

**Triathlon Long
Lake Alexander**

**Overall Results
1500/13/3**

07-Aug-11

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	1	Lisle, Marcus	M30-39	0:23:59	0:21:29	0:45:28	0:12:28	0:57:56
2	10	Goat, Steve	M30-39	0:23:39	0:22:23	0:46:02	0:12:48	0:58:50
3	8	Weatherald, Rob	M50-59	0:23:35	0:22:33	0:46:08	0:12:58	0:59:06
4	13	Griep, Ron	M40-49	0:23:33	0:22:40	0:46:13	0:13:32	0:59:45
5	21	Woodrow, Glen	M40-49	0:26:30	0:22:54	0:49:24	0:12:40	1:02:04
6	5	Thyne, John	M40-49	0:23:50	0:24:58	0:48:48	0:13:54	1:02:42
7	6	Gallagher, Brian	M50-59	0:23:55	0:24:54	0:48:49	0:14:18	1:03:07
8	17	Usher, Paul	M40-49	0:25:06	0:25:23	0:50:29	0:16:11	1:06:40
9	16	Gaffel, Kylie	F20-29	0:27:46	0:23:55	0:51:41	0:15:46	1:07:27
10	20	Bell, Paul	M40-49	0:26:46	0:26:18	0:53:04	0:15:03	1:08:07
11	4	Berk, Dale	M30-39	0:29:13	0:25:19	0:54:32	0:13:43	1:08:15
12	2	Woodrow, Vicki	F50-59	0:29:09	0:24:20	0:53:29	0:15:48	1:09:17
13	19	O'Brien, Daniel	M30-39	0:30:03	0:24:55	0:54:58	0:14:50	1:09:48
14	3	Stewart, Monica	F50-59	0:28:02	0:26:47	0:54:49	0:15:41	1:10:30
15	11	Sullivan, Rosie	F30-39	0:28:53	0:26:20	0:55:13	0:17:08	1:12:21
16	9	Wigley, Moira	F50-59	0:23:38	0:29:59	0:53:37	0:19:15	1:12:52
17	7	McGarvie, Renae	F30-39	0:28:22	0:27:05	0:55:27	0:17:40	1:13:07
18	105	Hancock, David	M50-59	0:30:18	0:26:21	0:56:39	0:18:20	1:14:59
19	12	Jeggo, Peta	F40-49	0:33:11	0:27:41	1:00:52	0:16:22	1:17:14
20	15	Townend, Belinda	F30-39	0:31:03	0:29:17	1:00:20	0:19:16	1:19:36
21	14	Richardson, Kate	F30-39	0:33:44	0:31:41	1:05:25	0:15:56	1:21:21
22	18	Marshall, Lexi	F20-29	0:30:26				DNF

Total number of competitors: 22

**Triathlon Long
Lake Alexander****Results By Category
1500/13/3****07-Aug-11**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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Results for Category F20-29

1	16	Gaffel, Kylie	0:27:46	0:23:55	0:51:41	0:15:46	1:07:27
2	18	Marshall, Lexi	0:30:26				DNF

Results for Category F30-39

1	11	Sullivan, Rosie	0:28:53	0:26:20	0:55:13	0:17:08	1:12:21
2	7	McGarvie, Renae	0:28:22	0:27:05	0:55:27	0:17:40	1:13:07
3	15	Townend, Belinda	0:31:03	0:29:17	1:00:20	0:19:16	1:19:36
4	14	Richardson, Kate	0:33:44	0:31:41	1:05:25	0:15:56	1:21:21

Results for Category F40-49

1	12	Jeggo, Peta	0:33:11	0:27:41	1:00:52	0:16:22	1:17:14
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Results for Category F50-59

1	2	Woodrow, Vicki	0:29:09	0:24:20	0:53:29	0:15:48	1:09:17
2	3	Stewart, Monica	0:28:02	0:26:47	0:54:49	0:15:41	1:10:30
3	9	Wigley, Moira	0:23:38	0:29:59	0:53:37	0:19:15	1:12:52

Results for Category M30-39

1	1	Lisle, Marcus	0:23:59	0:21:29	0:45:28	0:12:28	0:57:56
2	10	Goat, Steve	0:23:39	0:22:23	0:46:02	0:12:48	0:58:50
3	4	Berk, Dale	0:29:13	0:25:19	0:54:32	0:13:43	1:08:15
4	19	O'Brien, Daniel	0:30:03	0:24:55	0:54:58	0:14:50	1:09:48

Results for Category M40-49

1	13	Griep, Ron	0:23:33	0:22:40	0:46:13	0:13:32	0:59:45
2	21	Woodrow, Glen	0:26:30	0:22:54	0:49:24	0:12:40	1:02:04
3	5	Thyne, John	0:23:50	0:24:58	0:48:48	0:13:54	1:02:42
4	17	Usher, Paul	0:25:06	0:25:23	0:50:29	0:16:11	1:06:40
5	20	Bell, Paul	0:26:46	0:26:18	0:53:04	0:15:03	1:08:07

Results for Category M50-59

1	8	Weatherald, Rob	0:23:35	0:22:33	0:46:08	0:12:58	0:59:06
2	6	Gallagher, Brian	0:23:55	0:24:54	0:48:49	0:14:18	1:03:07
3	105	Hancock, David	0:30:18	0:26:21	0:56:39	0:18:20	1:14:59

**Triathlon Short
Lake Alexander**

**Overall Results
300/13/3**

07-Aug-11

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	101	Dwyer, Nathan	M30-39	0:05:33	0:27:03	0:32:36	0:15:18	0:47:54
2	102	Ballentine, Amy	F20-29	0:05:56	0:26:55	0:32:51	0:15:15	0:48:06
3	104	Bormann, Hans	M60-69	0:06:05	0:28:43	0:34:48	0:15:06	0:49:54
4	103	Wong, Gerard	M30-39	0:05:20	0:28:50	0:34:10	0:19:04	0:53:14
5	106	Lenne, Priscilla	F30-39	0:06:34	0:34:18	0:40:52	0:17:08	0:58:00

Total number of competitors: 5

**Triathlon Short
Lake Alexander**

**Results By Category
300/13/3**

07-Aug-11

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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Results for Category F20-29

1	102	Ballentine, Amy	0:05:56	0:26:55	0:32:51	0:15:15	0:48:06
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Results for Category F30-39

1	106	Lenne, Priscilla	0:06:34	0:34:18	0:40:52	0:17:08	0:58:00
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Results for Category M30-39

1	101	Dwyer, Nathan	0:05:33	0:27:03	0:32:36	0:15:18	0:47:54
2	103	Wong, Gerard	0:05:20	0:28:50	0:34:10	0:19:04	0:53:14

Results for Category M60-69

1	104	Bormann, Hans	0:06:05	0:28:43	0:34:48	0:15:06	0:49:54
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