

Please Note:

- All sessions are free of charge.
- Bookings are essential for all sessions
- Dates and venues are subject to confirmation.
- Please arrive 15 minutes prior as late arrivals will not be admitted.

If you are interested in attending training and workshops please contact:

Monash Volunteer Resource Centre Inc
Phone: 9562 0414
Fax: 9562 0411
Email: mvrc@iinet.net.au



Monash Volunteer Resource Centre Inc
www.mvrcvolunteer.org.au

MONASH VOLUNTEER RESOURCE CENTRE Inc

Our aim is to link care community service organisations operating in the City of Monash with prospective volunteers from the community, and to provide quality training opportunities to ensure a mutually rewarding experience for both recipient and volunteer.



Monash Volunteer Resource Centre Inc,
5 Myrtle St.,
Glen Waverley 3150
Mel 71B2

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Department of Human Services and City of Monash

VMP funded by:
Commonwealth Department of Families,
Community Services & Indigenous Affairs

MONASH VOLUNTEER RESOURCE
CENTRE Inc
Reg No. A-0010411P



Training and Workshops
2010

Tel: 9562 0414
Fax: 9562 0411
Email: mvrc@iinet.net.au

Workshops 2010

Venue:

*Monash Volunteer Resource Centre Inc
5 Myrtle St., Glen Waverley 3150
Time: 9.30 am-11.30 am*

Safe Food Practices

Wednesday 24 February 2010
Facilitator: City of Monash,
Environmental Services

Understanding Cultural Diversity in our Community

Wednesday 31 March 2010
Facilitator: Judy Mc Dougall,
Migrant Information Centre East

Managing your Stress

Wednesday 28 April 2010
Facilitator: Janet Myers–Creed

Loss & Grief

Wednesday 26 May 2010
Facilitator: Susanne Baxandall

Communicating with People with a Disability

Wednesday 30 June 2010
Facilitator: Janet Myers–Creed

Depression

Wednesday 28 July 2010
Facilitator: Beyond Blue

Communication Skills and Conflict Resolution

Wednesday 25 August 2010
Facilitator: Janet Myers–Creed

Christmas Opportunities for Volunteers

Wednesday 29 September 2010
Facilitator: Monash Volunteer Resource
Centre

Exploring Dementia

Wednesday 27 October 2010
Facilitator: Alzheimers Australia

The Effects of Stroke and Life after Acquired Brain Injury

Wednesday 24 November 2010
Facilitator: Stroke Association of Victoria
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INTRODUCTION TO VOLUNTEER TRAINING 2010

*Training sessions are held on the
second Tuesday of each month.*

Time: 9.30 am until 11.30 am

Dates:

February 9th

March 9th

April 13th

May 11th

June 8th

July 13th

August 10th

September 14th

October 12th

November 9th

December 14th

Venue:

*Monash Volunteer Resource Centre Inc,
5 Myrtle St.,
Glen Waverley 3150*

NOTE: PARKING AVAILABILITY

Street parking is limited to 2 hours. 4-hour parking is available across the road and at Centre-link which is located in Bogong Ave. Participants are asked **not to park on the premises** of Monash Volunteer Resource Centre.