

MTB Triathlon Race 1
Lake Alexander

Overall Results
300/12/3

22-Oct-06

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	18	King, Matt	MJNR	0:05:01	0:39:51	0:44:52	0:12:37	0:57:29
2	23	Anzin, Mark	M30-39	0:05:16	0:41:59	0:47:15	0:11:34	0:58:49
3	31	Norton, Ian	M30-39	0:04:56	0:41:59	0:46:55	0:12:08	0:59:03
4	20	Cox, Tony	M40-49	0:05:03	0:42:08	0:47:11	0:12:04	0:59:15
5	2	Muench, Roland	M50-59	0:05:38	0:42:09	0:47:47	0:12:21	1:00:08
6	42	Hall, Andrew	M40-49	0:06:13	0:41:55	0:48:08	0:13:28	1:01:36
7	41	Caden, Aaron	M30-39	0:06:54	0:40:46	0:47:40	0:14:33	1:02:13
8	32	Tilbrook, Paul	M30-39	0:06:25	0:44:21	0:50:46	0:11:43	1:02:29
9	25	West, Tony	M30-39	0:05:42	0:44:35	0:50:17	0:12:46	1:03:03
10	21	Thomas, Michael	M30-39	0:05:32	0:45:49	0:51:21	0:11:52	1:03:13
11	22	Stancombe, Allan	M50-59	0:05:44	0:44:20	0:50:04	0:13:59	1:04:03
12	14	Winterflood, Emma	F30-39	0:05:40	0:45:10	0:50:50	0:13:34	1:04:24
13	16	Lewis, Phillip	M40-49	0:06:05	0:46:07	0:52:12	0:12:21	1:04:33
14	19	Thyne, Rebecca	FJNR	0:05:14	0:45:30	0:50:44	0:14:27	1:05:11
15	1	Thyne, John	M40-49	0:05:10	0:46:55	0:52:05	0:13:44	1:05:49
16	10	Team, Jeggo	TEAM	0:05:46	0:46:34	0:52:20	0:14:07	1:06:27
17	8	Trott, David	MJNR	0:06:15	0:46:12	0:52:27	0:14:34	1:07:01
18	11	Redwood, Matt	M20-29	0:06:27	0:47:15	0:53:42	0:14:11	1:07:53
19	26	Gallagher, Brian	M40-49	0:05:23	0:49:24	0:54:47	0:13:21	1:08:08
20	35	Utting, Mark	M30-39	0:05:47	0:48:13	0:54:00	0:14:12	1:08:12
21	4	Stanley, Daryl	M50-59	0:06:09	0:47:43	0:53:52	0:14:29	1:08:21
22	30	Roddie, Nikki	F30-39	0:06:10	0:49:12	0:55:22	0:13:20	1:08:42
23	43	Lysenko, Alex	M30-39	0:05:27	0:48:42	0:54:09	0:15:14	1:09:23
24	24	Tomlinson, Duncan	M30-39	0:05:54	0:49:14	0:55:08	0:15:20	1:10:28
25	40	Smith, Colin	M50-59	0:06:29	0:48:15	0:54:44	0:15:54	1:10:38
26	5	Gray, Samuel	M20-29	0:05:02	0:53:57	0:58:59	0:13:15	1:12:14
27	27	Svara, Peter	M30-39	0:06:36	0:45:38	0:52:14	0:20:06	1:12:20
28	7	Team, Birk	TEAM	0:06:41	0:50:49	0:57:30	0:15:38	1:13:08
29	9	Jeggo, Simon	M30-39	0:06:38	0:48:45	0:55:23	0:18:01	1:13:24
30	37	Vogt, Richard	M20-29	0:04:58	0:52:29	0:57:27	0:16:10	1:13:37
31	39	Cuthbertson, Allan	M50-59	0:07:42	0:52:19	1:00:01	0:14:03	1:14:04
32	3	Thorpe, Lesley	F40-49	0:05:58	0:55:00	1:00:58	0:14:39	1:15:37
33	12	Netto, Kevin	M30-39	0:06:33	0:54:43	1:01:16	0:17:08	1:18:24
34	13	Team, Yee/Rowe	TEAM	0:08:31	0:53:27	1:01:58	0:16:49	1:18:47
35	33	Orchard, Robyn	F30-39	0:06:39	0:56:59	1:03:38	0:16:55	1:20:33
36	15	Lewis, Karen	F40-49	0:06:52	1:00:54	1:07:46	0:15:36	1:23:22
37	29	Nolton, Penny	F30-39	0:09:03	0:57:54	1:06:57	0:17:25	1:24:22
38	36	Luck, Tara	F20-29	0:06:35	1:02:04	1:08:39	0:16:29	1:25:08
39	28	Bellenger, Bridgette	F30-39	0:07:52	0:59:47	1:07:39	0:21:51	1:29:30
40	6	Rammers, Natasha	F20-29	0:05:50	1:06:39	1:12:29	0:17:11	1:29:40
41	38	Thomson, Katie	F20-29	0:07:27	1:03:58	1:11:25	0:19:13	1:30:38
42	17	Koch, Ernie	M70-79	0:09:17	1:05:52	1:15:09	0:19:01	1:34:10
43	99	Hall, Andrew M	M30-39					

DNF

**MTB Triathlon Race 1
Lake Alexander****Results By Category
300/12/3****22-Oct-06**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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Results for Category F20-29

1	36	Luck, Tara	0:06:35	1:02:04	1:08:39	0:16:29	1:25:08
2	6	Rammers, Natasha	0:05:50	1:06:39	1:12:29	0:17:11	1:29:40
3	38	Thomson, Katie	0:07:27	1:03:58	1:11:25	0:19:13	1:30:38

Results for Category F30-39

1	14	Winterflood, Emma	0:05:40	0:45:10	0:50:50	0:13:34	1:04:24
2	30	Roddie, Nikki	0:06:10	0:49:12	0:55:22	0:13:20	1:08:42
3	33	Orchard, Robyn	0:06:39	0:56:59	1:03:38	0:16:55	1:20:33
4	29	Nolton, Penny	0:09:03	0:57:54	1:06:57	0:17:25	1:24:22
5	28	Bellenger, Bridgette	0:07:52	0:59:47	1:07:39	0:21:51	1:29:30

Results for Category F40-49

1	3	Thorpe, Lesley	0:05:58	0:55:00	1:00:58	0:14:39	1:15:37
2	15	Lewis, Karen	0:06:52	1:00:54	1:07:46	0:15:36	1:23:22

Results for Category FJNR

1	19	Thyne, Rebecca	0:05:14	0:45:30	0:50:44	0:14:27	1:05:11
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Results for Category M20-29

1	11	Redwood, Matt	0:06:27	0:47:15	0:53:42	0:14:11	1:07:53
2	5	Gray, Samuel	0:05:02	0:53:57	0:58:59	0:13:15	1:12:14
3	37	Vogt, Richard	0:04:58	0:52:29	0:57:27	0:16:10	1:13:37

Results for Category M30-39

1	23	Anzin, Mark	0:05:16	0:41:59	0:47:15	0:11:34	0:58:49
2	31	Norton, Ian	0:04:56	0:41:59	0:46:55	0:12:08	0:59:03
3	41	Caden, Aaron	0:06:54	0:40:46	0:47:40	0:14:33	1:02:13
4	32	Tilbrook, Paul	0:06:25	0:44:21	0:50:46	0:11:43	1:02:29
5	25	West, Tony	0:05:42	0:44:35	0:50:17	0:12:46	1:03:03
6	21	Thomas, Michael	0:05:32	0:45:49	0:51:21	0:11:52	1:03:13
7	35	Utting, Mark	0:05:47	0:48:13	0:54:00	0:14:12	1:08:12
8	43	Lysenko, Alex	0:05:27	0:48:42	0:54:09	0:15:14	1:09:23
9	24	Tomlinson, Duncan	0:05:54	0:49:14	0:55:08	0:15:20	1:10:28
10	27	Svara, Peter	0:06:36	0:45:38	0:52:14	0:20:06	1:12:20
11	9	Jeggo, Simon	0:06:38	0:48:45	0:55:23	0:18:01	1:13:24
12	12	Netto, Kevin	0:06:33	0:54:43	1:01:16	0:17:08	1:18:24
13	99	Hall, Andrew M					DNF

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category M40-49							
1	20	Cox, Tony	0:05:03	0:42:08	0:47:11	0:12:04	0:59:15
2	42	Hall, Andrew	0:06:13	0:41:55	0:48:08	0:13:28	1:01:36
3	16	Lewis, Phillip	0:06:05	0:46:07	0:52:12	0:12:21	1:04:33
4	1	Thyne, John	0:05:10	0:46:55	0:52:05	0:13:44	1:05:49
5	26	Gallagher, Brian	0:05:23	0:49:24	0:54:47	0:13:21	1:08:08
Results for Category M50-59							
1	2	Muench, Roland	0:05:38	0:42:09	0:47:47	0:12:21	1:00:08
2	22	Stacombe, Allan	0:05:44	0:44:20	0:50:04	0:13:59	1:04:03
3	4	Stanley, Daryl	0:06:09	0:47:43	0:53:52	0:14:29	1:08:21
4	40	Smith, Colin	0:06:29	0:48:15	0:54:44	0:15:54	1:10:38
5	39	Cuthbertson, Allan	0:07:42	0:52:19	1:00:01	0:14:03	1:14:04
Results for Category M70-79							
1	17	Koch, Ernie	0:09:17	1:05:52	1:15:09	0:19:01	1:34:10
Results for Category MJNR							
1	18	King, Matt	0:05:01	0:39:51	0:44:52	0:12:37	0:57:29
2	8	Trott, David	0:06:15	0:46:12	0:52:27	0:14:34	1:07:01
Results for Category TEAM							
1	10	Team, Jeggo	0:05:46	0:46:34	0:52:20	0:14:07	1:06:27
2	7	Team, Birk	0:06:41	0:50:49	0:57:30	0:15:38	1:13:08
3	13	Team, Yee/Rowe	0:08:31	0:53:27	1:01:58	0:16:49	1:18:47