



BALMORAL SAILING CLUB

(CO-OP) LIMITED

**SAILING
INSTRUCTIONS**

1 JULY 2009

TO

31 DECEMBER 2012



1.

RULES

- 1.1 The racing will be governed by the “rules’ as defined in the Racing Rules of Sailing 2009-2012 as modified by these sailing instructions.
- 1.2 All Class rules will apply for the relevant class.
- 1.3 Where there is conflict between the Class rules and these sailing instructions, these sailing instructions will apply.

2. ELIGIBILITY

- 2.1 All competitors and crew shall be financial members of Balmoral Sailing Club, or a Yachting Association affiliated club if sailing an interclub event.
- 2.2 All competitors will be financial members of Yachting NSW.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted at Balmoral Sailing Club on the noticeboard located in the clubhouse upstairs.

4. CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted on the noticeboard before 12.00 hours on the day it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag mast located on the North West corner of the Sailing Club

When flag AP is displayed ashore, ‘1 minute ‘ is replaced with ‘not less than 30 minutes’ in Race Signal AP.

6. SCHEDULE OF RACES

- 6.1 Racing is scheduled as detailed in the official club programme.
- 6.2 The number of races scheduled is as detailed in the official club programme.
- 6.3 Alternative days may be used if races are not completed as scheduled or if the race committee considers it unlikely that races will be completed as scheduled.
- 6.4 The scheduled time for the Warning signal for the first race each day is 13.54 hours.
- 6.5 The scheduled time for the warning signal for the Marathon race is 13.24 hours.
- 6.6 The scheduled time for the warning signal for the Sprint series first race is 12.54 hours.
- 6.7 The scheduled time for the warning signal for the first race on LATE RACE DAY is 15.24 hours.

6.8 No warning signal will be made after 18.00 hours.

7. SAILING AREA

7.1 Racing will be conducted in the area of Hunter Bay and THE SOUND.

7.2 All CARDINAL MARKS shall be observed. Failure to observe these marks shall result in disqualification.- NB Sailing in THE BOMBORA shall result in disqualification.

7.3 Sailing is not permitted in NAVAL WATERS or in DESIGNATED SECURITY AREAS.

7.4 Racing is not permitted in the area of permanently moored boats.

8. THE COURSES

8.1 The diagrams in attachment A on the noticeboard show the courses, the order in which marks are to be passed and the side on which each mark is to be left.

8.2 No later than the Warning signal, the Race Committee signal boat will display the numeral indicating the course to be sailed.

8.3 The most recently dated course map is the course map to be used. It is displayed on the Balmoral Sailing Club noticeboard.

8.4 Separate course maps are for each class and are labelled as such.

8.5 When the Race Committee displays a board with the letter "A" prior to the start, all relevant classes will sail the "A" course.

8.6 When the Race Committee displays a board with the letter "H" prior to the start, all relevant classes will sail the H (HEAVY WEATHER) course.

8.7 All courses may be shortened.

8.8 Legs of the course will not be changed after the preparatory signal. This changes Rule 33.

8.9 Sprint Series courses are as per separate course sheets on the noticeboard.

8.10 Marathon Courses are as per separate course sheets on the noticeboard.

9. MARKS

9.1 Marks 1,2,3,4,5,6,7,8,9,10,11,12, will be a staff with an orange flag with a horizontal white black white stripe. They may fly a smaller top flag which may be marked with their number. They will be located in the approximate positions as per the official transit sheets. Mark 13 will be a staff with a

dayglo pink flag with a horizontal white black white stripe. It may fly a top flag which will be marked with the number.

9.2 Classes 505 and Sharpie may also use large inflatable marks.

9.3 The Starting and Finishing Marks will be a staff with an orange flag and the Balmoral Sailing Club Burgee flying from the small forward mast.

9.4 A starting limit mark (distance mark) may be laid. When laid this will rank as a mark of the course. This will be a red/orange ball positioned in the vicinity of the Race Committee boat.

10. AREAS THAT ARE OBSTRUCTIONS

The following areas are designated obstructions :-The BOMBORA, NAVAL WATERS and MOORED BOATS.

11. THE START

11.1 Races will be started as follows; - (this changes Rule 26).

For the class starting first;

- Warning signal-code flag W displayed (6 minutes before the start).
- Preparatory signal; removal of code flag W and display of the class flag. (3 minutes before the start).
- Removal of class flag indicates the start.

For class starting subsequently, the display of the class flag of the preceding class will serve as their warning signal.

The starting order is; Tasar, MG, (including NS14) Nat E, Pacer, Mirror, Cadet, (and Topper) Moth, Sharpie (and 505). The official class flags will be as described in class rules.

11.2 The starting line will be between the small forward mast on the race committee boat flying the Club Burgee and the starting mark at the port end.

11.3 A starting limit mark (distance mark) may be laid. When laid, this will rank as a mark of the course. This will be a red/orange ball. This mark will be positioned in the vicinity of the Race Committee boat. Boats shall leave this mark to starboard when starting. Following its preparatory signal, no boat shall pass between the race committee boat and the starting limit mark from the course side of the starting line.

11.4 Races will be started using Rule 26, ONLY when a notice to competitors is displayed on the day of the race. Classes using Rule 26 will start either before or after classes using the sequence as described in Rule 10.1.

11.5 On the day of the MARATHON the starting sequence will be published on the club noticeboard.

- 11.6 Boats whose preparatory signal has not been made will AVOID the starting area. (25m at either end of the start line, 25m in front of the starting line and 50m behind the line).
- 11.7 A boat starting later than 15 minutes after her starting signal will be scored "did not start".
- 11.8 Recalls; Racing Rule 29.2 is amended as follows;

After a General Recall, the PREPARATORY signal for a new start for the recalled class shall be made one minute after the first substitute is removed. The start for any succeeding classes shall follow the new start.

12. THE FINISH

The finishing line will be between the finishing mark and the small mast on the committee boat flying the Club Burgee.

13. TIME LIMITS

- 13.1 Time limits for all classes are 150 minutes for the first boat.
- 13.2 Boats failing to finish within the time limit, or within 30 minutes after the first boat of their class finishes, whichever is the later, will be scored "DID NOT FINISH" "without a hearing". This changes rule 35, A4 and A5.

14. PROTESTS AND REQUEST FOR REDRESS

- 14.1 Protest forms are available at the Race office. Protests shall be delivered there within the time limit.
- 14.2 For each class the protest time limit is 90 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the Race committee and the Protest Committee and to requests for redress. This changes rule 61.3 and rule 62.2.
- 14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the location and time of hearings in which they are parties or are named as witnesses.
- 14.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).
- 14.5 For the purpose of Rule 64.3(b) the "authority responsible" is the measurer appointed by the Class Association.

15. SCORING

- 15.1 The Low Point scoring system of Appendix A / A4 will apply.

15.2 FOUR (4) races are required to be completed to constitute a series for the Pointscore and Club Championship series. TWO (2) races are required to be completed to constitute a series for the Winter and Spring sprint series.

15.3 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

When from 5 to 6 races have been completed, a boat's series will be the total of her race scores excluding her worst score.

When 7 or more races have been completed, a boat's series will be the total of her race scores excluding her 2 worst scores.

15.4 Scoring for Interclub, National and State events will be determined and advised by the Class Association.

16. SAFETY REGULATIONS

16.1 All boats intending to race shall register on the SIGN ON sheets located in the foyer of Balmoral Sailing Club, no later than 30 minutes before that boat's start time.

16.2 A boat that retires from a race shall notify the Race Committee as soon as possible, and SIGN OFF on the sheet located outside the front door of the Club, as soon as possible after arriving on shore.

16.3 A PRE-RACE meeting will be conducted for all sailors, in the Clubhouse, approximately 1 hour before the scheduled start of the race.

17. EQUIPMENT, MEASUREMENT CHECKS

17.1 A boat or equipment may be inspected at any time for compliance with the Class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

17.2 All boats shall be fitted with a towing ring of not less than 40mm diameter or a towing fairlead or in some classes crews must be able to demonstrate how to attach a towline to their boat.

17.3 An Approved Personal Flotation Device is to be worn at all times while afloat. This amends rule 40.

18. OFFICIAL BOATS

Official boats will display the Club Burgee. When on station at the start or finish line, the Race committee vessel will display a black sphere from the flag mast.

19. SUPPORT BOATS

- 19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing, from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.
- 19.2 As part of their SCHOOL SAILING PROGRAMMES, Pacers, Cadets and Mirror dinghies may be allowed closer supervision, support and coaching on their sailing course with PRIOR approval from the race committee.

20. RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to Mobile Phones.

21. PRIZES

Prizes will be given as determined by the Race Committee.

22. DISCLAIMER OF LIABILITY

Competitors participate in the sailing events organised by Balmoral Sailing Club entirely at their own risk. (See rule 4) They realise and accept that sailing is a strenuous activity and understand the risks involved in outdoor and on-water activities. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any event organised by Balmoral Sailing Club.

23. INSURANCE

Each participating boat shall be insured with valid third-party personal and property liability insurance with a minimum cover of 5 million dollars. The race committee reserves the right to sight evidence that a boat's insurance is current at any time.