

**Sprint Distance Triathlon
Lake Alexander
Arafura Warm-Up**

**Overall Results
750/26/5**

05-Apr-09

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	13	Ellison, Tim	M40-49	0:10:35	0:38:34	0:49:09	0:18:13	1:07:22
2	29	Gear, Kyle	M20-29	0:09:28	0:39:39	0:49:07	0:18:20	1:07:27
3	10	Bosmans, Jerome	M40-49	0:10:34	0:38:45	0:49:19	0:19:11	1:08:30
4	41	Weatherald, Rob	M50-59	0:10:42	0:41:52	0:52:34	0:20:14	1:12:48
5	26	Lisle, Marcus	M30-39	0:11:54	0:42:15	0:54:09	0:19:23	1:13:32
6	22	Preddy, Grant	M20-29	0:10:40	0:42:20	0:53:00	0:21:22	1:14:22
7	30	Porter, Heath	M20-29	0:10:43	0:41:55	0:52:38	0:22:37	1:15:15
8	67	Brady, Pete	M40-49	0:12:13	0:43:01	0:55:14	0:20:36	1:15:50
9	58	Gailey, Michelle	F20-29	0:10:46	0:43:24	0:54:10	0:22:15	1:16:25
10	17	Crane, David	M20-29	0:11:19	0:44:22	0:55:41	0:20:49	1:16:30
11	31	Watt, Blue	M50-59	0:12:22	0:44:15	0:56:37	0:19:55	1:16:32
12	47	Pollock, Ian	M40-49	0:10:33	0:43:40	0:54:13	0:22:53	1:17:06
13	48	Gallagher, Brian	M50-59	0:11:36	0:43:45	0:55:21	0:22:16	1:17:37
14	27	Decurtins, Roger	M40-49	0:13:41	0:44:00	0:57:41	0:21:12	1:18:53
15	12	Cox, Tony	M40-49	0:12:39	0:44:20	0:56:59	0:22:24	1:19:23
16	44	Hall, Andrew Dingo	M40-49	0:15:53	0:43:18	0:59:11	0:20:32	1:19:43
17	52	Lewis, Phillip	M40-49	0:14:10	0:45:05	0:59:15	0:20:33	1:19:48
18	39	Winterflood, Emma	F30-39	0:12:38	0:45:18	0:57:56	0:22:21	1:20:17
19	21	Thyne, Rebecca	ODM	0:11:40	0:43:00	0:54:40	0:26:21	1:21:01
20	2	Thyne, John	M40-49	0:11:37	0:46:21	0:57:58	0:23:28	1:21:26
21	49	Duncan, Leila	F20-29	0:11:25	0:47:23	0:58:48	0:22:48	1:21:36
22	59	Preddy, Dean	M30-39	0:11:17	0:46:00	0:57:17	0:25:02	1:22:19
23	7	Stephenson, Lauren	F20-29	0:11:39	0:49:11	1:00:50	0:21:41	1:22:31
24	62	Croser, David	M30-39	0:15:23	0:46:35	1:01:58	0:21:03	1:23:01
25	15	Caden, Aaron	M30-39	0:15:27	0:43:42	0:59:09	0:23:55	1:23:04
26	66	Nankivell, Dean	M40-49	0:13:58	0:47:34	1:01:32	0:21:34	1:23:06
27	70	Cruickshank, Simon	M40-49	0:13:32	0:46:15	0:59:47	0:23:43	1:23:30
28	5	Goodall, Holly	F30-39	0:12:00	0:46:38	0:58:38	0:25:02	1:23:40
29	25	Lewis, Tim	MJNR	0:11:51	0:48:00	0:59:51	0:24:00	1:23:51
30	36	Hatty, Phill	M40-49	0:13:49	0:45:40	0:59:29	0:24:50	1:24:19
31	1	Stanley, Daryl	M60-69	0:13:36	0:45:34	0:59:10	0:25:21	1:24:31
32	34	Quinell, Lisa	F30-39	0:12:05	0:48:24	1:00:29	0:25:06	1:25:35
33	46	Jeggo, Simon	M30-39	0:14:12	0:44:45	0:58:57	0:26:43	1:25:40
34	38	Hucent, Korgan	M30-39	0:16:28	0:45:29	1:01:57	0:23:52	1:25:49
35	28	Gilly, Vincent	M40-49	0:15:20	0:47:24	1:02:44	0:23:27	1:26:11
36	24	McLeod, Jodie	F40-49	0:12:43	0:47:19	1:00:02	0:26:41	1:26:43
37	61	Croser, Alison	F40-49	0:15:24	0:46:29	1:01:53	0:25:03	1:26:56
38	68	Geddes, James	M40-49	0:13:30	0:48:32	1:02:02	0:25:29	1:27:31
39	37	Hatty, Sharon	F30-39	0:14:48	0:48:53	1:03:41	0:24:48	1:28:29
40	20	Wilson, Jamie	M30-39	0:14:50	0:51:37	1:06:27	0:22:17	1:28:44
41	6	McKay, Kathy	F30-39	0:12:31	0:49:25	1:01:56	0:26:52	1:28:48
42	14	Naidoo, Aryllan	M20-29	0:15:46	0:48:20	1:04:06	0:24:47	1:28:53
43	32	Blumberg, Phil	M50-59	0:13:45	0:49:43	1:03:28	0:25:30	1:28:58
44	9	Jones, Jason	M30-39	0:13:02	0:49:52	1:02:54	0:26:07	1:29:01
45	45	Jeggo, Peta	F30-39	0:14:17	0:50:01	1:04:18	0:25:35	1:29:53
46	40	Worby, Tara	F30-39	0:13:57	0:50:26	1:04:23	0:26:01	1:30:24
47	50	Chambers, Grant	M20-29	0:13:56	0:50:51	1:04:47	0:25:45	1:30:32
48	53	Smith, Belinda	F20-29	0:15:25	0:50:27	1:05:52	0:24:44	1:30:36
49	63	Nyhuis, Michael	M40-49	0:13:34	0:50:15	1:03:49	0:27:51	1:31:40
50	91	Team, BrownSparrowFrench	TEAM	0:17:45	0:52:11	1:09:56	0:21:45	1:31:41
51	42	Birk, Bertram	M50-59	0:14:08	0:47:37	1:01:45	0:30:29	1:32:14
52	8	Stanley, Robyn	F50-59	0:13:42	0:51:00	1:04:42	0:28:12	1:32:54

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
53	56	Rowe, Kelly	F20-29	0:15:08	0:52:42	1:07:50	0:25:24	1:33:14	
54	97	Townend, Belinda	F30-39	0:13:54	0:53:48	1:07:42	0:26:54	1:34:36	
55	11	Hansen, Luke	M20-29	0:16:23	0:50:08	1:06:31	0:29:14	1:35:45	
56	4	Griffiths, Simone	F30-39	0:14:05	0:53:26	1:07:31	0:28:18	1:35:49	
57	3	Liveris, Emma	F40-49	0:14:30	0:51:38	1:06:08	0:29:42	1:35:50	
58	92	Team,	TEAM	0:12:17	1:03:22	1:15:39	0:21:28	1:37:07	
59	93	Team, Piper/Antoun	TEAM	0:16:09	0:54:04	1:10:13	0:27:49	1:38:02	
60	54	Hannon, Brian	M40-49	0:12:36	0:51:59	1:04:35	0:33:37	1:38:12	
61	23	Douglas, Nathan	M30-39	0:15:14	0:54:04	1:09:18	0:31:03	1:40:21	
62	55	Friebel, Christine	F40-49	0:13:39	0:57:11	1:10:50	0:30:53	1:41:43	
63	60	Preddy, Cathy	F20-29	0:14:55	0:55:09	1:10:04	0:31:59	1:42:03	
64	19	Castledine, John	ODM	0:16:05	0:59:47	1:15:52	0:26:19	1:42:11	
65	43	Hill, Darren	M30-39	0:15:39	0:58:21	1:14:00	0:32:34	1:46:34	
66	18	Coleman, Mageline	ODM	0:19:44	0:54:53	1:14:37	0:34:01	1:48:38	
67	33	Godfrey, Nerida	F50-59	0:16:48	0:56:59	1:13:47	0:35:33	1:49:20	
68	64	Smith, Colin	M50-59	0:15:42	0:54:42	1:10:24	0:39:42	1:50:06	
69	16	Koch, Ernie	M70-79	0:21:48	0:56:54	1:18:42	0:33:21	1:52:03	
70	65	Rossingh, Bromwyn	F40-49	0:15:18	1:05:52	1:21:10	0:34:47	1:55:57	
71	51	Wiese, Simon	M30-39	0:13:43	0:50:20	1:04:03			DNF
72	35	Svara, Peter	M40-49	0:15:57					DNF
73	69	Keeler, Tom	M20-29	0:14:02	0:53:23	1:07:25			DNF

Total number of competitors: 73

**Sprint Distance Triathlon
Lake Alexander
Arafura Warm-Up**

**Results By Category
750/26/5**

05-Apr-09

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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Results for Category F20-29

1	58	Gailey, Michelle	0:10:46	0:43:24	0:54:10	0:22:15	1:16:25
2	49	Duncan, Leila	0:11:25	0:47:23	0:58:48	0:22:48	1:21:36
3	7	Stephenson, Lauren	0:11:39	0:49:11	1:00:50	0:21:41	1:22:31
4	53	Smith, Belinda	0:15:25	0:50:27	1:05:52	0:24:44	1:30:36
5	56	Rowe, Kelly	0:15:08	0:52:42	1:07:50	0:25:24	1:33:14
6	60	Preddy, Cathy	0:14:55	0:55:09	1:10:04	0:31:59	1:42:03

Results for Category F30-39

1	39	Winterflood, Emma	0:12:38	0:45:18	0:57:56	0:22:21	1:20:17
2	5	Goodall, Holly	0:12:00	0:46:38	0:58:38	0:25:02	1:23:40
3	34	Quinell, Lisa	0:12:05	0:48:24	1:00:29	0:25:06	1:25:35
4	37	Hatty, Sharon	0:14:48	0:48:53	1:03:41	0:24:48	1:28:29
5	6	McKay, Kathy	0:12:31	0:49:25	1:01:56	0:26:52	1:28:48
6	45	Jeggo, Peta	0:14:17	0:50:01	1:04:18	0:25:35	1:29:53
7	40	Worby, Tara	0:13:57	0:50:26	1:04:23	0:26:01	1:30:24
8	97	Townend, Belinda	0:13:54	0:53:48	1:07:42	0:26:54	1:34:36
9	4	Griffiths, Simone	0:14:05	0:53:26	1:07:31	0:28:18	1:35:49

Results for Category F40-49

1	24	McLeod, Jodie	0:12:43	0:47:19	1:00:02	0:26:41	1:26:43
2	61	Croser, Alison	0:15:24	0:46:29	1:01:53	0:25:03	1:26:56
3	3	Liveris, Emma	0:14:30	0:51:38	1:06:08	0:29:42	1:35:50
4	55	Friebel, Christine	0:13:39	0:57:11	1:10:50	0:30:53	1:41:43
5	65	Rossingh, Bromwyn	0:15:18	1:05:52	1:21:10	0:34:47	1:55:57

Results for Category F50-59

1	8	Stanley, Robyn	0:13:42	0:51:00	1:04:42	0:28:12	1:32:54
2	33	Godfrey, Nerida	0:16:48	0:56:59	1:13:47	0:35:33	1:49:20

Results for Category M20-29

1	29	Gear, Kyle	0:09:28	0:39:39	0:49:07	0:18:20	1:07:27
2	22	Preddy, Grant	0:10:40	0:42:20	0:53:00	0:21:22	1:14:22
3	30	Porter, Heath	0:10:43	0:41:55	0:52:38	0:22:37	1:15:15
4	17	Crane, David	0:11:19	0:44:22	0:55:41	0:20:49	1:16:30
5	14	Naidoo, Aryllan	0:15:46	0:48:20	1:04:06	0:24:47	1:28:53
6	50	Chambers, Grant	0:13:56	0:50:51	1:04:47	0:25:45	1:30:32
7	11	Hansen, Luke	0:16:23	0:50:08	1:06:31	0:29:14	1:35:45
8	69	Keeler, Tom	0:14:02	0:53:23	1:07:25		DNF

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category M30-39							
1	26	Lisle, Marcus	0:11:54	0:42:15	0:54:09	0:19:23	1:13:32
2	59	Preddy, Dean	0:11:17	0:46:00	0:57:17	0:25:02	1:22:19
3	62	Croser, David	0:15:23	0:46:35	1:01:58	0:21:03	1:23:01
4	15	Caden, Aaron	0:15:27	0:43:42	0:59:09	0:23:55	1:23:04
5	46	Jeggo, Simon	0:14:12	0:44:45	0:58:57	0:26:43	1:25:40
6	38	Hucent, Korgan	0:16:28	0:45:29	1:01:57	0:23:52	1:25:49
7	20	Wilson, Jamie	0:14:50	0:51:37	1:06:27	0:22:17	1:28:44
8	9	Jones, Jason	0:13:02	0:49:52	1:02:54	0:26:07	1:29:01
9	23	Douglas, Nathan	0:15:14	0:54:04	1:09:18	0:31:03	1:40:21
10	43	Hill, Darren	0:15:39	0:58:21	1:14:00	0:32:34	1:46:34
11	51	Wiese, Simon	0:13:43	0:50:20	1:04:03		DNF

Results for Category M40-49

1	13	Ellison, Tim	0:10:35	0:38:34	0:49:09	0:18:13	1:07:22
2	10	Bosmans, Jerome	0:10:34	0:38:45	0:49:19	0:19:11	1:08:30
3	67	Brady, Pete	0:12:13	0:43:01	0:55:14	0:20:36	1:15:50
4	47	Pollock, Ian	0:10:33	0:43:40	0:54:13	0:22:53	1:17:06
5	27	Decurtins, Roger	0:13:41	0:44:00	0:57:41	0:21:12	1:18:53
6	12	Cox, Tony	0:12:39	0:44:20	0:56:59	0:22:24	1:19:23
7	44	Hall, Andrew Dingo	0:15:53	0:43:18	0:59:11	0:20:32	1:19:43
8	52	Lewis, Phillip	0:14:10	0:45:05	0:59:15	0:20:33	1:19:48
9	2	Thyne, John	0:11:37	0:46:21	0:57:58	0:23:28	1:21:26
10	66	Nankivell, Dean	0:13:58	0:47:34	1:01:32	0:21:34	1:23:06
11	70	Cruickshank, Simon	0:13:32	0:46:15	0:59:47	0:23:43	1:23:30
12	36	Hatty, Phill	0:13:49	0:45:40	0:59:29	0:24:50	1:24:19
13	28	Gilly, Vincent	0:15:20	0:47:24	1:02:44	0:23:27	1:26:11
14	68	Geddes, James	0:13:30	0:48:32	1:02:02	0:25:29	1:27:31
15	63	Nyhuis, Michael	0:13:34	0:50:15	1:03:49	0:27:51	1:31:40
16	54	Hannon, Brian	0:12:36	0:51:59	1:04:35	0:33:37	1:38:12
17	35	Svara, Peter	0:15:57				DNF

Results for Category M50-59

1	41	Weatherald, Rob	0:10:42	0:41:52	0:52:34	0:20:14	1:12:48
2	31	Watt, Blue	0:12:22	0:44:15	0:56:37	0:19:55	1:16:32
3	48	Gallagher, Brian	0:11:36	0:43:45	0:55:21	0:22:16	1:17:37
4	32	Blumberg, Phil	0:13:45	0:49:43	1:03:28	0:25:30	1:28:58
5	42	Birk, Bertram	0:14:08	0:47:37	1:01:45	0:30:29	1:32:14
6	64	Smith, Colin	0:15:42	0:54:42	1:10:24	0:39:42	1:50:06

Results for Category M60-69

1	1	Stanley, Daryl	0:13:36	0:45:34	0:59:10	0:25:21	1:24:31
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Results for Category M70-79

1	16	Koch, Ernie	0:21:48	0:56:54	1:18:42	0:33:21	1:52:03
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Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category MJNR							
1	25	Lewis, Tim	0:11:51	0:48:00	0:59:51	0:24:00	1:23:51
Results for Category ODM							
1	21	Thyne, Rebecca	0:11:40	0:43:00	0:54:40	0:26:21	1:21:01
2	19	Castledine, John	0:16:05	0:59:47	1:15:52	0:26:19	1:42:11
3	18	Coleman, Mageline	0:19:44	0:54:53	1:14:37	0:34:01	1:48:38
Results for Category TEAM							
1	91	Team, BrownSparrowFrench	0:17:45	0:52:11	1:09:56	0:21:45	1:31:41
2	92	Team, CroftonArlingtonMcKe	0:12:17	1:03:22	1:15:39	0:21:28	1:37:07
3	93	Team, Piper/Antoun	0:16:09	0:54:04	1:10:13	0:27:49	1:38:02