian	0:23:35	1:07:26	1:31:01	0:39:35	2:10:36
2	15	Pennington, Jack	0:27:38	1:10:37	1:38:15	0:41:24	2:19:39
3	10	Brown, Damien	0:26:10	1:13:58	1:40:08	0:47:57	2:28:05
4	26	Croser, David	0:31:14	1:18:57	1:50:11	0:44:01	2:34:12
Results for Category M40-49							
1	20	Bell, Paul	0:26:25	1:09:36	1:36:01	0:44:15	2:20:16
2	25	Brady, Pete	0:26:38	1:11:12	1:37:50	0:44:57	2:22:47
3	18	Griep, Ron	0:26:01	1:11:05	1:37:06	0:45:57	2:23:03
4	3	Lewis, Phillip	0:32:44	1:12:49	1:45:33	0:40:52	2:26:25
5	28	Brownscombe, Phillip	0:28:29	1:08:48	1:37:17	0:53:23	2:30:40
6	19	Hales, Owen	0:30:17	1:11:25	1:41:42	0:49:35	2:31:17
7	13	Hatty, Phill	0:30:38	1:13:20	1:43:58	0:54:36	2:38:34
Results for Category M50-59							
1	1	Fitch, Stu	0:23:32	1:12:17	1:35:49	0:43:14	2:19:03
2	8	Stancombe, Allan	0:27:29	1:07:00	1:34:29	0:51:44	2:26:13
3	7	Blumberg, Phil	0:30:25	1:21:35	1:52:00	0:52:48	2:44:48
4	6	Birk, Bertram	0:31:07	1:14:31	1:45:38	1:00:18	2:45:56
Results for Category TEAM							
1	23	Team, Neville	0:26:01	1:10:41	1:36:42	0:43:27	2:20:09
2	14	Team, Stewart/Croser/Hatty	0:28:33	1:14:15	1:42:48	0:45:32	2:28:20
3	2	Team, Thyne/Carboni	0:26:30	1:12:53	1:39:23	0:55:21	2:34:44

**Palmerston Short Distance
Palmerston Pool**

**Overall Results
300/13/3**

10-Aug-08

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	98	Weatherald, Rob	M50-59	0:05:02	0:25:32	0:30:34	0:11:27	0:42:01
2	86	Richter, Jonny	M30-39	0:05:08	0:25:29	0:30:37	0:11:59	0:42:36
3	87	Preddy, Grant	M20-29	0:04:55	0:27:26	0:32:21	0:11:52	0:44:13
4	88	Kahl, Greg	M20-29	0:05:33	0:25:27	0:31:00	0:13:35	0:44:35
5	96	Team, Sheffield	TEAM	0:06:02	0:26:22	0:32:24	0:13:34	0:45:58
6	80	Stanley, Daryl	M60-69	0:06:02	0:26:57	0:32:59	0:13:06	0:46:05
7	93	Preddy, Dean	M30-39	0:04:49	0:29:41	0:34:30	0:14:35	0:49:05
8	97	Smith, Colin	M50-59	0:06:09	0:28:37	0:34:46	0:14:37	0:49:23
9	82	Taylor, Stuart	M30-39	0:05:53	0:28:41	0:34:34	0:15:29	0:50:03
10	85	Lewis, Tim	MJNR	0:05:29	0:30:19	0:35:48	0:14:21	0:50:09
11	95	Murphy, Brian	M30-39	0:06:32	0:28:45	0:35:17	0:15:13	0:50:30
12	94	Secondis, Karl	M30-39	0:06:00	0:32:06	0:38:06	0:12:25	0:50:31
13	81	Lewis, Karen	F40-49	0:07:06	0:30:48	0:37:54	0:14:51	0:52:45
14	100	Hucent, Korgan	M30-39	0:07:29	0:32:38	0:40:07	0:15:06	0:55:13
15	91	Stephens, Rose	F40-49	0:08:59	0:33:43	0:42:42	0:13:16	0:55:58
16	83	Friebel, Dave	M30-39	0:07:07	0:33:25	0:40:32	0:15:33	0:56:05
17	89	Crocker, Kurt	M20-29	0:06:04	0:34:15	0:40:19	0:17:50	0:58:09
18	92	Hill, Alison	F30-39	0:06:25	0:35:27	0:41:52	0:16:31	0:58:23
19	90	Hatty, Lachlan	MJNR	0:05:50	0:32:42	0:38:32	0:20:57	0:59:29
20	84	Friebel, Christine	F40-49	0:05:49	0:34:51	0:40:40	0:19:06	0:59:46
21	99	Koch, Ernie	M70-79	0:09:24	0:35:04	0:44:28	0:16:56	1:01:24

Total number of competitors: 21

**Palmerston Short Distance
Palmerston Pool**

**Results By Category
300/13/3**

10-Aug-08

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F30-39							
1	92	Hill, Alison	0:06:25	0:35:27	0:41:52	0:16:31	0:58:23
Results for Category F40-49							
1	81	Lewis, Karen	0:07:06	0:30:48	0:37:54	0:14:51	0:52:45
2	91	Stephens, Rose	0:08:59	0:33:43	0:42:42	0:13:16	0:55:58
3	84	Friebel, Christine	0:05:49	0:34:51	0:40:40	0:19:06	0:59:46
Results for Category M20-29							
1	87	Preddy, Grant	0:04:55	0:27:26	0:32:21	0:11:52	0:44:13
2	88	Kahl, Greg	0:05:33	0:25:27	0:31:00	0:13:35	0:44:35
3	89	Crocker, Kurt	0:06:04	0:34:15	0:40:19	0:17:50	0:58:09
Results for Category M30-39							
1	86	Richter, Jonny	0:05:08	0:25:29	0:30:37	0:11:59	0:42:36
2	93	Preddy, Dean	0:04:49	0:29:41	0:34:30	0:14:35	0:49:05
3	82	Taylor, Stuart	0:05:53	0:28:41	0:34:34	0:15:29	0:50:03
4	95	Murphy, Brian	0:06:32	0:28:45	0:35:17	0:15:13	0:50:30
5	94	Secondis, Karl	0:06:00	0:32:06	0:38:06	0:12:25	0:50:31
6	100	Hucent, Korgan	0:07:29	0:32:38	0:40:07	0:15:06	0:55:13
7	83	Friebel, Dave	0:07:07	0:33:25	0:40:32	0:15:33	0:56:05
Results for Category M50-59							
1	98	Weatherald, Rob	0:05:02	0:25:32	0:30:34	0:11:27	0:42:01
2	97	Smith, Colin	0:06:09	0:28:37	0:34:46	0:14:37	0:49:23
Results for Category M60-69							
1	80	Stanley, Daryl	0:06:02	0:26:57	0:32:59	0:13:06	0:46:05
Results for Category M70-79							
1	99	Koch, Ernie	0:09:24	0:35:04	0:44:28	0:16:56	1:01:24
Results for Category MJNR							
1	85	Lewis, Tim	0:05:29	0:30:19	0:35:48	0:14:21	0:50:09
2	90	Hatty, Lachlan	0:05:50	0:32:42	0:38:32	0:20:57	0:59:29
Results for Category TEAM							
1	96	Team, Sheffield	0:06:02	0:26:22	0:32:24	0:13:34	0:45:58