

**NT Sprint Distance Champs  
Lake Alexander**

**Individual Results  
750/25/5**

**8-Oct-06**

Place	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	Bosmans, Jerome	M30-39	0:11:05	0:38:57	0:50:02	0:18:21	1:08:23
2	Hubber, Mathew	M20-29	0:11:23	0:41:14	0:52:37	0:17:45	1:10:22
3	King, Matt	MJNR	0:11:18	0:38:04	0:49:22	0:22:33	1:11:55
4	Hall, Shane	M30-39	0:11:24	0:41:21	0:52:45	0:19:38	1:12:23
5	Bitz, Kristian	M30-39	0:11:32	0:41:14	0:52:46	0:20:09	1:12:55
6	Hawken, Sophie	F20-29	0:11:21	0:42:41	0:54:02	0:19:50	1:13:52
7	Muench, Roland	M50-59	0:13:36	0:41:04	0:54:40	0:20:42	1:15:22
8	Anzin, Mark	M30-39	0:12:49	0:43:34	0:56:23	0:19:18	1:15:41
9	Preddy, Grant	M20-29	0:12:34	0:42:13	0:54:47	0:21:17	1:16:04
10	Cox, Tony	M40-49	0:12:41	0:43:03	0:55:44	0:20:23	1:16:07
11	Wilson, Lee	M30-39	0:13:22	0:43:34	0:56:56	0:20:07	1:17:03
12	Stancombe, Allan	M50-59	0:12:43	0:42:00	0:54:43	0:22:51	1:17:34
13	Gear, Kyle	MJNR	0:10:36	0:43:30	0:54:06	0:23:56	1:18:02
14	Gray, Samuel	M20-29	0:12:02	0:43:45	0:55:47	0:22:16	1:18:03
15	Jones, Matthew	M30-39	0:13:57	0:41:33	0:55:30	0:23:36	1:19:06
16	Gailey, Michelle	F20-29	0:11:28	0:45:50	0:57:18	0:22:51	1:20:09
17	Brady, Pete	M40-49	0:12:24	0:46:24	0:58:48	0:21:47	1:20:35
18	Pollock, Ian	M30-39	0:11:12	0:46:54	0:58:06	0:22:45	1:20:51
19	Thomas, Michael	M30-39	0:13:38	0:47:20	1:00:58	0:20:30	1:21:28
20	Coutts, Nick	M20-29	0:12:17	0:45:04	0:57:21	0:24:26	1:21:47
21	Thyne, Rebecca	FJNR	0:12:17	0:45:40	0:57:57	0:24:02	1:21:59
22	Manicaros, Ashley	M30-39	0:12:52	0:45:33	0:58:25	0:23:53	1:22:18
23	Tilbrook, Paul	M30-39	0:15:29	0:47:43	1:03:12	0:20:16	1:23:28
24	Clements, Natasha	F20-29	0:13:38	0:46:12	0:59:50	0:24:02	1:23:52
25	Kerslake, Barbara-Anne	F30-39	0:12:33	0:47:08	0:59:41	0:24:16	1:23:57
26	Griep, Ron	M40-49	0:13:16	0:46:57	1:00:13	0:23:48	1:24:01
27	Stanley, Daryl	M50-59	0:13:38	0:46:14	0:59:52	0:24:17	1:24:09
28	Goodall, Holly	F30-39	0:12:09	0:48:19	1:00:28	0:24:16	1:24:44
29	Lysenko, Alex	M30-39	0:12:27	0:47:32	0:59:59	0:25:05	1:25:04
30	Reeve, Erica	F20-29	0:13:26	0:47:10	1:00:36	0:24:51	1:25:27
31	Stanley, Robyn	F50-59	0:13:44	0:46:39	1:00:23	0:25:46	1:26:09
32	Thorpe, Lesley	F40-49	0:13:38	0:49:28	1:03:06	0:23:28	1:26:34
33	Tomlinson, Duncan	M30-39	0:14:34	0:47:32	1:02:06	0:25:08	1:27:14
34	McLeod, Jodie	F40-49	0:13:37	0:47:01	1:00:38	0:27:27	1:28:05
35	Ogdon, Louise	F30-39	0:13:28	0:49:54	1:03:22	0:24:50	1:28:12
36	Hatty, Sharon	F30-39	0:15:20	0:50:28	1:05:48	0:23:04	1:28:52
37	Kerslake, Jane-Marie	F30-39	0:13:26	0:47:10	1:00:36	0:29:48	1:30:24
38	Utting, Mark	M30-39	0:13:55	0:53:25	1:07:20	0:23:16	1:30:36
39	Stephenson, Lauren	FJNR	0:13:25	0:52:34	1:05:59	0:24:41	1:30:40
40	Jeggo, Peta	F30-39	0:13:59	0:52:10	1:06:09	0:25:55	1:32:04
41	Anderson, Jenny	F50-59	0:12:36	0:51:09	1:03:45	0:29:39	1:33:24
42	Smith, Colin	M50-59	0:14:05	0:51:37	1:05:42	0:28:34	1:34:16
43	Sullivan, Barry	M50-59	0:16:16	0:52:42	1:08:58	0:26:06	1:35:04
44	Whittaker, Celnwyn	F40-49	0:15:30	0:53:05	1:08:35	0:27:39	1:36:14
45	Andrews, Ann-Marie	F30-39	0:15:39	0:55:15	1:10:54	0:27:05	1:37:59
46	Orchard, Robyn	F30-39	0:16:46	0:54:18	1:11:04	0:27:49	1:38:53
47	Brown, Hannah	F20-29	0:14:53	1:00:26	1:15:19	0:24:37	1:39:56
48	Day, Alan	M50-59	0:16:10	0:52:54	1:09:04	0:32:44	1:41:48
49	Koch, Ernie	M70-79	0:20:23	0:52:39	1:13:02	0:32:20	1:45:22
50	Godfrey, Nerida	F50-59	0:17:14	0:57:08	1:14:22	0:35:27	1:49:49
51	Donohue, Amanda	F40-49	0:12:16	1:04:07	1:16:23		DNF
52	Winterflood, Emma	F30-39	0:13:59	0:49:36	1:03:35		DNF
53	Outhred, Mick	M20-29	0:11:25	0:45:46	0:57:11		DNF
54	Jeggo, Simon	M30-39	0:15:57	0:56:58	1:12:55		DNF
55	Sullivan, Rosie	F30-39	0:13:32	0:46:52	1:00:24		DNF
56	Donohue, Phil	M40-49	0:18:06				DNF
57	Weatherald, Rob	M40-49	0:11:42	0:43:13	0:54:55		DNF

**NT Sprint Distance Champs  
Lake Alexander**

**Overall Results  
750/25/5**

**8-Oct-06**

Place	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	Team, Bitz/Trott/Blake	TEAM	0:11:42	0:39:39	0:51:21	0:16:59	1:08:20
2	Bosmans, Jerome	M30-39	0:11:05	0:38:57	0:50:02	0:18:21	1:08:23
3	Team, Ellison/Breareley	TEAM	0:11:08	0:40:04	0:51:12	0:17:28	1:08:40
4	Hubber, Mathew	M20-29	0:11:23	0:41:14	0:52:37	0:17:45	1:10:22
5	King, Matt	MJNR	0:11:18	0:38:04	0:49:22	0:22:33	1:11:55
6	Hall, Shane	M30-39	0:11:24	0:41:21	0:52:45	0:19:38	1:12:23
7	Bitz, Kristian	M30-39	0:11:32	0:41:14	0:52:46	0:20:09	1:12:55
8	Hawken, Sophie	F20-29	0:11:21	0:42:41	0:54:02	0:19:50	1:13:52
9	Muench, Roland	M50-59	0:13:36	0:41:04	0:54:40	0:20:42	1:15:22
10	Anzin, Mark	M30-39	0:12:49	0:43:34	0:56:23	0:19:18	1:15:41
11	Preddy, Grant	M20-29	0:12:34	0:42:13	0:54:47	0:21:17	1:16:04
12	Cox, Tony	M40-49	0:12:41	0:43:03	0:55:44	0:20:23	1:16:07
13	Wilson, Lee	M30-39	0:13:22	0:43:34	0:56:56	0:20:07	1:17:03
14	Stancombe, Allan	M50-59	0:12:43	0:42:00	0:54:43	0:22:51	1:17:34
15	Gear, Kyle	MJNR	0:10:36	0:43:30	0:54:06	0:23:56	1:18:02
16	Gray, Samuel	M20-29	0:12:02	0:43:45	0:55:47	0:22:16	1:18:03
17	Jones, Matthew	M30-39	0:13:57	0:41:33	0:55:30	0:23:36	1:19:06
18	Gailey, Michelle	F20-29	0:11:28	0:45:50	0:57:18	0:22:51	1:20:09
19	Brady, Pete	M40-49	0:12:24	0:46:24	0:58:48	0:21:47	1:20:35
20	Pollock, Ian	M30-39	0:11:12	0:46:54	0:58:06	0:22:45	1:20:51
21	Thomas, Michael	M30-39	0:13:38	0:47:20	1:00:58	0:20:30	1:21:28
22	Coutts, Nick	M20-29	0:12:17	0:45:04	0:57:21	0:24:26	1:21:47
23	Thyne, Rebecca	FJNR	0:12:17	0:45:40	0:57:57	0:24:02	1:21:59
24	Manicaros, Ashley	M30-39	0:12:52	0:45:33	0:58:25	0:23:53	1:22:18
25	Tilbrook, Paul	M30-39	0:15:29	0:47:43	1:03:12	0:20:16	1:23:28
26	Clements, Natasha	F20-29	0:13:38	0:46:12	0:59:50	0:24:02	1:23:52
27	Kerslake, Barbara-Anne	F30-39	0:12:33	0:47:08	0:59:41	0:24:16	1:23:57
28	Griep, Ron	M40-49	0:13:16	0:46:57	1:00:13	0:23:48	1:24:01
29	Stanley, Daryl	M50-59	0:13:38	0:46:14	0:59:52	0:24:17	1:24:09
30	Goodall, Holly	F30-39	0:12:09	0:48:19	1:00:28	0:24:16	1:24:44
31	Lysenko, Alex	M30-39	0:12:27	0:47:32	0:59:59	0:25:05	1:25:04
32	Reeve, Erica	F20-29	0:13:26	0:47:10	1:00:36	0:24:51	1:25:27
33	Stanley, Robyn	F50-59	0:13:44	0:46:39	1:00:23	0:25:46	1:26:09
34	Thorpe, Lesley	F40-49	0:13:38	0:49:28	1:03:06	0:23:28	1:26:34
35	Team, Stewart/Hourigan	TEAM	0:13:34	0:48:21	1:01:55	0:25:00	1:26:55
36	Tomlinson, Duncan	M30-39	0:14:34	0:47:32	1:02:06	0:25:08	1:27:14
37	Team, Vogt/Luck	TEAM	0:13:06	0:49:33	1:02:39	0:25:19	1:27:58
38	McLeod, Jodie	F40-49	0:13:37	0:47:01	1:00:38	0:27:27	1:28:05
39	Ogdon, Louise	F30-39	0:13:28	0:49:54	1:03:22	0:24:50	1:28:12
40	Hatty, Sharon	F30-39	0:15:20	0:50:28	1:05:48	0:23:04	1:28:52
41	Team, Sheffield	TEAM	0:16:26	0:47:17	1:03:43	0:25:48	1:29:31
42	Kerslake, Jane-Marie	F30-39	0:13:26	0:47:10	1:00:36	0:29:48	1:30:24
43	Utting, Mark	M30-39	0:13:55	0:53:25	1:07:20	0:23:16	1:30:36
44	Stephenson, Lauren	FJNR	0:13:25	0:52:34	1:05:59	0:24:41	1:30:40
45	Team, Hall/Stephens	TEAM	0:11:56	0:55:25	1:07:21	0:23:30	1:30:51
46	Jeggo, Peta	F30-39	0:13:59	0:52:10	1:06:09	0:25:55	1:32:04
47	Anderson, Jenny	F50-59	0:12:36	0:51:09	1:03:45	0:29:39	1:33:24
48	Smith, Colin	M50-59	0:14:05	0:51:37	1:05:42	0:28:34	1:34:16
49	Sullivan, Barry	M50-59	0:16:16	0:52:42	1:08:58	0:26:06	1:35:04
50	Whittaker, Celnwyn	F40-49	0:15:30	0:53:05	1:08:35	0:27:39	1:36:14
51	Andrews, Ann-Marie	F30-39	0:15:39	0:55:15	1:10:54	0:27:05	1:37:59
52	Orchard, Robyn	F30-39	0:16:46	0:54:18	1:11:04	0:27:49	1:38:53
53	Brown, Hannah	F20-29	0:14:53	1:00:26	1:15:19	0:24:37	1:39:56
54	Team, Nolton/Nolton/Yee	TEAM	0:13:27	0:55:05	1:08:32	0:32:50	1:41:22
55	Day, Alan	M50-59	0:16:10	0:52:54	1:09:04	0:32:44	1:41:48
56	Koch, Ernie	M70-79	0:20:23	0:52:39	1:13:02	0:32:20	1:45:22
57	Godfrey, Nerida	F50-59	0:17:14	0:57:08	1:14:22	0:35:27	1:49:49

Place	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
58	Donohue, Amanda	F40-49	0:12:16	1:04:07	1:16:23		DNF
59	Winterflood, Emma	F30-39	0:13:59	0:49:36	1:03:35		DNF
60	Outhred, Mick	M20-29	0:11:25	0:45:46	0:57:11		DNF
61	Jeggo, Simon	M30-39	0:15:57	0:56:58	1:12:55		DNF
62	Sullivan, Rosie	F30-39	0:13:32	0:46:52	1:00:24		DNF
63	Donohue, Phil	M40-49	0:18:06				DNF
64	Weatherald, Rob	M40-49	0:11:42	0:43:13	0:54:55		DNF

**NT Sprint Distance Champs  
Lake Alexander**

**Results By Category  
750/25/5**

**8-Oct-06**

Place	Name	Swim	Bike	Swim+Bike	Run	Total Time
<b>F20-29</b>						
1	Hawken, Sophie	0:11:21	0:42:41	0:54:02	0:19:50	1:13:52
2	Gailey, Michelle	0:11:28	0:45:50	0:57:18	0:22:51	1:20:09
3	Clements, Natasha	0:13:38	0:46:12	0:59:50	0:24:02	1:23:52
4	Reeve, Erica	0:13:26	0:47:10	1:00:36	0:24:51	1:25:27
5	Brown, Hannah	0:14:53	1:00:26	1:15:19	0:24:37	1:39:56
<b>F30-39</b>						
1	Kerslake, Barbara-Anne	0:12:33	0:47:08	0:59:41	0:24:16	1:23:57
2	Goodall, Holly	0:12:09	0:48:19	1:00:28	0:24:16	1:24:44
3	Ogdon, Louise	0:13:28	0:49:54	1:03:22	0:24:50	1:28:12
4	Hatty, Sharon	0:15:20	0:50:28	1:05:48	0:23:04	1:28:52
5	Kerslake, Jane-Marie	0:13:26	0:47:10	1:00:36	0:29:48	1:30:24
6	Jeggo, Peta	0:13:59	0:52:10	1:06:09	0:25:55	1:32:04
7	Andrews, Ann-Marie	0:15:39	0:55:15	1:10:54	0:27:05	1:37:59
8	Orchard, Robyn	0:16:46	0:54:18	1:11:04	0:27:49	1:38:53
9	Sullivan, Rosie	0:13:32	0:46:52	1:00:24		DNF
10	Winterflood, Emma	0:13:59	0:49:36	1:03:35		DNF
<b>F40-49</b>						
1	Thorpe, Lesley	0:13:38	0:49:28	1:03:06	0:23:28	1:26:34
2	McLeod, Jodie	0:13:37	0:47:01	1:00:38	0:27:27	1:28:05
3	Whittaker, Celnwyn	0:15:30	0:53:05	1:08:35	0:27:39	1:36:14
4	Donohue, Amanda	0:12:16	1:04:07	1:16:23		DNF
<b>F50-59</b>						
1	Stanley, Robyn	0:13:44	0:46:39	1:00:23	0:25:46	1:26:09
2	Anderson, Jenny	0:12:36	0:51:09	1:03:45	0:29:39	1:33:24
3	Godfrey, Nerida	0:17:14	0:57:08	1:14:22	0:35:27	1:49:49
<b>FJNR</b>						
1	Thyne, Rebecca	0:12:17	0:45:40	0:57:57	0:24:02	1:21:59
2	Stephenson, Lauren	0:13:25	0:52:34	1:05:59	0:24:41	1:30:40
<b>M20-29</b>						
1	Hubber, Mathew	0:11:23	0:41:14	0:52:37	0:17:45	1:10:22
2	Preddy, Grant	0:12:34	0:42:13	0:54:47	0:21:17	1:16:04
3	Gray, Samuel	0:12:02	0:43:45	0:55:47	0:22:16	1:18:03
4	Coutts, Nick	0:12:17	0:45:04	0:57:21	0:24:26	1:21:47
5	Outhred, Mick	0:11:25	0:45:46	0:57:11		DNF

Place		Swim	Bike	Swim+Bike	Run	Total Time
<b>M30-39</b>						
1	Bosmans, Jerome	0:11:05	0:38:57	0:50:02	0:18:21	1:08:23
2	Hall, Shane	0:11:24	0:41:21	0:52:45	0:19:38	1:12:23
3	Bitz, Kristian	0:11:32	0:41:14	0:52:46	0:20:09	1:12:55
4	Anzin, Mark	0:12:49	0:43:34	0:56:23	0:19:18	1:15:41
5	Wilson, Lee	0:13:22	0:43:34	0:56:56	0:20:07	1:17:03
6	Jones, Matthew	0:13:57	0:41:33	0:55:30	0:23:36	1:19:06
7	Pollock, Ian	0:11:12	0:46:54	0:58:06	0:22:45	1:20:51
8	Thomas, Michael	0:13:38	0:47:20	1:00:58	0:20:30	1:21:28
9	Manicaros, Ashley	0:12:52	0:45:33	0:58:25	0:23:53	1:22:18
10	Tilbrook, Paul	0:15:29	0:47:43	1:03:12	0:20:16	1:23:28
11	Lysenko, Alex	0:12:27	0:47:32	0:59:59	0:25:05	1:25:04
12	Tomlinson, Duncan	0:14:34	0:47:32	1:02:06	0:25:08	1:27:14
13	Utting, Mark	0:13:55	0:53:25	1:07:20	0:23:16	1:30:36
14	Jeggo, Simon	0:15:57	0:56:58	1:12:55		DNF
<b>M40-49</b>						
1	Cox, Tony	0:12:41	0:43:03	0:55:44	0:20:23	1:16:07
2	Brady, Pete	0:12:24	0:46:24	0:58:48	0:21:47	1:20:35
3	Griep, Ron	0:13:16	0:46:57	1:00:13	0:23:48	1:24:01
4	Weatherald, Rob	0:11:42	0:43:13	0:54:55		DNF
5	Donohue, Phil	0:18:06				DNF
<b>M50-59</b>						
1	Muench, Roland	0:13:36	0:41:04	0:54:40	0:20:42	1:15:22
2	Stancombe, Allan	0:12:43	0:42:00	0:54:43	0:22:51	1:17:34
3	Stanley, Daryl	0:13:38	0:46:14	0:59:52	0:24:17	1:24:09
4	Smith, Colin	0:14:05	0:51:37	1:05:42	0:28:34	1:34:16
5	Sullivan, Barry	0:16:16	0:52:42	1:08:58	0:26:06	1:35:04
6	Day, Alan	0:16:10	0:52:54	1:09:04	0:32:44	1:41:48
<b>M70-79</b>						
1	Koch, Ernie	0:20:23	0:52:39	1:13:02	0:32:20	1:45:22
<b>MJNR</b>						
1	King, Matt	0:11:18	0:38:04	0:49:22	0:22:33	1:11:55
2	Gear, Kyle	0:10:36	0:43:30	0:54:06	0:23:56	1:18:02
<b>TEAM</b>						
1	Team, Bitz/Trott/Blake	0:11:42	0:39:39	0:51:21	0:16:59	1:08:20
2	Team, Ellison/Brearley	0:11:08	0:40:04	0:51:12	0:17:28	1:08:40
3	Team, Stewart/Hourigan	0:13:34	0:48:21	1:01:55	0:25:00	1:26:55
4	Team, Vogt/Luck	0:13:06	0:49:33	1:02:39	0:25:19	1:27:58
5	Team, Sheffield	0:16:26	0:47:17	1:03:43	0:25:48	1:29:31
6	Team, Hall/Stephens	0:11:56	0:55:25	1:07:21	0:23:30	1:30:51
7	Team, Nolton/Nolton/Yee	0:13:27	0:55:05	1:08:32	0:32:50	1:41:22