

**Short Triathlon  
Lake Alexander****Overall Results  
400/13/3****25-Sep-11**

<b>Place</b>	<b>Race No</b>	<b>Name</b>	<b>Category</b>	<b>Swim</b>	<b>Bike</b>	<b>Swim+Bike</b>	<b>Run</b>	<b>Total Time</b>
1	12	King, Matt	M20-29	0:04:14	0:19:32	0:23:46	0:13:18	0:37:04
2	18	Gear, Kyle	M20-29	0:03:52	0:20:41	0:24:33	0:13:16	0:37:49
3	5	Ellison, Tim	M40-49	0:04:28	0:21:10	0:25:38	0:13:04	0:38:42
4	36	Weatherald, Rob	M50-59	0:04:40	0:21:21	0:26:01	0:13:06	0:39:07
5	4	Lisle, Marcus	M30-39	0:04:45	0:21:01	0:25:46	0:13:27	0:39:13
6	53	Goat, Steve	M30-39	0:04:26	0:21:31	0:25:57	0:13:42	0:39:39
7	15	Wilson, Lee	M40-49	0:05:04	0:22:06	0:27:10	0:12:38	0:39:48
8	6	Griep, Ron	M40-49	0:04:38	0:21:42	0:26:20	0:13:41	0:40:01
9	65	Brady, Pete	M50-59	0:05:20	0:21:57	0:27:17	0:13:05	0:40:22
10	2	Croser, David	M40-49	0:05:31	0:21:41	0:27:12	0:13:25	0:40:37
11	21	Tranter, Justin	M20-29	0:04:34	0:21:16	0:25:50	0:15:00	0:40:50
12	62	Gallagher, Brian	M50-59	0:04:43	0:21:20	0:26:03	0:14:54	0:40:57
13	40	Hucent, Korgan	M30-39	0:05:36	0:21:39	0:27:15	0:14:08	0:41:23
14	50	Brooks, Robert	M40-49	0:05:05	0:22:10	0:27:15	0:14:45	0:42:00
15	28	Jones, Jason	M40-49	0:05:15	0:22:06	0:27:21	0:14:47	0:42:08
16	10	Green, Tim	M20-29	0:03:40	0:22:04	0:25:44	0:16:55	0:42:39
17	58	Arrigo, John	M30-39	0:05:50	0:22:54	0:28:44	0:13:58	0:42:42
18	3	Thyne, John	M40-49	0:04:41	0:24:02	0:28:43	0:14:07	0:42:50
19	56	Batenburg, Chris	M30-39	0:05:03	0:23:36	0:28:39	0:14:21	0:43:00
20	16	Gaffel, Kylie	F20-29	0:05:30	0:21:38	0:27:08	0:16:02	0:43:10
21	1	Croser, Alison	F40-49	0:05:35	0:21:48	0:27:23	0:15:53	0:43:16
22	43	Berk, Dale	M30-39	0:05:28	0:24:12	0:29:40	0:13:45	0:43:25
23	59	Watt, Blue	M50-59	0:06:02	0:23:47	0:29:49	0:14:21	0:44:10
24	73	Roddie, Nikki	F30-39	0:05:37	0:23:58	0:29:35	0:14:44	0:44:19
25	7	Birk, Belinda	F40-49	0:05:01	0:22:40	0:27:41	0:16:49	0:44:30
26	33	Jones, Ryoko	F30-39	0:05:27	0:23:56	0:29:23	0:15:18	0:44:41
27	17	Hollander, Paul	M30-39	0:06:35	0:22:57	0:29:32	0:15:23	0:44:55
28	45	Team, Lewis	TEAM	0:07:03	0:24:56	0:31:59	0:13:25	0:45:24
29	29	Wiese, Simon	M30-39	0:06:21	0:25:40	0:32:01	0:13:37	0:45:38
30	39	Usher, Paul	M40-49	0:04:56	0:23:59	0:28:55	0:17:02	0:45:57
31	68	Cramp, Dean	M30-39	0:06:07	0:26:55	0:33:02	0:13:27	0:46:29
32	13	Parkinson, Thomas	M30-39	0:06:25	0:25:42	0:32:07	0:15:14	0:47:21
33	14	Stewart, Monica	F60-69	0:05:44	0:25:09	0:30:53	0:16:38	0:47:31
34	9	Rossingh, Nelson	MJNR	0:04:54	0:27:04	0:31:58	0:16:25	0:48:23
35	77	Roberts, Lisa	F30-39	0:05:53	0:27:55	0:33:48	0:14:43	0:48:31
36	24	Hancock, David	M50-59	0:06:04	0:25:37	0:31:41	0:16:52	0:48:33
37	55	Smith, Colin	M50-59	0:05:49	0:25:39	0:31:28	0:17:15	0:48:43
38	31	Stacey, Stuart	M40-49	0:06:19	0:27:32	0:33:51	0:15:05	0:48:56
39	41	Lugg, James	M30-39	0:07:38	0:26:14	0:33:52	0:15:09	0:49:01
40	49	Dwyer, Nathan	M30-39	0:06:59	0:26:28	0:33:27	0:15:35	0:49:02
41	20	Duncan, Joanne	F40-49	0:06:32	0:26:14	0:32:46	0:16:35	0:49:21
42	47	Kerslake, Jane-Marie	F30-39	0:05:21	0:25:17	0:30:38	0:18:47	0:49:25
43	8	Birk, Bertram	M50-59	0:06:24	0:23:53	0:30:17	0:19:15	0:49:32
44	54	Jeggo, Peta	F40-49	0:05:57	0:26:11	0:32:08	0:17:30	0:49:38
45	74	Tilbrook, Paul	M40-49	0:07:07	0:27:38	0:34:45	0:14:54	0:49:39
46	63	Wong, Gerard	M30-39	0:06:47	0:24:50	0:31:37	0:18:16	0:49:53
47	48	Eadie, Lisa	F20-29	0:05:00	0:27:58	0:32:58	0:17:05	0:50:03
48	52	Naidoo, Aryllan	M20-29	0:06:38	0:26:35	0:33:13	0:16:50	0:50:03
49	22	Blumberg, Phil	M50-59	0:06:15	0:27:13	0:33:28	0:17:10	0:50:38
50	42	Marshall, Alexis	F20-29	0:05:51	0:26:23	0:32:14	0:18:39	0:50:53
51	46	Eliseo, Monique	F20-29	0:05:45	0:27:30	0:33:15	0:17:45	0:51:00
52	34	Townend, Belinda	F30-39	0:06:02	0:25:56	0:31:58	0:19:14	0:51:12

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
53	71	Pallentine, Amy	F20-29	0:07:56	0:27:10	0:35:06	0:16:32	0:51:38
54	44	Lewis, Karen	F40-49	0:07:03	0:27:17	0:34:20	0:17:56	0:52:16
55	57	Richardson, Kate	F30-39	0:06:23	0:29:34	0:35:57	0:16:33	0:52:30
56	11	Muntz, Emma	F30-39	0:05:33	0:29:27	0:35:00	0:17:49	0:52:49
57	38	Stirrat, Mackinlay	F20-29	0:05:02	0:27:45	0:32:47	0:20:07	0:52:54
58	76	Monaghan, Paula	F30-39	0:06:03	0:29:48	0:35:51	0:17:12	0:53:03
59	27	Sanders, Ben	M30-39	0:05:39	0:33:24	0:39:03	0:14:49	0:53:52
60	51	Team, Libro/Sherrock	TEAM	0:08:11	0:29:10	0:37:21	0:17:44	0:55:05
61	35	Edwards, Trevor	M30-39	0:07:23	0:30:06	0:37:29	0:18:08	0:55:37
62	37	Brown, Jacqui	F20-29	0:06:53	0:29:34	0:36:27	0:19:22	0:55:49
63	72	Piper, Bill	M40-49	0:08:18	0:30:29	0:38:47	0:17:27	0:56:14
64	66	Matthews, Scott	M40-49	0:07:58	0:29:27	0:37:25	0:19:12	0:56:37
65	19	Geddes, James	M40-49	0:05:34	0:35:54	0:41:28	0:15:10	0:56:38
66	23	Stephens, Rose	F50-59	0:08:28	0:31:15	0:39:43	0:17:35	0:57:18
67	30	Whitehead, Erin	F20-29	0:06:13				0:57:36
68	26	Meng, Catherine	F50-59	0:07:33	0:27:42	0:35:15	0:22:46	0:58:01
69	32	Friebel, Christine	F40-49	0:05:32	0:33:10	0:38:42	0:20:42	0:59:24
70	60	Team, Brown/Mettam	TEAM	0:06:53	0:30:05	0:36:58	0:23:00	0:59:58
71	75	Abel, Leanne	F40-49	0:07:12	0:32:24	0:39:36	0:20:35	1:00:11
72	61	Hendrick, Leah	F20-29	0:07:09	0:36:23	0:43:32	0:19:47	1:03:19
73	70	Leach, Craig	M40-49	0:06:37				DNF
74	64	Scholz, Glen	M30-39	0:06:05				DNF
75	25	King, Barry	M50-59	0:08:16				DNF
76	69	Leach, Malinda	F30-39	0:07:06				DNF
77	67	Sullivan, Barry	M50-59	0:07:01				DNF

**Total number of competitors:** 77

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**Short Triathlon  
Lake Alexander****Results By Category  
400/13/3****25-Sep-11**

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Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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**Results for Category F20-29**

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1	16	Gaffel, Kylie	0:05:30	0:21:38	0:27:08	0:16:02	0:43:10
2	48	Eadie, Lisa	0:05:00	0:27:58	0:32:58	0:17:05	0:50:03
3	42	Marshall, Alexis	0:05:51	0:26:23	0:32:14	0:18:39	0:50:53
4	46	Eliseo, Monique	0:05:45	0:27:30	0:33:15	0:17:45	0:51:00
5	71	Pallentine, Amy	0:07:56	0:27:10	0:35:06	0:16:32	0:51:38
6	38	Stirrat, Mackinlay	0:05:02	0:27:45	0:32:47	0:20:07	0:52:54
7	37	Brown, Jacqui	0:06:53	0:29:34	0:36:27	0:19:22	0:55:49
8	30	Whitehead, Erin	0:06:13				0:57:36
9	61	Hendrick, Leah	0:07:09	0:36:23	0:43:32	0:19:47	1:03:19

**Results for Category F30-39**

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1	73	Roddie, Nikki	0:05:37	0:23:58	0:29:35	0:14:44	0:44:19
2	33	Jones, Ryoko	0:05:27	0:23:56	0:29:23	0:15:18	0:44:41
3	77	Roberts, Lisa	0:05:53	0:27:55	0:33:48	0:14:43	0:48:31
4	47	Kerslake, Jane-Marie	0:05:21	0:25:17	0:30:38	0:18:47	0:49:25
5	34	Townend, Belinda	0:06:02	0:25:56	0:31:58	0:19:14	0:51:12
6	57	Richardson, Kate	0:06:23	0:29:34	0:35:57	0:16:33	0:52:30
7	11	Muntz, Emma	0:05:33	0:29:27	0:35:00	0:17:49	0:52:49
8	76	Monaghan, Paula	0:06:03	0:29:48	0:35:51	0:17:12	0:53:03
9	69	Leach, Malinda	0:07:06				DNF

**Results for Category F40-49**

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1	1	Croser, Alison	0:05:35	0:21:48	0:27:23	0:15:53	0:43:16
2	7	Birk, Belinda	0:05:01	0:22:40	0:27:41	0:16:49	0:44:30
3	20	Duncan, Joanne	0:06:32	0:26:14	0:32:46	0:16:35	0:49:21
4	54	Jeggo, Peta	0:05:57	0:26:11	0:32:08	0:17:30	0:49:38
5	44	Lewis, Karen	0:07:03	0:27:17	0:34:20	0:17:56	0:52:16
6	32	Friebel, Christine	0:05:32	0:33:10	0:38:42	0:20:42	0:59:24
7	75	Abel, Leanne	0:07:12	0:32:24	0:39:36	0:20:35	1:00:11

**Results for Category F50-59**

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1	23	Stephens, Rose	0:08:28	0:31:15	0:39:43	0:17:35	0:57:18
2	26	Meng, Catherine	0:07:33	0:27:42	0:35:15	0:22:46	0:58:01

**Results for Category F60-69**

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1	14	Stewart, Monica	0:05:44	0:25:09	0:30:53	0:16:38	0:47:31
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**Results for Category M20-29**

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1	12	King, Matt	0:04:14	0:19:32	0:23:46	0:13:18	0:37:04
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Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
2	18	Gear, Kyle	0:03:52	0:20:41	0:24:33	0:13:16	0:37:49
3	21	Tranter, Justin	0:04:34	0:21:16	0:25:50	0:15:00	0:40:50
4	10	Green, Tim	0:03:40	0:22:04	0:25:44	0:16:55	0:42:39
5	52	Naidoo, Aryllan	0:06:38	0:26:35	0:33:13	0:16:50	0:50:03

#### Results for Category M30-39

1	4	Lisle, Marcus	0:04:45	0:21:01	0:25:46	0:13:27	0:39:13
2	53	Goat, Steve	0:04:26	0:21:31	0:25:57	0:13:42	0:39:39
3	40	Hucent, Korgan	0:05:36	0:21:39	0:27:15	0:14:08	0:41:23
4	58	Arrigo, John	0:05:50	0:22:54	0:28:44	0:13:58	0:42:42
5	56	Batenburg, Chris	0:05:03	0:23:36	0:28:39	0:14:21	0:43:00
6	43	Berk, Dale	0:05:28	0:24:12	0:29:40	0:13:45	0:43:25
7	17	Hollander, Paul	0:06:35	0:22:57	0:29:32	0:15:23	0:44:55
8	29	Wiese, Simon	0:06:21	0:25:40	0:32:01	0:13:37	0:45:38
9	68	Cramp, Dean	0:06:07	0:26:55	0:33:02	0:13:27	0:46:29
10	13	Parkinson, Thomas	0:06:25	0:25:42	0:32:07	0:15:14	0:47:21
11	41	Lugg, James	0:07:38	0:26:14	0:33:52	0:15:09	0:49:01
12	49	Dwyer, Nathan	0:06:59	0:26:28	0:33:27	0:15:35	0:49:02
13	63	Wong, Gerard	0:06:47	0:24:50	0:31:37	0:18:16	0:49:53
14	27	Sanders, Ben	0:05:39	0:33:24	0:39:03	0:14:49	0:53:52
15	35	Edwards, Trevor	0:07:23	0:30:06	0:37:29	0:18:08	0:55:37
16	64	Scholz, Glen	0:06:05				DNF

#### Results for Category M40-49

1	5	Ellison, Tim	0:04:28	0:21:10	0:25:38	0:13:04	0:38:42
2	15	Wilson, Lee	0:05:04	0:22:06	0:27:10	0:12:38	0:39:48
3	6	Griep, Ron	0:04:38	0:21:42	0:26:20	0:13:41	0:40:01
4	2	Croser, David	0:05:31	0:21:41	0:27:12	0:13:25	0:40:37
5	50	Brooks, Robert	0:05:05	0:22:10	0:27:15	0:14:45	0:42:00
6	28	Jones, Jason	0:05:15	0:22:06	0:27:21	0:14:47	0:42:08
7	3	Thyne, John	0:04:41	0:24:02	0:28:43	0:14:07	0:42:50
8	39	Usher, Paul	0:04:56	0:23:59	0:28:55	0:17:02	0:45:57
9	31	Stacey, Stuart	0:06:19	0:27:32	0:33:51	0:15:05	0:48:56
10	74	Tilbrook, Paul	0:07:07	0:27:38	0:34:45	0:14:54	0:49:39
11	72	Piper, Bill	0:08:18	0:30:29	0:38:47	0:17:27	0:56:14
12	66	Matthews, Scott	0:07:58	0:29:27	0:37:25	0:19:12	0:56:37
13	19	Geddes, James	0:05:34	0:35:54	0:41:28	0:15:10	0:56:38
14	70	Leach, Craig	0:06:37				DNF

#### Results for Category M50-59

1	36	Weatherald, Rob	0:04:40	0:21:21	0:26:01	0:13:06	0:39:07
2	65	Brady, Pete	0:05:20	0:21:57	0:27:17	0:13:05	0:40:22
3	62	Gallagher, Brian	0:04:43	0:21:20	0:26:03	0:14:54	0:40:57
4	59	Watt, Blue	0:06:02	0:23:47	0:29:49	0:14:21	0:44:10
5	24	Hancock, David	0:06:04	0:25:37	0:31:41	0:16:52	0:48:33
6	55	Smith, Colin	0:05:49	0:25:39	0:31:28	0:17:15	0:48:43
7	8	Birk, Bertram	0:06:24	0:23:53	0:30:17	0:19:15	0:49:32
8	22	Blumberg, Phil	0:06:15	0:27:13	0:33:28	0:17:10	0:50:38
9	25	King, Barry	0:08:16				DNF
10	67	Sullivan, Barry	0:07:01				DNF

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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**Results for Category MJNR**

1	9	Rossingh, Nelson	0:04:54	0:27:04	0:31:58	0:16:25	0:48:23
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**Results for Category TEAM**

1	45	Team, Lewis	0:07:03	0:24:56	0:31:59	0:13:25	0:45:24
2	51	Team, Libro/Sherrock	0:08:11	0:29:10	0:37:21	0:17:44	0:55:05
3	60	Team, Brown/Mettam	0:06:53	0:30:05	0:36:58	0:23:00	0:59:58