

MTB Triathlon Race 2
Lake Alexander

Overall Results
300/12/3

19-Nov-06

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
1	45	King, Matt	MJNR	0:03:37	0:36:33	0:40:10	0:13:10	0:53:20	
2	23	Hall, Shane	M30-39	0:03:36	0:39:40	0:43:16	0:10:53	0:54:09	
3	91	Team, Coutts/Wilson/Coutts	MJNR	0:03:49	0:39:23	0:43:12	0:11:28	0:54:40	
4	46	Hall, Andrew	M40-49	0:05:06	0:39:11	0:44:17	0:11:30	0:55:47	
5	40	Cox, Tony	M40-49	0:04:06	0:40:55	0:45:01	0:11:08	0:56:09	
6	5	Jones, Matthew	M30-39	0:03:59	0:40:11	0:44:10	0:12:18	0:56:28	
7	2	Muench, Roland	M50-59	0:04:39	0:40:45	0:45:24	0:11:38	0:57:02	
8	37	Thomas, Michael	M30-39	0:04:08	0:41:37	0:45:45	0:11:39	0:57:24	
9	12	Gear, Kyle	MJNR	0:03:36	0:41:28	0:45:04	0:12:50	0:57:54	
10	27	Weatherald, Rob	M40-49	0:04:03	0:42:51	0:46:54	0:11:06	0:58:00	
11	30	Caden, Aaron	M30-39	0:05:09	0:39:57	0:45:06	0:13:11	0:58:17	
12	16	Tilbrook, Paul	M30-39	0:05:00	0:42:29	0:47:29	0:10:49	0:58:18	
13	28	Stancombe, Allan	M50-59	0:04:17	0:42:45	0:47:02	0:12:43	0:59:45	
14	21	Lewis, Phillip	M40-49	0:04:56	0:43:34	0:48:30	0:11:17	0:59:47	
15	29	West, Tony	M30-39	0:04:38	0:43:15	0:47:53	0:12:37	1:00:30	
16	11	Sheffield, Paul	M40-49	0:04:52	0:43:03	0:47:55	0:13:09	1:01:04	
17	41	Griep, Ron	M40-49	0:04:18	0:44:03	0:48:21	0:12:47	1:01:08	
18	13	Thyne, Rebecca	FJNR	0:04:13	0:43:36	0:47:49	0:13:25	1:01:14	
19	22	Svara, Peter	M30-39	0:04:35	0:42:21	0:46:56	0:14:22	1:01:18	
20	1	Trott, David	MJNR	0:05:04	0:43:29	0:48:33	0:13:17	1:01:50	
21	3	Stanley, Daryl	M50-59	0:04:33	0:43:51	0:48:24	0:13:31	1:01:55	
22	6	Redwood, Matt	M20-29	0:05:01	0:44:11	0:49:12	0:12:53	1:02:05	
23	26	Winterflood, Emma	F30-39	0:04:29	0:44:55	0:49:24	0:12:52	1:02:16	
24	9	Gallagher, Brian	M40-49	0:04:04	0:46:39	0:50:43	0:11:45	1:02:28	
25	33	Manicaros, Ashley	M30-39	0:04:26	0:44:47	0:49:13	0:13:36	1:02:49	
26	95	Team, Ainslie/Manicaros	TEAM	0:05:02	0:44:11	0:49:13	0:14:06	1:03:19	
27	14	Roddie, Nikki	F30-39	0:04:44	0:45:06	0:49:50	0:13:30	1:03:20	
28	8	Sullivan, Rosie	F30-39	0:04:36	0:45:36	0:50:12	0:13:47	1:03:59	
29	42	Neville, Malcolm	M40-49	0:04:19	0:43:26	0:47:45	0:16:33	1:04:18	
30	10	Stanley, Robyn	F50-59	0:04:49	0:46:17	0:51:06	0:14:37	1:05:43	
31	18	Jeggo, Simon	M30-39	0:04:46	0:46:14	0:51:00	0:15:46	1:06:46	
32	19	Jeggo, Peta	F30-39	0:04:41	0:47:46	0:52:27	0:14:20	1:06:47	
33	93	Team, Hall/White/Stephens	TEAM	0:03:43	0:51:07	0:54:50	0:12:30	1:07:20	
34	94	Team, Rowe/Rowe/McAlpine	TEAM	0:05:13	0:49:29	0:54:42	0:12:42	1:07:24	
35	35	Cuthbertson, Allan	M50-59	0:06:01	0:48:29	0:54:30	0:13:03	1:07:33	
36	31	Kerslake, Jane-Marie	F30-39	0:04:28	0:46:51	0:51:19	0:16:30	1:07:49	
37	38	Netto, Kevin	M40-49	0:05:03	0:48:55	0:53:58	0:14:50	1:08:48	
38	43	Vogt, Richard	M20-29	0:04:12	0:50:03	0:54:15	0:14:52	1:09:07	
39	92	Team, Yee/Birk/Yee	TEAM	0:05:58	0:48:39	0:54:37	0:15:04	1:09:41	
40	32	Hatty, Sharon	F30-39	0:05:10	0:52:24	0:57:34	0:12:59	1:10:33	
41	7	Ogdon, Louise	F30-39	0:04:35	0:53:20	0:57:55	0:13:38	1:11:33	
42	20	Lewis, Karen	F40-49	0:05:08	0:51:42	0:56:50	0:15:00	1:11:50	
43	4	Coysh, David	M50-59	0:04:50	0:52:58	0:57:48	0:14:40	1:12:28	
44	36	Smith, Colin	M50-59	0:05:07	0:47:48	0:52:55	0:20:48	1:13:43	
45	15	Ouwendijk, Jessica	F20-29	0:04:45	0:52:43	0:57:28	0:16:37	1:14:05	
46	34	Nolton, Penny	F30-39	0:06:07	0:56:25	1:02:32	0:15:37	1:18:09	
47	44	Luck, Tara	F20-29	0:05:04	0:59:58	1:05:02	0:15:35	1:20:37	
48	17	Koch, Ernie	M70-79	0:07:17	1:00:28	1:07:45	0:17:35	1:25:20	
49	25	Donohue, Amanda	F40-49	0:04:10					DNF
50	24	Donohue, Phil	M40-49	0:05:11					DNF
51	39	Sullivan, Barry	M50-59	0:05:15	0:00:00	0:05:15	0:26:13	0:31:28	DNF

**MTB Triathlon Race 2
Lake Alexander**

**Results By Category
300/12/3**

19-Nov-06

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time	
Results for Category		F20-29						
1	15	Ouwendijk, Jessica	0:04:45	0:52:43	0:57:28	0:16:37	1:14:05	
2	44	Luck, Tara	0:05:04	0:59:58	1:05:02	0:15:35	1:20:37	
Results for Category		F30-39						
1	26	Winterflood, Emma	0:04:29	0:44:55	0:49:24	0:12:52	1:02:16	
2	14	Roddie, Nikki	0:04:44	0:45:06	0:49:50	0:13:30	1:03:20	
3	8	Sullivan, Rosie	0:04:36	0:45:36	0:50:12	0:13:47	1:03:59	
4	19	Jeggio, Peta	0:04:41	0:47:46	0:52:27	0:14:20	1:06:47	
5	31	Kerslake, Jane-Marie	0:04:28	0:46:51	0:51:19	0:16:30	1:07:49	
6	32	Hatty, Sharon	0:05:10	0:52:24	0:57:34	0:12:59	1:10:33	
7	7	Ogdon, Louise	0:04:35	0:53:20	0:57:55	0:13:38	1:11:33	
8	34	Nolton, Penny	0:06:07	0:56:25	1:02:32	0:15:37	1:18:09	
Results for Category		F40-49						
1	20	Lewis, Karen	0:05:08	0:51:42	0:56:50	0:15:00	1:11:50	
2	25	Donohue, Amanda	0:04:10					DNF
Results for Category		F50-59						
1	10	Stanley, Robyn	0:04:49	0:46:17	0:51:06	0:14:37	1:05:43	
Results for Category		FJNR						
1	13	Thyne, Rebecca	0:04:13	0:43:36	0:47:49	0:13:25	1:01:14	
Results for Category		M20-29						
1	6	Redwood, Matt	0:05:01	0:44:11	0:49:12	0:12:53	1:02:05	
2	43	Vogt, Richard	0:04:12	0:50:03	0:54:15	0:14:52	1:09:07	
Results for Category		M30-39						
1	23	Hall, Shane	0:03:36	0:39:40	0:43:16	0:10:53	0:54:09	
2	5	Jones, Matthew	0:03:59	0:40:11	0:44:10	0:12:18	0:56:28	
3	37	Thomas, Michael	0:04:08	0:41:37	0:45:45	0:11:39	0:57:24	
4	30	Caden, Aaron	0:05:09	0:39:57	0:45:06	0:13:11	0:58:17	
5	16	Tilbrook, Paul	0:05:00	0:42:29	0:47:29	0:10:49	0:58:18	
6	29	West, Tony	0:04:38	0:43:15	0:47:53	0:12:37	1:00:30	
7	22	Svara, Peter	0:04:35	0:42:21	0:46:56	0:14:22	1:01:18	
8	33	Manicaros, Ashley	0:04:26	0:44:47	0:49:13	0:13:36	1:02:49	
9	18	Jeggio, Simon	0:04:46	0:46:14	0:51:00	0:15:46	1:06:46	

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category M40-49							
1	46	Hall, Andrew	0:05:06	0:39:11	0:44:17	0:11:30	0:55:47
2	40	Cox, Tony	0:04:06	0:40:55	0:45:01	0:11:08	0:56:09
3	27	Weatherald, Rob	0:04:03	0:42:51	0:46:54	0:11:06	0:58:00
4	21	Lewis, Phillip	0:04:56	0:43:34	0:48:30	0:11:17	0:59:47
5	11	Sheffield, Paul	0:04:52	0:43:03	0:47:55	0:13:09	1:01:04
6	41	Griep, Ron	0:04:18	0:44:03	0:48:21	0:12:47	1:01:08
7	9	Gallagher, Brian	0:04:04	0:46:39	0:50:43	0:11:45	1:02:28
8	42	Neville, Malcolm	0:04:19	0:43:26	0:47:45	0:16:33	1:04:18
9	38	Netto, Kevin	0:05:03	0:48:55	0:53:58	0:14:50	1:08:48
10	24	Donohue, Phil	0:05:11				DNF
Results for Category M50-59							
1	2	Muench, Roland	0:04:39	0:40:45	0:45:24	0:11:38	0:57:02
2	28	Stancombe, Allan	0:04:17	0:42:45	0:47:02	0:12:43	0:59:45
3	3	Stanley, Daryl	0:04:33	0:43:51	0:48:24	0:13:31	1:01:55
4	35	Cuthbertson, Allan	0:06:01	0:48:29	0:54:30	0:13:03	1:07:33
5	4	Coysh, David	0:04:50	0:52:58	0:57:48	0:14:40	1:12:28
6	36	Smith, Colin	0:05:07	0:47:48	0:52:55	0:20:48	1:13:43
7	39	Sullivan, Barry	0:05:15	0:00:00	0:05:15	0:26:13	0:31:28 DNF
Results for Category M70-79							
1	17	Koch, Ernie	0:07:17	1:00:28	1:07:45	0:17:35	1:25:20
Results for Category MJNR							
1	45	King, Matt	0:03:37	0:36:33	0:40:10	0:13:10	0:53:20
2	91	Team, Coutts/Wilson/Coutts	0:03:49	0:39:23	0:43:12	0:11:28	0:54:40
3	12	Gear, Kyle	0:03:36	0:41:28	0:45:04	0:12:50	0:57:54
4	1	Trott, David	0:05:04	0:43:29	0:48:33	0:13:17	1:01:50
Results for Category TEAM							
1	95	Team, Ainslie/Manicaros	0:05:02	0:44:11	0:49:13	0:14:06	1:03:19
2	93	Team, Hall/White/Stephens	0:03:43	0:51:07	0:54:50	0:12:30	1:07:20
3	94	Team, Rowe/Rowe/McAlpine	0:05:13	0:49:29	0:54:42	0:12:42	1:07:24
4	92	Team, Yee/Birk/Yee	0:05:58	0:48:39	0:54:37	0:15:04	1:09:41