

**Arafura Lead Up Triathlon
Lake Alexander**

**Overall Results
1000/26/8**

19-Apr-09

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	4	Gear, Kyle	M20-29	0:13:57	0:38:37	0:52:34	0:29:07	1:21:41
2	1	Bosmans, Jerome	M40-49	0:15:36	0:38:02	0:53:38	0:28:20	1:21:58
3	13	Ellison, Tim	M40-49	0:15:33	0:39:41	0:55:14	0:28:32	1:23:46
4	29	Preddy, Grant	M20-29	0:15:52	0:40:00	0:55:52	0:29:05	1:24:57
5	14	Team,	TEAM	0:15:55	0:39:58	0:55:53	0:32:18	1:28:11
6	32	Crane, David	M20-29	0:16:01	0:42:14	0:58:15	0:32:04	1:30:19
7	16	Anzin, Mark	M30-39	0:18:13	0:40:39	0:58:52	0:31:42	1:30:34
8	47	Weatherald, Rob	M50-59	0:16:24	0:41:49	0:58:13	0:33:09	1:31:22
9	11	Porter, Heath	M20-29	0:16:16	0:42:06	0:58:22	0:34:15	1:32:37
10	35	Watt, Blue	M50-59	0:18:41	0:42:49	1:01:30	0:31:42	1:33:12
11	9	Greenhill, Sharon	F30-39	0:15:57	0:43:46	0:59:43	0:35:21	1:35:04
12	37	Griep, Ron	M40-49	0:17:08	0:42:51	0:59:59	0:36:11	1:36:10
13	50	Gallagher, Brian	M50-59	0:17:28	0:42:45	1:00:13	0:35:59	1:36:12
14	74	Brady, Pete	M40-49	0:18:04	0:44:23	1:02:27	0:34:13	1:36:40
15	63	Brownscombe, Phillip	M40-49	0:18:20	0:40:38	0:58:58	0:38:04	1:37:02
16	42	Winterflood, Emma	F30-39	0:18:17	0:44:09	1:02:26	0:34:51	1:37:17
17	31	Lewis, Phillip	M40-49	0:21:01	0:44:22	1:05:23	0:32:42	1:38:05
18	15	Duncan, Leila	F20-29	0:17:06	0:45:33	1:02:39	0:35:33	1:38:12
19	21	Gilly, Vincent	M40-49	0:22:39	0:44:14	1:06:53	0:33:03	1:39:56
20	39	Cruickshank, Simon	M40-49	0:20:23	0:43:24	1:03:47	0:36:51	1:40:38
21	12	Thyne, John	M40-49	0:17:26	0:45:04	1:02:30	0:38:25	1:40:55
22	56	Hall, Andrew Dingo	M40-49	0:22:49	0:45:53	1:08:42	0:32:34	1:41:16
23	17	Stephenson, Lauren	F20-29	0:18:23	0:49:38	1:08:01	0:33:20	1:41:21
24	25	Coutts, Nick	M30-39	0:17:15	0:43:11	1:00:26	0:41:11	1:41:37
25	19	Caden, Aaron	M30-39	0:21:56	0:43:36	1:05:32	0:36:25	1:41:57
26	45	Lloyd, Sam	M20-29	0:19:22	0:49:52	1:09:14	0:32:47	1:42:01
27	22	Hatty, Phill	M40-49	0:20:18	0:43:38	1:03:56	0:38:47	1:42:43
28	2	Stanley, Daryl	M60-69	0:20:10	0:43:45	1:03:55	0:39:17	1:43:12
29	51	Tilbrook, Paul	M40-49	0:22:58	0:47:43	1:10:41	0:32:52	1:43:33
30	18	Team, PreeceSageDuncan	TEAM	0:20:44	0:48:03	1:08:47	0:35:05	1:43:52
31	65	Edwards, Roland	M20-29	0:15:53	0:46:49	1:02:42	0:41:30	1:44:12
32	55	Young, Stuart	M20-29	0:21:34	0:48:14	1:09:48	0:34:31	1:44:19
33	58	Croser, David	M30-39	0:23:02	0:45:53	1:08:55	0:35:40	1:44:35
34	26	Jones, Jason	M30-39	0:19:31	0:44:21	1:03:52	0:41:08	1:45:00
35	57	Croser, Alison	F40-49	0:24:18	0:43:27	1:07:45	0:37:45	1:45:30
36	23	Hatty, Sharon	F30-39	0:20:25	0:46:35	1:07:00	0:39:18	1:46:18
37	53	Hucent, Korgan	M30-39	0:23:56	0:44:29	1:08:25	0:38:08	1:46:33
38	7	McLeod, Jodie	F40-49	0:18:51	0:45:07	1:03:58	0:42:44	1:46:42
39	54	Wilson, Jamie	M30-39	0:22:27	0:47:57	1:10:24	0:36:20	1:46:44
40	66	Preddy, Dean	M30-39	0:17:29	0:46:32	1:04:01	0:42:57	1:46:58
41	20	McKay, Kathy	F30-39	0:18:50	0:47:40	1:06:30	0:40:55	1:47:25
42	34	Jeggo, Simon	M30-39	0:21:22	0:42:38	1:04:00	0:43:40	1:47:40
43	52	Worby, Tara	F30-39	0:20:29	0:47:37	1:08:06	0:39:41	1:47:47
44	36	Smith, Graham	M50-59	0:21:40	0:46:11	1:07:51	0:40:43	1:48:34
45	64	Keeler, Tom	M20-29	0:21:13	0:46:46	1:07:59	0:40:43	1:48:42
46	33	Jeggo, Peta	F30-39	0:21:05	0:47:45	1:08:50	0:39:58	1:48:48
47	73	Svara, Peter	M40-49	0:22:55	0:46:07	1:09:02	0:39:47	1:48:49
48	62	de Zoete, Rachel	F30-39	0:20:35	0:49:21	1:09:56	0:39:22	1:49:18
49	40	Blumberg, Phil	M50-59	0:20:41	0:47:17	1:07:58	0:41:43	1:49:41
50	59	Nyhuis, Michael	M40-49	0:19:21	0:47:05	1:06:26	0:43:47	1:50:13
51	5	Naidoo, Aryllan	M20-29	0:23:52	0:47:30	1:11:22	0:39:15	1:50:37
52	61	Chambers, Grant	M20-29	0:20:27	0:48:49	1:09:16	0:42:04	1:51:20

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
53	71	Kaye, Tom	M20-29	0:21:36	0:48:43	1:10:19	0:41:30	1:51:49	
54	70	Geddes, James	M40-49	0:19:51	0:47:06	1:06:57	0:45:05	1:52:02	
55	27	Birk, Bertram	M50-59	0:21:32	0:43:49	1:05:21	0:46:59	1:52:20	
56	10	Liveris, Emma	F40-49	0:20:47	0:48:05	1:08:52	0:43:49	1:52:41	
57	43	Kerslake, Jane-Marie	F30-39	0:19:04	0:47:20	1:06:24	0:46:31	1:52:55	
58	68	Smith, Belinda	F20-29	0:23:43	0:50:51	1:14:34	0:38:24	1:52:58	
59	72	Dixon, Briony	F20-29	0:18:47	0:53:02	1:11:49	0:41:15	1:53:04	
60	38	Smith, Brooke	F20-29	0:19:42	0:50:10	1:09:52	0:44:20	1:54:12	
61	8	Hansen, Luke	M20-29	0:24:10	0:47:13	1:11:23	0:43:41	1:55:04	
62	44	Orchard, Robyn	F30-39	0:22:48	0:52:50	1:15:38	0:39:28	1:55:06	
63	3	Stanley, Robyn	F50-59	0:20:50	0:49:40	1:10:30	0:45:02	1:55:32	
64	67	Rowe, Kelly	F20-29	0:22:57	0:50:15	1:13:12	0:43:33	1:56:45	
65	30	Lewis, Karen	F40-49	0:23:48	0:50:54	1:14:42	0:42:40	1:57:22	
66	41	Friebel, Christine	F40-49	0:19:41	0:52:03	1:11:44	0:47:11	1:58:55	
67	48	Hannon, Brian	M40-49	0:19:33	0:52:47	1:12:20	0:55:13	2:07:33	
68	69	Lugg, James	M20-29	0:24:54	0:56:57	1:21:51	0:49:06	2:10:57	
69	49	Koch, Ernie	M70-79	0:33:31	1:00:40	1:34:11	1:02:48	2:36:59	
70	46	Wiese, Simon	M30-39	0:20:32	0:49:12	1:09:44			DNF
71	60	Gailey, Michelle	F20-29						DNF
72	6	McLeod, David	M40-49	0:17:27					DNF
73	28	Birk, Belinda	F40-49	0:18:12					DNF

Total number of competitors: 73

**Arafura Lead Up Triathlon
Lake Alexander**

**Results By Category
1000/26/8**

19-Apr-09

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time	
Results for Category F20-29								
1	15	Duncan, Leila	0:17:06	0:45:33	1:02:39	0:35:33	1:38:12	
2	17	Stephenson, Lauren	0:18:23	0:49:38	1:08:01	0:33:20	1:41:21	
3	68	Smith, Belinda	0:23:43	0:50:51	1:14:34	0:38:24	1:52:58	
4	72	Dixon, Briony	0:18:47	0:53:02	1:11:49	0:41:15	1:53:04	
5	38	Smith, Brooke	0:19:42	0:50:10	1:09:52	0:44:20	1:54:12	
6	67	Rowe, Kelly	0:22:57	0:50:15	1:13:12	0:43:33	1:56:45	
7	60	Gailey, Michelle						DNF
Results for Category F30-39								
1	9	Greenhill, Sharon	0:15:57	0:43:46	0:59:43	0:35:21	1:35:04	
2	42	Winterflood, Emma	0:18:17	0:44:09	1:02:26	0:34:51	1:37:17	
3	23	Hatty, Sharon	0:20:25	0:46:35	1:07:00	0:39:18	1:46:18	
4	20	McKay, Kathy	0:18:50	0:47:40	1:06:30	0:40:55	1:47:25	
5	52	Worby, Tara	0:20:29	0:47:37	1:08:06	0:39:41	1:47:47	
6	33	Jeggo, Peta	0:21:05	0:47:45	1:08:50	0:39:58	1:48:48	
7	62	de Zoete, Rachel	0:20:35	0:49:21	1:09:56	0:39:22	1:49:18	
8	43	Kerslake, Jane-Marie	0:19:04	0:47:20	1:06:24	0:46:31	1:52:55	
9	44	Orchard, Robyn	0:22:48	0:52:50	1:15:38	0:39:28	1:55:06	
Results for Category F40-49								
1	57	Croser, Alison	0:24:18	0:43:27	1:07:45	0:37:45	1:45:30	
2	7	McLeod, Jodie	0:18:51	0:45:07	1:03:58	0:42:44	1:46:42	
3	10	Liveris, Emma	0:20:47	0:48:05	1:08:52	0:43:49	1:52:41	
4	30	Lewis, Karen	0:23:48	0:50:54	1:14:42	0:42:40	1:57:22	
5	41	Friebel, Christine	0:19:41	0:52:03	1:11:44	0:47:11	1:58:55	
6	28	Birk, Belinda	0:18:12					DNF
Results for Category F50-59								
1	3	Stanley, Robyn	0:20:50	0:49:40	1:10:30	0:45:02	1:55:32	
Results for Category M20-29								
1	4	Gear, Kyle	0:13:57	0:38:37	0:52:34	0:29:07	1:21:41	
2	29	Preddy, Grant	0:15:52	0:40:00	0:55:52	0:29:05	1:24:57	
3	32	Crane, David	0:16:01	0:42:14	0:58:15	0:32:04	1:30:19	
4	11	Porter, Heath	0:16:16	0:42:06	0:58:22	0:34:15	1:32:37	
5	45	Lloyd, Sam	0:19:22	0:49:52	1:09:14	0:32:47	1:42:01	
6	65	Edwards, Roland	0:15:53	0:46:49	1:02:42	0:41:30	1:44:12	
7	55	Young, Stuart	0:21:34	0:48:14	1:09:48	0:34:31	1:44:19	
8	64	Keeler, Tom	0:21:13	0:46:46	1:07:59	0:40:43	1:48:42	
9	5	Naidoo, Aryllan	0:23:52	0:47:30	1:11:22	0:39:15	1:50:37	

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
10	61	Chambers, Grant	0:20:27	0:48:49	1:09:16	0:42:04	1:51:20
11	71	Kaye, Tom	0:21:36	0:48:43	1:10:19	0:41:30	1:51:49
12	8	Hansen, Luke	0:24:10	0:47:13	1:11:23	0:43:41	1:55:04
13	69	Lugg, James	0:24:54	0:56:57	1:21:51	0:49:06	2:10:57

Results for Category M30-39

1	16	Anzin, Mark	0:18:13	0:40:39	0:58:52	0:31:42	1:30:34
2	25	Coutts, Nick	0:17:15	0:43:11	1:00:26	0:41:11	1:41:37
3	19	Caden, Aaron	0:21:56	0:43:36	1:05:32	0:36:25	1:41:57
4	58	Croser, David	0:23:02	0:45:53	1:08:55	0:35:40	1:44:35
5	26	Jones, Jason	0:19:31	0:44:21	1:03:52	0:41:08	1:45:00
6	53	Hucent, Korgan	0:23:56	0:44:29	1:08:25	0:38:08	1:46:33
7	54	Wilson, Jamie	0:22:27	0:47:57	1:10:24	0:36:20	1:46:44
8	66	Preddy, Dean	0:17:29	0:46:32	1:04:01	0:42:57	1:46:58
9	34	Jeggo, Simon	0:21:22	0:42:38	1:04:00	0:43:40	1:47:40
10	46	Wiese, Simon	0:20:32	0:49:12	1:09:44		DNF

Results for Category M40-49

1	1	Bosmans, Jerome	0:15:36	0:38:02	0:53:38	0:28:20	1:21:58
2	13	Ellison, Tim	0:15:33	0:39:41	0:55:14	0:28:32	1:23:46
3	37	Griep, Ron	0:17:08	0:42:51	0:59:59	0:36:11	1:36:10
4	74	Brady, Pete	0:18:04	0:44:23	1:02:27	0:34:13	1:36:40
5	63	Brownscombe, Phillip	0:18:20	0:40:38	0:58:58	0:38:04	1:37:02
6	31	Lewis, Phillip	0:21:01	0:44:22	1:05:23	0:32:42	1:38:05
7	21	Gilly, Vincent	0:22:39	0:44:14	1:06:53	0:33:03	1:39:56
8	39	Cruickshank, Simon	0:20:23	0:43:24	1:03:47	0:36:51	1:40:38
9	12	Thyne, John	0:17:26	0:45:04	1:02:30	0:38:25	1:40:55
10	56	Hall, Andrew Dingo	0:22:49	0:45:53	1:08:42	0:32:34	1:41:16
11	22	Hatty, Phill	0:20:18	0:43:38	1:03:56	0:38:47	1:42:43
12	51	Tilbrook, Paul	0:22:58	0:47:43	1:10:41	0:32:52	1:43:33
13	73	Svara, Peter	0:22:55	0:46:07	1:09:02	0:39:47	1:48:49
14	59	Nyhuis, Michael	0:19:21	0:47:05	1:06:26	0:43:47	1:50:13
15	70	Geddes, James	0:19:51	0:47:06	1:06:57	0:45:05	1:52:02
16	48	Hannon, Brian	0:19:33	0:52:47	1:12:20	0:55:13	2:07:33
17	6	McLeod, David	0:17:27				DNF

Results for Category M50-59

1	47	Weatherald, Rob	0:16:24	0:41:49	0:58:13	0:33:09	1:31:22
2	35	Watt, Blue	0:18:41	0:42:49	1:01:30	0:31:42	1:33:12
3	50	Gallagher, Brian	0:17:28	0:42:45	1:00:13	0:35:59	1:36:12
4	36	Smith, Graham	0:21:40	0:46:11	1:07:51	0:40:43	1:48:34
5	40	Blumberg, Phil	0:20:41	0:47:17	1:07:58	0:41:43	1:49:41
6	27	Birk, Bertram	0:21:32	0:43:49	1:05:21	0:46:59	1:52:20

Results for Category M60-69

1	2	Stanley, Daryl	0:20:10	0:43:45	1:03:55	0:39:17	1:43:12
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Results for Category M70-79

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
1	49	Koch, Ernie	0:33:31	1:00:40	1:34:11	1:02:48	2:36:59

Results for Category TEAM

1	14	Team, OuthredStancombeGarl	0:15:55	0:39:58	0:55:53	0:32:18	1:28:11
2	18	Team, PreeceSageDuncan	0:20:44	0:48:03	1:08:47	0:35:05	1:43:52

**Arafura Lead Up Triathlon Short
Lake Alexander**

**Overall Results
500/13/4**

19-Apr-09

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
1	24	Brooks, Robert	M40-49	0:09:30	0:22:35	0:32:05	0:19:37	0:51:42	
2	94	Lewis, Tim	MJNR	0:09:42	0:25:07	0:34:49	0:20:37	0:55:26	
3	90	Griffiths, Simone	F30-39	0:10:54	0:26:13	0:37:07	0:19:41	0:56:48	
4	93	Holt, Belinda	F30-39	0:12:28	0:25:35	0:38:03	0:20:19	0:58:22	
5	100	McCosker, Ben	M20-29	0:12:32	0:26:32	0:39:04	0:20:38	0:59:42	
6	91	Sullivan, Barry	M50-59	0:14:12	0:24:49	0:39:01	0:21:02	1:00:03	
7	92	da Rocha, Peter	ODM	0:12:30	0:28:35	0:41:05	0:20:48	1:01:53	
8	102	Mahasuria, Asha	F30-39	0:14:34	0:28:16	0:42:50	0:21:29	1:04:19	
9	95	Stephens, Rose	F40-49	0:15:36	0:28:17	0:43:53	0:20:32	1:04:25	
10	96	Poulson, Duncan	M40-49	0:11:53	0:27:50	0:39:43	0:27:03	1:06:46	
11	104	Team, Earle	TEAM	0:12:14	0:31:11	0:43:25	0:23:56	1:07:21	
12	98	Parsons, Graeme	M50-59	0:10:50	0:29:43	0:40:33	0:27:14	1:07:47	
13	99	Smith, Colin	M50-59	0:12:21	0:26:54	0:39:15	0:29:44	1:08:59	
14	101	Race, Kate	ODM	0:12:35	0:34:31	0:47:06	0:25:30	1:12:36	
15	97	Fry, Jennifer	ODM	0:15:38	0:34:42	0:50:20	0:28:28	1:18:48	
16	103	Rossingh, Bromwyn	F40-49	0:12:24					DNF

Total number of competitors: 16

**Arafura Lead Up Triathlon Short
Lake Alexander****Results By Category
500/13/4****19-Apr-09**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F30-39							
1	90	Griffiths, Simone	0:10:54	0:26:13	0:37:07	0:19:41	0:56:48
2	93	Holt, Belinda	0:12:28	0:25:35	0:38:03	0:20:19	0:58:22
3	102	Mahasuria, Asha	0:14:34	0:28:16	0:42:50	0:21:29	1:04:19
Results for Category F40-49							
1	95	Stephens, Rose	0:15:36	0:28:17	0:43:53	0:20:32	1:04:25
2	103	Rossingh, Bromwyn	0:12:24				DNF
Results for Category M20-29							
1	100	McCosker, Ben	0:12:32	0:26:32	0:39:04	0:20:38	0:59:42
Results for Category M40-49							
1	24	Brooks, Robert	0:09:30	0:22:35	0:32:05	0:19:37	0:51:42
2	96	Poulson, Duncan	0:11:53	0:27:50	0:39:43	0:27:03	1:06:46
Results for Category M50-59							
1	91	Sullivan, Barry	0:14:12	0:24:49	0:39:01	0:21:02	1:00:03
2	98	Parsons, Graeme	0:10:50	0:29:43	0:40:33	0:27:14	1:07:47
3	99	Smith, Colin	0:12:21	0:26:54	0:39:15	0:29:44	1:08:59
Results for Category MJNR							
1	94	Lewis, Tim	0:09:42	0:25:07	0:34:49	0:20:37	0:55:26
Results for Category ODM							
1	92	da Rocha, Peter	0:12:30	0:28:35	0:41:05	0:20:48	1:01:53
2	101	Race, Kate	0:12:35	0:34:31	0:47:06	0:25:30	1:12:36
3	97	Fry, Jennifer	0:15:38	0:34:42	0:50:20	0:28:28	1:18:48
Results for Category TEAM							
1	104	Team, Earle	0:12:14	0:31:11	0:43:25	0:23:56	1:07:21