

**Short Triathlon  
Lake Alexander****Overall Results  
300/13/3****09-May-10**

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	4	Ellison, Tim	M40-49	0:05:27	0:21:16	0:26:43	0:11:56	0:38:39
2	47	Crane, David	M20-29	0:05:18	0:22:03	0:27:21	0:11:42	0:39:03
3	35	Weatherald, Rob	M50-59	0:05:34	0:21:49	0:27:23	0:11:52	0:39:15
4	2	Preddy, Grant	M20-29	0:05:28	0:21:54	0:27:22	0:11:53	0:39:15
5	63	Brady, Pete	M40-49	0:06:20	0:21:37	0:27:57	0:12:16	0:40:13
6	23	Brooks, Robert	M40-49	0:05:23	0:22:17	0:27:40	0:12:36	0:40:16
7	67	Geddes, James	M40-49	0:06:08	0:21:44	0:27:52	0:12:28	0:40:20
8	27	Peacock, Russell	M30-39	0:06:13	0:21:43	0:27:56	0:12:51	0:40:47
9	24	Gallagher, Brian	M50-59	0:05:52	0:22:11	0:28:03	0:12:50	0:40:53
10	51	Jessop, Chris	M40-49	0:05:52	0:22:34	0:28:26	0:12:32	0:40:58
11	6	Thyne, Rebecca	F20-29	0:05:51	0:21:46	0:27:37	0:13:26	0:41:03
12	55	Griep, Ron	M40-49	0:05:50	0:22:11	0:28:01	0:13:07	0:41:08
13	26	Geerrtshuis, Debbie	F20-29	0:06:16	0:21:44	0:28:00	0:13:08	0:41:08
14	50	Team, Rowley/Brearley	TEAM	0:09:01	0:21:24	0:30:25	0:11:24	0:41:49
15	13	Watt, Blue	M50-59	0:06:32	0:23:28	0:30:00	0:11:54	0:41:54
16	44	Lewis, Phillip	M40-49	0:07:15	0:23:16	0:30:31	0:11:23	0:41:54
17	16	Tranter, Justin	M20-29	0:06:20	0:22:43	0:29:03	0:12:57	0:42:00
18	61	Cruickshank, Simon	M40-49	0:06:51	0:22:11	0:29:02	0:13:01	0:42:03
19	1	Thyne, John	M40-49	0:05:46	0:23:59	0:29:45	0:12:28	0:42:13
20	21	Hatty, Shaye	F30-39	0:06:44	0:52:15	0:58:59	0:16:42	0:42:17
21	64	Brady, Ben	M20-29	0:07:14	0:23:07	0:30:21	0:12:04	0:42:25
22	29	Forrest, Jack	M20-29	0:06:29	0:23:29	0:29:58	0:12:32	0:42:30
23	38	Tomlinson, Jamie	M20-29	0:05:34	0:24:13	0:29:47	0:12:48	0:42:35
24	22	Sparrow, Todd	M20-29	0:06:36	0:23:47	0:30:23	0:12:43	0:43:06
25	39	French, Nick	M20-29	0:07:21	0:23:09	0:30:30	0:12:45	0:43:15
26	66	Baker, Renee	ODM	0:06:05	0:24:01	0:30:06	0:13:09	0:43:15
27	69	Hall, Andrew Dingo	M40-49	0:08:02	0:23:13	0:31:15	0:12:33	0:43:48
28	49	Gilly, Vincent	M40-49	0:06:57	0:23:07	0:30:04	0:13:49	0:43:53
29	20	Hatty, Phill	M40-49	0:06:50	0:22:46	0:29:36	0:14:58	0:44:34
30	33	Martin, Bob	M60-69	0:07:59	0:23:57	0:31:56	0:12:43	0:44:39
31	45	Lewis, Tim	MJNR	0:06:07	0:25:25	0:31:32	0:13:17	0:44:49
32	41	Woodrow, Vicki	F50-59	0:06:46	0:23:46	0:30:32	0:14:21	0:44:53
33	3	Stanley, Daryl	M60-69	0:06:53	0:23:14	0:30:07	0:15:24	0:45:31
34	76	Keeler, Tom	M30-39	0:06:59	0:25:50	0:32:49	0:13:25	0:46:14
35	30	McKay, Kathy	F30-39	0:06:23	0:25:13	0:31:36	0:14:42	0:46:18
36	54	Young, Stuart	M20-29	0:07:33	0:25:47	0:33:20	0:13:11	0:46:31
37	11	Worby, Tara	F40-49	0:07:00	0:24:55	0:31:55	0:14:39	0:46:34
38	14	Blumberg, Phil	M50-59	0:06:56	0:25:39	0:32:35	0:14:14	0:46:49
39	28	Jones, Ryoko	F30-39	0:06:52	0:26:40	0:33:32	0:13:34	0:47:06
40	62	West, Tony	M40-49	0:07:25	0:26:38	0:34:03	0:13:29	0:47:32
41	40	Wilson, Karen	F40-49	0:08:02	0:25:12	0:33:14	0:15:11	0:48:25
42	53	Puska, Stef	F20-29	0:06:45	0:28:12	0:34:57	0:14:02	0:48:59
43	52	Naidoo, Aryllan	M20-29	0:07:37	0:26:45	0:34:22	0:14:40	0:49:02
44	15	Parsons, Graeme	M60-69	0:06:25	0:25:52	0:32:17	0:17:17	0:49:34
45	68	Jeggo, Peta	F30-39	0:07:17	0:26:42	0:33:59	0:15:49	0:49:48
46	25	Luck, Tara	F20-29	0:07:09	0:28:20	0:35:29	0:14:41	0:50:10
47	46	Schofield, Ben	ODM	0:06:58	0:28:32	0:35:30	0:15:01	0:50:31
48	70	Buxton, Nina	ODM	0:07:48	0:27:00	0:34:48	0:16:02	0:50:50
49	56	Oorloff, Andrea	F30-39	0:08:01	0:27:08	0:35:09	0:15:56	0:51:05
50	43	Lewis, Karen	F40-49	0:07:49	0:27:43	0:35:32	0:15:34	0:51:06
51	10	Piper, Bill	M40-49	0:08:22	0:28:40	0:37:02	0:14:09	0:51:11
52	9	Clayton, Stephen	ODM	0:08:28	0:26:26	0:34:54	0:16:25	0:51:19

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
53	7	Ward, Lisa	ODM	0:07:42	0:27:57	0:35:39	0:16:13	0:51:52	
54	48	Cuthbertson, Allan	M50-59	0:09:06	0:27:16	0:36:22	0:15:37	0:51:59	
55	57	Thley, Steve	M40-49	0:08:06	0:28:35	0:36:41	0:15:37	0:52:18	
56	65	Liveris, Tass	M30-39	0:07:55	0:30:53	0:38:48	0:14:06	0:52:54	
57	60	Keper, Fiona	F20-29	0:07:22	0:29:13	0:36:35	0:17:00	0:53:35	
58	36	Mathieson, Matthew	ODM	0:08:23				0:54:49	
59	72	Mahasuria, Asha	F30-39	0:09:43				0:55:37	
60	19	Hatty, Lachlan	MJNR	0:06:05	0:28:37	0:34:42	0:21:08	0:55:50	
61	42	Perkin, Jane	F40-49	0:07:11	0:26:36	0:33:47	0:22:04	0:55:51	
62	71	Stephens, Rose	F50-59	0:09:55				0:57:03	
63	32	McLeod, Connor	MJNR	0:08:12				0:57:40	
64	31	McLeod, Jodie	F40-49	0:08:07				0:57:40	
65	17	Marshall, Alexis	F20-29	0:08:03				0:57:59	
66	8	Godfrey, Nerida	F50-59	0:08:14	0:29:24	0:37:38	0:20:32	0:58:10	
67	58	McGregor, Kiah	F30-39	0:07:39				0:58:33	
68	73	Race, Kate	ODM	0:07:58				0:59:50	
69	34	Martin, Sally	F50-59	0:09:24				1:01:31	
70	37	Ross, Susan	ODM	0:08:53				1:04:31	
71	5	Andrada, Emma	ODM	0:11:11				1:05:43	
72	12	Jones, Jason	M40-49	0:13:08				1:08:34	
73	18	Simeon, Costa	ODM	0:13:07				1:08:34	
74	59	Brain, Amanda	F40-49	0:07:01					DNF
75	75	Team, O'Heaney/Colyner	TEAM	0:06:24					DNF

**Total number of competitors:** 75

**Short Triathlon  
Lake Alexander****Results By Category  
300/13/3****09-May-10**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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**Results for Category F20-29**

1	6	Thyne, Rebecca	0:05:51	0:21:46	0:27:37	0:13:26	0:41:03
2	26	Geerrtshuis, Debbie	0:06:16	0:21:44	0:28:00	0:13:08	0:41:08
3	53	Puska, Stef	0:06:45	0:28:12	0:34:57	0:14:02	0:48:59
4	25	Luck, Tara	0:07:09	0:28:20	0:35:29	0:14:41	0:50:10
5	60	Kepert, Fiona	0:07:22	0:29:13	0:36:35	0:17:00	0:53:35
6	17	Marshall, Alexis	0:08:03				0:57:59

**Results for Category F30-39**

1	21	Hatty, Shaye	0:06:44	0:52:15	0:58:59	0:16:42	0:42:17
2	30	McKay, Kathy	0:06:23	0:25:13	0:31:36	0:14:42	0:46:18
3	28	Jones, Ryoko	0:06:52	0:26:40	0:33:32	0:13:34	0:47:06
4	68	Jeggio, Peta	0:07:17	0:26:42	0:33:59	0:15:49	0:49:48
5	56	Oorloff, Andrea	0:08:01	0:27:08	0:35:09	0:15:56	0:51:05
6	72	Mahasuria, Asha	0:09:43				0:55:37
7	58	McGregor, Kiah	0:07:39				0:58:33

**Results for Category F40-49**

1	11	Worby, Tara	0:07:00	0:24:55	0:31:55	0:14:39	0:46:34
2	40	Wilson, Karen	0:08:02	0:25:12	0:33:14	0:15:11	0:48:25
3	43	Lewis, Karen	0:07:49	0:27:43	0:35:32	0:15:34	0:51:06
4	42	Perkin, Jane	0:07:11	0:26:36	0:33:47	0:22:04	0:55:51
5	31	McLeod, Jodie	0:08:07				0:57:40
6	59	Brain, Amanda	0:07:01				DNF

**Results for Category F50-59**

1	41	Woodrow, Vicki	0:06:46	0:23:46	0:30:32	0:14:21	0:44:53
2	71	Stephens, Rose	0:09:55				0:57:03
3	8	Godfrey, Nerida	0:08:14	0:29:24	0:37:38	0:20:32	0:58:10
4	34	Martin, Sally	0:09:24				1:01:31

**Results for Category M20-29**

1	47	Crane, David	0:05:18	0:22:03	0:27:21	0:11:42	0:39:03
2	2	Preddy, Grant	0:05:28	0:21:54	0:27:22	0:11:53	0:39:15
3	16	Tranter, Justin	0:06:20	0:22:43	0:29:03	0:12:57	0:42:00
4	64	Brady, Ben	0:07:14	0:23:07	0:30:21	0:12:04	0:42:25
5	29	Forrest, Jack	0:06:29	0:23:29	0:29:58	0:12:32	0:42:30
6	38	Tomlinson, Jamie	0:05:34	0:24:13	0:29:47	0:12:48	0:42:35
7	22	Sparrow, Todd	0:06:36	0:23:47	0:30:23	0:12:43	0:43:06
8	39	French, Nick	0:07:21	0:23:09	0:30:30	0:12:45	0:43:15
9	54	Young, Stuart	0:07:33	0:25:47	0:33:20	0:13:11	0:46:31

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
10	52	Naidoo, Aryllan	0:07:37	0:26:45	0:34:22	0:14:40	0:49:02
<b>Results for Category M30-39</b>							
1	27	Peacock, Russell	0:06:13	0:21:43	0:27:56	0:12:51	0:40:47
2	76	Keeler, Tom	0:06:59	0:25:50	0:32:49	0:13:25	0:46:14
3	65	Liveris, Tass	0:07:55	0:30:53	0:38:48	0:14:06	0:52:54
<b>Results for Category M40-49</b>							
1	4	Ellison, Tim	0:05:27	0:21:16	0:26:43	0:11:56	0:38:39
2	63	Brady, Pete	0:06:20	0:21:37	0:27:57	0:12:16	0:40:13
3	23	Brooks, Robert	0:05:23	0:22:17	0:27:40	0:12:36	0:40:16
4	67	Geddes, James	0:06:08	0:21:44	0:27:52	0:12:28	0:40:20
5	51	Jessop, Chris	0:05:52	0:22:34	0:28:26	0:12:32	0:40:58
6	55	Griep, Ron	0:05:50	0:22:11	0:28:01	0:13:07	0:41:08
7	44	Lewis, Phillip	0:07:15	0:23:16	0:30:31	0:11:23	0:41:54
8	61	Cruickshank, Simon	0:06:51	0:22:11	0:29:02	0:13:01	0:42:03
9	1	Thyne, John	0:05:46	0:23:59	0:29:45	0:12:28	0:42:13
10	69	Hall, Andrew Dingo	0:08:02	0:23:13	0:31:15	0:12:33	0:43:48
11	49	Gilly, Vincent	0:06:57	0:23:07	0:30:04	0:13:49	0:43:53
12	20	Hatty, Phill	0:06:50	0:22:46	0:29:36	0:14:58	0:44:34
13	62	West, Tony	0:07:25	0:26:38	0:34:03	0:13:29	0:47:32
14	10	Piper, Bill	0:08:22	0:28:40	0:37:02	0:14:09	0:51:11
15	57	Thley, Steve	0:08:06	0:28:35	0:36:41	0:15:37	0:52:18
16	12	Jones, Jason	0:13:08				1:08:34
<b>Results for Category M50-59</b>							
1	35	Weatherald, Rob	0:05:34	0:21:49	0:27:23	0:11:52	0:39:15
2	24	Gallagher, Brian	0:05:52	0:22:11	0:28:03	0:12:50	0:40:53
3	13	Watt, Blue	0:06:32	0:23:28	0:30:00	0:11:54	0:41:54
4	14	Blumberg, Phil	0:06:56	0:25:39	0:32:35	0:14:14	0:46:49
5	48	Cuthbertson, Allan	0:09:06	0:27:16	0:36:22	0:15:37	0:51:59
<b>Results for Category M60-69</b>							
1	33	Martin, Bob	0:07:59	0:23:57	0:31:56	0:12:43	0:44:39
2	3	Stanley, Daryl	0:06:53	0:23:14	0:30:07	0:15:24	0:45:31
3	15	Parsons, Graeme	0:06:25	0:25:52	0:32:17	0:17:17	0:49:34
<b>Results for Category MJNR</b>							
1	45	Lewis, Tim	0:06:07	0:25:25	0:31:32	0:13:17	0:44:49
2	19	Hatty, Lachlan	0:06:05	0:28:37	0:34:42	0:21:08	0:55:50
3	32	McLeod, Connor	0:08:12				0:57:40
<b>Results for Category ODM</b>							
1	66	Baker, Renee	0:06:05	0:24:01	0:30:06	0:13:09	0:43:15
2	46	Schofield, Ben	0:06:58	0:28:32	0:35:30	0:15:01	0:50:31
3	70	Buxton, Nina	0:07:48	0:27:00	0:34:48	0:16:02	0:50:50
4	9	Clayton, Stephen	0:08:28	0:26:26	0:34:54	0:16:25	0:51:19

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
5	7	Ward, Lisa	0:07:42	0:27:57	0:35:39	0:16:13	0:51:52
6	36	Mathieson, Matthew	0:08:23				0:54:49
7	73	Race, Kate	0:07:58				0:59:50
8	37	Ross, Susan	0:08:53				1:04:31
9	5	Andrada, Emma	0:11:11				1:05:43
10	18	Simeon, Costa	0:13:07				1:08:34

**Results for Category TEAM**

1	50	Team, Rowley/Brearley	0:09:01	0:21:24	0:30:25	0:11:24	0:41:49	
2	75	Team, O'Heaney/Colyner	0:06:24					DNF