

**Triathlon 1 Long
Lake Alexander****Overall Results
750/25/5****10-Sep-06**

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time	
1	33	Hall, Shane	M30-39	0:10:55	0:40:51	0:51:46	0:18:13	1:09:59	
2	8	Bosmans, Jerome	M30-39	0:11:01	0:43:07	0:54:08	0:16:57	1:11:05	
3	26	Gear, Kyle	MJNR	0:10:01	0:42:06	0:52:07	0:19:45	1:11:52	
4	24	Weatherald, Rob	M40-49	0:11:27	0:43:11	0:54:38	0:17:55	1:12:33	
5	22	Anzin, Mark	M30-39	0:12:45	0:43:09	0:55:54	0:17:31	1:13:25	
6	13	Muench, Roland	M50-59	0:12:46	0:41:58	0:54:44	0:19:33	1:14:17	
7	10	Coutts, Nick	M20-29	0:11:47	0:43:24	0:55:11	0:19:55	1:15:06	
8	18	Garland, Craig	M30-39	0:11:11	0:45:20	0:56:31	0:18:39	1:15:10	
9	11	Silverlock, Barry	M40-49	0:12:08	0:43:52	0:56:00	0:19:34	1:15:34	
10	23	Denton, Steve	M30-39	0:12:44	0:42:46	0:55:30	0:20:12	1:15:42	
11	21	Wilson, Lee	M30-39	0:13:42	0:44:32	0:58:14	0:17:33	1:15:47	
12	32	Stancombe, Allan	M50-59	0:12:52	0:42:01	0:54:53	0:20:59	1:15:52	
13	2	Gray, Samuel	M20-29	0:11:47	0:44:25	0:56:12	0:20:09	1:16:21	
14	40	Brady, Pete	M40-49	0:12:05	0:45:46	0:57:51	0:19:39	1:17:30	
15	20	Thyne, John	M40-49	0:11:48	0:45:08	0:56:56	0:20:53	1:17:49	
16	27	Thyne, Rebecca	FJNR	0:11:48	0:45:05	0:56:53	0:21:22	1:18:15	
17	31	Bevis, Scott	M20-29	0:13:01	0:46:49	0:59:50	0:21:33	1:21:23	
18	14	Sullivan, Rosie	F30-39	0:12:53	0:47:26	1:00:19	0:21:33	1:21:52	
19	28	King, Matt	MJNR	0:11:41	0:40:43	0:52:24	0:29:41	1:22:05	
20	3	Stanley, Daryl	M50-59	0:12:51	0:46:47	0:59:38	0:22:28	1:22:06	
21	6	Redwood, Matt	M20-29	0:15:08	0:45:47	1:00:55	0:21:22	1:22:17	
22	39	Griep, Ron	F40-49	0:12:47	0:48:00	1:00:47	0:21:36	1:22:23	
23	37	Clements, Natasha	F20-29	0:12:57	0:47:28	1:00:25	0:22:00	1:22:25	
24	41	Tilbrook, Paul	M30-39	0:15:10	0:48:56	1:04:06	0:18:32	1:22:38	
25	19	Stewart, Monica	F50-59	0:12:56	0:49:19	1:02:15	0:23:25	1:25:40	
26	7	Stephenson, Lauren	FJNR	0:12:42	0:51:37	1:04:19	0:22:07	1:26:26	
27	4	Stanley, Robyn	F50-59	0:13:24	0:50:10	1:03:34	0:23:20	1:26:54	
28	36	Ogdon, Louise	F30-39	0:12:58	0:51:04	1:04:02	0:23:13	1:27:15	
29	12	Thorpe, Lesley	F40-49	0:13:21	0:52:21	1:05:42	0:22:47	1:28:29	
30	34	Team, Lewis	TEAM	0:15:22	0:50:51	1:06:13	0:23:45	1:29:58	
31	25	Jeggo, Peta	F30-39	0:13:43	0:52:38	1:06:21	0:24:00	1:30:21	
32	30	Cuthbertson, Allan	M50-59	0:17:34	0:55:19	1:12:53	0:22:15	1:35:08	
33	29	Orchard, Robyn	F30-39	0:15:25	0:56:48	1:12:13	0:24:20	1:36:33	
34	15	Koch, Ernie	M70-79	0:20:00	0:55:43	1:15:43	0:27:40	1:43:23	
35	5	Team, Sullivan/Cruickshank	TEAM	0:15:37	0:52:49	1:08:26			DNF
36	35	Day, Alan	M50-59	0:15:51	0:53:12	1:09:03			DNF
37	1	Hubber, Mathew	M20-29	0:11:12					DNF
38	38	Team, Reeves	TEAM	0:13:24	0:47:21	1:00:45			DNF

**Triathlon 1 Long
Lake Alexander****Results By Category
750/25/5****10-Sep-06**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F20-29							
1	37	Clements, Natasha	0:12:57	0:47:28	1:00:25	0:22:00	1:22:25
Results for Category F30-39							
1	14	Sullivan, Rosie	0:12:53	0:47:26	1:00:19	0:21:33	1:21:52
2	36	Ogdon, Louise	0:12:58	0:51:04	1:04:02	0:23:13	1:27:15
3	25	Jeggo, Peta	0:13:43	0:52:38	1:06:21	0:24:00	1:30:21
4	29	Orchard, Robyn	0:15:25	0:56:48	1:12:13	0:24:20	1:36:33
Results for Category F40-49							
1	39	Griep, Ron	0:12:47	0:48:00	1:00:47	0:21:36	1:22:23
2	12	Thorpe, Lesley	0:13:21	0:52:21	1:05:42	0:22:47	1:28:29
Results for Category F50-59							
1	19	Stewart, Monica	0:12:56	0:49:19	1:02:15	0:23:25	1:25:40
2	4	Stanley, Robyn	0:13:24	0:50:10	1:03:34	0:23:20	1:26:54
Results for Category FJNR							
1	27	Thyne, Rebecca	0:11:48	0:45:05	0:56:53	0:21:22	1:18:15
2	7	Stephenson, Lauren	0:12:42	0:51:37	1:04:19	0:22:07	1:26:26
Results for Category M20-29							
1	10	Coutts, Nick	0:11:47	0:43:24	0:55:11	0:19:55	1:15:06
2	2	Gray, Samuel	0:11:47	0:44:25	0:56:12	0:20:09	1:16:21
3	31	Bevis, Scott	0:13:01	0:46:49	0:59:50	0:21:33	1:21:23
4	6	Redwood, Matt	0:15:08	0:45:47	1:00:55	0:21:22	1:22:17
5	1	Hubber, Mathew	0:11:12				DNF
Results for Category M30-39							
1	33	Hall, Shane	0:10:55	0:40:51	0:51:46	0:18:13	1:09:59
2	8	Bosmans, Jerome	0:11:01	0:43:07	0:54:08	0:16:57	1:11:05
3	22	Anzin, Mark	0:12:45	0:43:09	0:55:54	0:17:31	1:13:25
4	18	Garland, Craig	0:11:11	0:45:20	0:56:31	0:18:39	1:15:10
5	23	Denton, Steve	0:12:44	0:42:46	0:55:30	0:20:12	1:15:42
6	21	Wilson, Lee	0:13:42	0:44:32	0:58:14	0:17:33	1:15:47
7	41	Tilbrook, Paul	0:15:10	0:48:56	1:04:06	0:18:32	1:22:38

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
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Results for Category M40-49

1	24	Weatherald, Rob	0:11:27	0:43:11	0:54:38	0:17:55	1:12:33
2	11	Silverlock, Barry	0:12:08	0:43:52	0:56:00	0:19:34	1:15:34
3	40	Brady, Pete	0:12:05	0:45:46	0:57:51	0:19:39	1:17:30
4	20	Thyne, John	0:11:48	0:45:08	0:56:56	0:20:53	1:17:49

Results for Category M50-59

1	13	Muench, Roland	0:12:46	0:41:58	0:54:44	0:19:33	1:14:17
2	32	Stacombe, Allan	0:12:52	0:42:01	0:54:53	0:20:59	1:15:52
3	3	Stanley, Daryl	0:12:51	0:46:47	0:59:38	0:22:28	1:22:06
4	30	Cuthbertson, Allan	0:17:34	0:55:19	1:12:53	0:22:15	1:35:08
5	35	Day, Alan	0:15:51	0:53:12	1:09:03		DNF

Results for Category M70-79

1	15	Koch, Ernie	0:20:00	0:55:43	1:15:43	0:27:40	1:43:23
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Results for Category MJNR

1	26	Gear, Kyle	0:10:01	0:42:06	0:52:07	0:19:45	1:11:52
2	28	King, Matt	0:11:41	0:40:43	0:52:24	0:29:41	1:22:05

Results for Category TEAM

1	34	Team, Lewis	0:15:22	0:50:51	1:06:13	0:23:45	1:29:58
2	5	Team, Sullivan/Cruickshank	0:15:37	0:52:49	1:08:26		DNF
3	38	Team, Reeves	0:13:24	0:47:21	1:00:45		DNF

**Triathlon 1 Short
Lake Alexander**

**Overall Results
300/12/3**

10-Sep-06

Place	Race No	Name	Category	Swim	Bike	Swim+Bike	Run	Total Time
1	115	West, Tony	M30-39	0:05:29	0:26:10	0:31:39	0:13:21	0:45:00
2	103	Hatty, Phill	M30-39	0:05:05	0:26:09	0:31:14	0:14:51	0:46:05
3	112	Smith, Colin	M50-59	0:05:14	0:25:46	0:31:00	0:15:10	0:46:10
4	108	McAlpine, Catherine	F30-39	0:05:12	0:25:28	0:30:40	0:15:47	0:46:27
5	104	Hatty, Sharon	F30-39	0:06:02	0:26:56	0:32:58	0:14:04	0:47:02
6	110	Duncan, Joanne	F40-49	0:06:08	0:26:04	0:32:12	0:14:58	0:47:10
7	106	McLeod, Jodie	F40-49	0:05:11	0:26:18	0:31:29	0:16:22	0:47:51
8	100	Bormann, Hans	M50-59	0:07:00	0:26:19	0:33:19	0:15:04	0:48:23
9	105	Jeggo, Simon	M30-39	0:05:56	0:24:47	0:30:43	0:17:50	0:48:33
10	111	Svara, Peter	M30-39	0:05:54	0:25:33	0:31:27	0:17:08	0:48:35
11	113	Netto, Kevin	M30-39	0:05:51	0:26:16	0:32:07	0:16:57	0:49:04
12	118	Vogt, Richard	M20-29	0:04:37	0:27:29	0:32:06	0:17:20	0:49:26
13	117	Luck, Tara	F20-29	0:06:15	0:29:31	0:35:46	0:16:46	0:52:32
14	116	Piper, Bill	M40-49	0:07:12	0:30:14	0:37:26	0:15:55	0:53:21
15	109	Townend, Belinda	F20-29	0:05:36	0:29:49	0:35:25	0:18:50	0:54:15
16	114	Smart, Barry	M60-69	0:07:39	0:29:49	0:37:28	0:17:23	0:54:51
17	119	Godfrey, Nerida	F50-59	0:06:13	0:29:57	0:36:10	0:20:24	0:56:34
18	102	Yee, Sandra	F40-49	0:07:40	0:34:31	0:42:11	0:22:25	1:04:36
19	107	Stephens, Rose	F40-49	0:07:58	0:33:07	0:41:05	0:25:53	1:06:58
20	101	Team, Yvonne&MaxEllison	TEAM	0:11:09	0:33:28	0:44:37	0:27:08	1:11:45

**Triathlon 1 Short
Lake Alexander****Results By Category
300/12/3****10-Sep-06**

Place	Race No	Name	Swim	Bike	Swim+Bike	Run	Total Time
Results for Category F20-29							
1	117	Luck, Tara	0:06:15	0:29:31	0:35:46	0:16:46	0:52:32
2	109	Townend, Belinda	0:05:36	0:29:49	0:35:25	0:18:50	0:54:15
Results for Category F30-39							
1	108	McAlpine, Catherine	0:05:12	0:25:28	0:30:40	0:15:47	0:46:27
2	104	Hatty, Sharon	0:06:02	0:26:56	0:32:58	0:14:04	0:47:02
Results for Category F40-49							
1	110	Duncan, Joanne	0:06:08	0:26:04	0:32:12	0:14:58	0:47:10
2	106	McLeod, Jodie	0:05:11	0:26:18	0:31:29	0:16:22	0:47:51
3	102	Yee, Sandra	0:07:40	0:34:31	0:42:11	0:22:25	1:04:36
4	107	Stephens, Rose	0:07:58	0:33:07	0:41:05	0:25:53	1:06:58
Results for Category F50-59							
1	119	Godfrey, Nerida	0:06:13	0:29:57	0:36:10	0:20:24	0:56:34
Results for Category M20-29							
1	118	Vogt, Richard	0:04:37	0:27:29	0:32:06	0:17:20	0:49:26
Results for Category M30-39							
1	115	West, Tony	0:05:29	0:26:10	0:31:39	0:13:21	0:45:00
2	103	Hatty, Phill	0:05:05	0:26:09	0:31:14	0:14:51	0:46:05
3	105	Jeggo, Simon	0:05:56	0:24:47	0:30:43	0:17:50	0:48:33
4	111	Svara, Peter	0:05:54	0:25:33	0:31:27	0:17:08	0:48:35
5	113	Netto, Kevin	0:05:51	0:26:16	0:32:07	0:16:57	0:49:04
Results for Category M40-49							
1	116	Piper, Bill	0:07:12	0:30:14	0:37:26	0:15:55	0:53:21
Results for Category M50-59							
1	112	Smith, Colin	0:05:14	0:25:46	0:31:00	0:15:10	0:46:10
2	100	Bormann, Hans	0:07:00	0:26:19	0:33:19	0:15:04	0:48:23
Results for Category M60-69							
1	114	Smart, Barry	0:07:39	0:29:49	0:37:28	0:17:23	0:54:51
Results for Category TEAM							
1	101	Team, Yvonne&MaxEllison	0:11:09	0:33:28	0:44:37	0:27:08	1:11:45