

**Sprint Series Race 3 Long
Lake Alexander****Overall Results
750/20/5****09-Apr-06**

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	44	Hubber, Mathew	M20-29	0:11:17	0:30:53	0:42:10	0:18:51	1:01:01
2	15	Ellison, Tim	M40-49	0:11:03	0:31:39	0:42:42	0:19:06	1:01:48
3	13	Bosmans, Jerome	M30-39	0:11:05	0:32:01	0:43:06	0:19:01	1:02:07
4	21	Wilson, Lee	M30-39	0:12:20	0:32:10	0:44:30	0:19:12	1:03:42
5	28	Hall, Shane	M30-39	0:11:03	0:32:03	0:43:06	0:22:13	1:05:19
6	33	Weatherald, Rob	M40-49	0:11:54	0:32:26	0:44:20	0:21:08	1:05:28
7	63	Hawken, Sophie	F20-29	0:11:06	0:33:23	0:44:29	0:21:17	1:05:46
8	46	Bitz, Kristian	M30-39	0:12:12	0:32:06	0:44:18	0:23:00	1:07:18
9	47	Anzin, Mark	M30-39	0:13:11	0:32:22	0:45:33	0:21:51	1:07:24
10	23	Bannan, Ciaran	M30-39	0:11:15	0:34:28	0:45:43	0:21:52	1:07:35
11	20	Leavers, Brett	M20-29	0:09:53	0:34:02	0:43:55	0:23:58	1:07:53
12	9	Wilson, Nathan	M20-29	0:12:08	0:33:12	0:45:20	0:23:14	1:08:34
13	6	Gear, Kyle	MJNR	0:10:34	0:33:45	0:44:19	0:24:20	1:08:39
14	51	Team, Weise/Caden	TEAM	0:15:02	0:32:08	0:47:10	0:21:33	1:08:43
15	37	Norton, Ian	M30-39	0:12:15	0:33:20	0:45:35	0:23:43	1:09:18
16	57	Moore, Darren	M30-39	0:13:18	0:34:54	0:48:12	0:21:19	1:09:31
17	48	Stacombe, Allan	M50-59	0:12:50	0:32:42	0:45:32	0:24:05	1:09:37
18	18	Gallagher, Brian	M40-49	0:11:48	0:34:35	0:46:23	0:23:14	1:09:37
19	10	Hawke, Andrew	M40-49	0:12:47	0:32:54	0:45:41	0:24:13	1:09:54
20	36	Pollock, Ian	M30-39	0:11:02	0:36:53	0:47:55	0:22:33	1:10:28
21	60	Hall, Andrew	M40-49	0:15:42	0:35:52	0:51:34	0:19:18	1:10:52
22	8	Meaney, Kym	F40-49	0:12:43	0:33:12	0:45:55	0:25:37	1:11:32
23	61	Brady, Pete	M40-49	0:12:36	0:36:59	0:49:35	0:23:10	1:12:45
24	65	Lysenko, Alex	M30-39	0:12:35	0:33:42	0:46:17	0:26:56	1:13:13
25	62	Winterflood, Emma	F30-39	0:12:55	0:35:41	0:48:36	0:24:47	1:13:23
26	43	West, Tony	M30-39	0:13:14	0:36:54	0:50:08	0:23:23	1:13:31
27	2	Thyne, John	M40-49	0:12:02	0:35:52	0:47:54	0:25:59	1:13:53
28	4	Manicaros, Ashley	M30-39	0:12:57	0:33:55	0:46:52	0:27:05	1:13:57
29	55	Tilbrook, Paul	M30-39	0:15:18	0:37:23	0:52:41	0:21:18	1:13:59
30	27	Kerslake, Barbara-Anne	F30-39	0:12:24	0:36:32	0:48:56	0:25:45	1:14:41
31	7	Thyne, Rebecca	FJNR	0:12:01	0:35:35	0:47:36	0:27:16	1:14:52
32	58	Denton, Steve	M30-39	0:12:27	0:37:13	0:49:40	0:25:17	1:14:57
33	42	Cox, Tony	M40-49	0:12:45	0:39:46	0:52:31	0:22:27	1:14:58
34	1	Stanley, Daryl	M50-59	0:13:22	0:36:27	0:49:49	0:25:31	1:15:20
35	22	Thomas, Michael	M30-39	0:14:07	0:39:06	0:53:13	0:22:22	1:15:35
36	45	Clements, Natasha	F20-29	0:13:32	0:36:56	0:50:28	0:25:14	1:15:42
37	30	Courmadias, Nick	M20-29	0:16:24	0:39:00	0:55:24	0:21:20	1:16:44
38	64	Svara, Peter	M30-39	0:14:50	0:34:30	0:49:20	0:27:30	1:16:50
39	99	Reeve, Erica	F20-29	0:12:39	0:38:30	0:51:09	0:26:26	1:17:35
40	34	Roddie, Nikki	F30-39	0:15:06	0:37:28	0:52:34	0:25:51	1:18:25
41	59	Brownscombe, Phil	M30-39	0:13:50	0:35:33	0:49:23	0:29:02	1:18:25
42	3	Stanley, Robyn	F50-59	0:13:40	0:37:18	0:50:58	0:28:05	1:19:03
43	54	Leung, Samson	MJNR	0:10:44	0:40:31	0:51:15	0:29:12	1:20:27
44	41	Windlebank, Craig	M30-39	0:14:32	0:38:36	0:53:08	0:27:27	1:20:35
45	11	Kahl, Greg	M20-29	0:13:45	0:38:40	0:52:25	0:28:22	1:20:47
46	19	Davie, Ian	M40-49	0:18:09	0:36:50	0:54:59	0:25:51	1:20:50
47	26	Ford, Belinda	F20-29	0:11:53	0:44:02	0:55:55	0:24:56	1:20:51
48	32	Bormann, Hans	M50-59	0:18:16	0:38:46	0:57:02	0:23:54	1:20:56
49	24	Stewart, Monica	F50-59	0:13:35	0:39:25	0:53:00	0:28:06	1:21:06
50	53	Kerslake, Jane-Marie	F30-39	0:13:10	0:37:21	0:50:31	0:30:59	1:21:30
51	35	Duncan, Joanne	F40-49	0:15:19	0:39:46	0:55:05	0:26:55	1:22:00
52	49	Elston, James	M20-29	0:15:11	0:41:54	0:57:05	0:25:08	1:22:13
53	5	Sullivan, Barry	M50-59	0:15:45	0:41:02	0:56:47	0:25:45	1:22:32

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
54	12	Stephenson, Lauren	FJNR	0:12:37	0:42:13	0:54:50	0:28:17	1:23:07
55	29	Ogdon, Louise	F30-39	0:13:59	0:40:39	0:54:38	0:29:01	1:23:39
56	25	Blumberg, Phil	M50-59	0:14:44	0:42:17	0:57:01	0:27:20	1:24:21
57	14	Sullivan, Rosie	F30-39	0:14:39	0:40:44	0:55:23	0:29:18	1:24:41
58	52	Team, Sheffield	TEAM	0:15:21	0:39:57	0:55:18	0:29:54	1:25:12
59	40	Lewis, Karen	F40-49	0:16:38	0:42:30	0:59:08	0:27:03	1:26:11
60	17	Andrews, Ann-Marie	F30-39	0:16:16	0:42:12	0:58:28	0:29:02	1:27:30
61	31	Thorpe, Helen	F50-59	0:14:22	0:38:44	0:53:06	0:35:19	1:28:25
62	67	Smith, Colin	M50-59	0:14:55	0:40:43	0:55:38	0:33:20	1:28:58
63	56	Morely, Samantha	F20-29	0:16:20	0:40:50	0:57:10	0:31:49	1:28:59
64	39	Jeggo, Peta	F30-39	0:15:14	0:43:02	0:58:16	0:30:44	1:29:00
65	50	Burrows, Cameron	M30-39	0:14:47	0:46:27	1:01:14	0:30:47	1:32:01
66	38	Jeggo, Simon	M30-39	0:17:00	0:39:30	0:56:30	0:36:57	1:33:27
67	16	Koch, Ernie	M70-79	0:20:51	0:42:19	1:03:10	0:30:54	1:34:04

Sprint Series Race 3 Long Lake Alexander

Results By Category 750/20/5

09-Apr-06

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F20-29							
1	63	Hawken, Sophie	0:11:06	0:33:23	0:44:29	0:21:17	1:05:46
2	45	Clements, Natasha	0:13:32	0:36:56	0:50:28	0:25:14	1:15:42
3	99	Reeve, Erica	0:12:39	0:38:30	0:51:09	0:26:26	1:17:35
4	26	Ford, Belinda	0:11:53	0:44:02	0:55:55	0:24:56	1:20:51
5	56	Morely, Samantha	0:16:20	0:40:50	0:57:10	0:31:49	1:28:59
Results for Category F30-39							
1	62	Winterflood, Emma	0:12:55	0:35:41	0:48:36	0:24:47	1:13:23
2	27	Kerslake, Barbara-Anne	0:12:24	0:36:32	0:48:56	0:25:45	1:14:41
3	34	Roddie, Nikki	0:15:06	0:37:28	0:52:34	0:25:51	1:18:25
4	53	Kerslake, Jane-Marie	0:13:10	0:37:21	0:50:31	0:30:59	1:21:30
5	29	Ogdon, Louise	0:13:59	0:40:39	0:54:38	0:29:01	1:23:39
6	14	Sullivan, Rosie	0:14:39	0:40:44	0:55:23	0:29:18	1:24:41
7	17	Andrews, Ann-Marie	0:16:16	0:42:12	0:58:28	0:29:02	1:27:30
8	39	Jeggo, Peta	0:15:14	0:43:02	0:58:16	0:30:44	1:29:00
Results for Category F40-49							
1	8	Meaney, Kym	0:12:43	0:33:12	0:45:55	0:25:37	1:11:32
2	35	Duncan, Joanne	0:15:19	0:39:46	0:55:05	0:26:55	1:22:00
3	40	Lewis, Karen	0:16:38	0:42:30	0:59:08	0:27:03	1:26:11
Results for Category F50-59							
1	3	Stanley, Robyn	0:13:40	0:37:18	0:50:58	0:28:05	1:19:03
2	24	Stewart, Monica	0:13:35	0:39:25	0:53:00	0:28:06	1:21:06
3	31	Thorpe, Helen	0:14:22	0:38:44	0:53:06	0:35:19	1:28:25
Results for Category FJNR							
1	7	Thyne, Rebecca	0:12:01	0:35:35	0:47:36	0:27:16	1:14:52
2	12	Stephenson, Lauren	0:12:37	0:42:13	0:54:50	0:28:17	1:23:07
Results for Category M20-29							
1	44	Hubber, Mathew	0:11:17	0:30:53	0:42:10	0:18:51	1:01:01
2	20	Leavers, Brett	0:09:53	0:34:02	0:43:55	0:23:58	1:07:53
3	9	Wilson, Nathan	0:12:08	0:33:12	0:45:20	0:23:14	1:08:34
4	30	Courmadias, Nick	0:16:24	0:39:00	0:55:24	0:21:20	1:16:44
5	11	Kahl, Greg	0:13:45	0:38:40	0:52:25	0:28:22	1:20:47
6	49	Elston, James	0:15:11	0:41:54	0:57:05	0:25:08	1:22:13

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category M30-39							
1	13	Bosmans, Jerome	0:11:05	0:32:01	0:43:06	0:19:01	1:02:07
2	21	Wilson, Lee	0:12:20	0:32:10	0:44:30	0:19:12	1:03:42
3	28	Hall, Shane	0:11:03	0:32:03	0:43:06	0:22:13	1:05:19
4	46	Bitz, Kristian	0:12:12	0:32:06	0:44:18	0:23:00	1:07:18
5	47	Anzin, Mark	0:13:11	0:32:22	0:45:33	0:21:51	1:07:24
6	23	Bannan, Ciaran	0:11:15	0:34:28	0:45:43	0:21:52	1:07:35
7	37	Norton, Ian	0:12:15	0:33:20	0:45:35	0:23:43	1:09:18
8	57	Moore, Darren	0:13:18	0:34:54	0:48:12	0:21:19	1:09:31
9	36	Pollock, Ian	0:11:02	0:36:53	0:47:55	0:22:33	1:10:28
10	65	Lysenko, Alex	0:12:35	0:33:42	0:46:17	0:26:56	1:13:13
11	43	West, Tony	0:13:14	0:36:54	0:50:08	0:23:23	1:13:31
12	4	Manicaros, Ashley	0:12:57	0:33:55	0:46:52	0:27:05	1:13:57
13	55	Tilbrook, Paul	0:15:18	0:37:23	0:52:41	0:21:18	1:13:59
14	58	Denton, Steve	0:12:27	0:37:13	0:49:40	0:25:17	1:14:57
15	22	Thomas, Michael	0:14:07	0:39:06	0:53:13	0:22:22	1:15:35
16	64	Svara, Peter	0:14:50	0:34:30	0:49:20	0:27:30	1:16:50
17	59	Brownscombe, Phil	0:13:50	0:35:33	0:49:23	0:29:02	1:18:25
18	41	Windlebank, Craig	0:14:32	0:38:36	0:53:08	0:27:27	1:20:35
19	50	Burrows, Cameron	0:14:47	0:46:27	1:01:14	0:30:47	1:32:01
20	38	Jeggo, Simon	0:17:00	0:39:30	0:56:30	0:36:57	1:33:27
Results for Category M40-49							
1	15	Ellison, Tim	0:11:03	0:31:39	0:42:42	0:19:06	1:01:48
2	33	Weatherald, Rob	0:11:54	0:32:26	0:44:20	0:21:08	1:05:28
3	18	Gallagher, Brian	0:11:48	0:34:35	0:46:23	0:23:14	1:09:37
4	10	Hawke, Andrew	0:12:47	0:32:54	0:45:41	0:24:13	1:09:54
5	60	Hall, Andrew	0:15:42	0:35:52	0:51:34	0:19:18	1:10:52
6	61	Brady, Pete	0:12:36	0:36:59	0:49:35	0:23:10	1:12:45
7	2	Thyne, John	0:12:02	0:35:52	0:47:54	0:25:59	1:13:53
8	42	Cox, Tony	0:12:45	0:39:46	0:52:31	0:22:27	1:14:58
9	19	Davie, Ian	0:18:09	0:36:50	0:54:59	0:25:51	1:20:50
Results for Category M50-59							
1	48	Stancombe, Allan	0:12:50	0:32:42	0:45:32	0:24:05	1:09:37
2	1	Stanley, Daryl	0:13:22	0:36:27	0:49:49	0:25:31	1:15:20
3	32	Bormann, Hans	0:18:16	0:38:46	0:57:02	0:23:54	1:20:56
4	5	Sullivan, Barry	0:15:45	0:41:02	0:56:47	0:25:45	1:22:32
5	25	Blumberg, Phil	0:14:44	0:42:17	0:57:01	0:27:20	1:24:21
6	67	Smith, Colin	0:14:55	0:40:43	0:55:38	0:33:20	1:28:58
Results for Category M70-79							
1	16	Koch, Ernie	0:20:51	0:42:19	1:03:10	0:30:54	1:34:04
Results for Category MJNR							
1	6	Gear, Kyle	0:10:34	0:33:45	0:44:19	0:24:20	1:08:39
2	54	Leung, Samson	0:10:44	0:40:31	0:51:15	0:29:12	1:20:27
Results for Category TEAM							
1	51	Team, Weise/Caden	0:15:02	0:32:08	0:47:10	0:21:33	1:08:43
2	52	Team, Sheffield	0:15:21	0:39:57	0:55:18	0:29:54	1:25:12

**Sprint Series Race 3 Short
Lake Alexander**

**Overall Results
300/15/3**

09-Apr-06

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	96	Neville, Malcolm	M40-49	0:04:47	0:25:56	0:30:43	0:12:57	0:43:40
2	90	Cruickshank, Kevin	M30-39	0:04:40	0:27:19	0:31:59	0:13:49	0:45:48
3	89	Eastick, Rowena	F30-39	0:04:32	0:27:34	0:32:06	0:14:20	0:46:26
4	85	Kellow-Webb, Finn	M30-39	0:04:42	0:29:00	0:33:42	0:13:30	0:47:12
5	81	McAlpine, Catherine	F30-39	0:05:04	0:26:31	0:31:35	0:16:20	0:47:55
6	87	Donohue, Amanda	F40-49	0:04:31	0:29:24	0:33:55	0:15:19	0:49:14
7	93	Ainslie, Kim	F30-39	0:05:03	0:28:27	0:33:30	0:15:49	0:49:19
8	82	Hill, Darren	M30-39	0:05:04	0:28:27	0:33:31	0:16:04	0:49:35
9	83	Hill, Alison	F20-29	0:04:57	0:29:08	0:34:05	0:15:53	0:49:58
10	94	Ouwendijk, Jessica	F20-29	0:04:53	0:27:54	0:32:47	0:17:57	0:50:44
11	86	Gunthorpe, Carmon	F20-29	0:04:45	0:30:47	0:35:32	0:15:20	0:50:52
12	88	Donohue, Phil	M40-49	0:05:08	0:30:18	0:35:26	0:16:20	0:51:46
13	95	Hatty, Phill	M30-39	0:04:37	0:30:47	0:35:24	0:16:32	0:51:56
14	92	Smart, Barry	M50-59	0:06:51	0:30:00	0:36:51	0:17:26	0:54:17
15	84	Luck, Tara	F20-29	0:05:23	0:34:15	0:39:38	0:16:38	0:56:16
16	80	Yee, Sandra	F30-39	0:06:32	0:34:25	0:40:57	0:22:18	1:03:15
17	91	Herrada, Gilbert	M50-59	0:08:36	0:30:14	0:38:50	0:37:21	1:16:11

**Sprint Series Race 3 Short
Lake Alexander**

**Results By Category
300/15/3**

09-Apr-06

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F20-29							
1	83	Hill, Alison	0:04:57	0:29:08	0:34:05	0:15:53	0:49:58
2	94	Ouwendijk, Jessica	0:04:53	0:27:54	0:32:47	0:17:57	0:50:44
3	86	Gunthorpe, Carmon	0:04:45	0:30:47	0:35:32	0:15:20	0:50:52
4	84	Luck, Tara	0:05:23	0:34:15	0:39:38	0:16:38	0:56:16
Results for Category F30-39							
1	89	Eastick, Rowena	0:04:32	0:27:34	0:32:06	0:14:20	0:46:26
2	81	McAlpine, Catherine	0:05:04	0:26:31	0:31:35	0:16:20	0:47:55
3	93	Ainslie, Kim	0:05:03	0:28:27	0:33:30	0:15:49	0:49:19
4	80	Yee, Sandra	0:06:32	0:34:25	0:40:57	0:22:18	1:03:15
Results for Category F40-49							
1	87	Donohue, Amanda	0:04:31	0:29:24	0:33:55	0:15:19	0:49:14
Results for Category M30-39							
1	90	Cruickshank, Kevin	0:04:40	0:27:19	0:31:59	0:13:49	0:45:48
2	85	Kellow-Webb, Finn	0:04:42	0:29:00	0:33:42	0:13:30	0:47:12
3	82	Hill, Darren	0:05:04	0:28:27	0:33:31	0:16:04	0:49:35
4	95	Hatty, Phill	0:04:37	0:30:47	0:35:24	0:16:32	0:51:56
Results for Category M40-49							
1	96	Neville, Malcolm	0:04:47	0:25:56	0:30:43	0:12:57	0:43:40
2	88	Donohue, Phil	0:05:08	0:30:18	0:35:26	0:16:20	0:51:46
Results for Category M50-59							
1	92	Smart, Barry	0:06:51	0:30:00	0:36:51	0:17:26	0:54:17
2	91	Herrada, Gilbert	0:08:36	0:30:14	0:38:50	0:37:21	1:16:11