



the MUDLARK

The official newsletter of the Maylands Yacht Club (Inc.) | **Summer 2001**

Commodore's Comments



The fleet launches for the Bayswater Regatta. Numbers were up significantly on previous years.

How quickly a season goes!

It only seems like yesterday that the Club was preparing for Opening Day. Now it is almost time to give our craft a final wash down for the season and reflect back on the Clubs achievements.

Many tasks identified by the Committee have been successfully completed this year placing the Club in a strong position for future seasons to come. With financial assistance and support from the City of Bayswater, the new storage shed has been completed. Club members built a racking system to house as many craft as possible and now this facility is full. A drive way on our grassed area has been completed and this should assist access into the Club grounds and to the launching ramp, particularly in the winter months.

New chairs and tables purchased for inside the Club have lifted the appearance of the décor and have been well utilised during the season.

Following on from our successful Opening Day regatta, the Club recently conducted our other major event for the year, in running the City of Bayswater Regatta. This once again

proved to be a most successful event and one that has become well supported and recognized by sailors from other Clubs. The turn out on the day was fantastic, the racing tight and the chicken and salad meal provided by the Committee in the evening a fitting way to end the day. Our thanks go to the City of Bayswater for providing financial assistance towards the trophies and the running of the day.



Visitors enjoying the well attended breakfast.

Our invited guest for the presentations were truly impressed to see the manner in which the Club conducts itself, the standard of racing offered and the support from visiting sailors. The guest list included Stephen Smith MHR, Dr Judy Edwards MLA, Mayor for the City of Bayswater Lou Magro, Councillors for the City of Bayswater, Club Patron

Terry Gaunt and Life Members of the Maylands Yacht Club. What a distinguished list!

The Regatta also coincided with the Autumn River Festival and the Club opened at the crack of dawn on Sunday morning to provide a "Breakfast by the River" as part of the Festival. By about 9.00 the club house was filled with people taking the opportunity of a first class breakfast and a million dollar view. My thanks go to all those people involved in making this event so successful. Many Club and non-club members donated goods and/or their time to ensure that all ran smoothly. It appears as though we have even gained some new social members from showcasing this event.

As the Breakfast was in full swing upstairs, other Club members were insuring that the morning racing for the Mudlarks and Mirrors was co-ordinated. The breeze unfortunately refused to do the right thing and the racing was conducted in almost drifting conditions. However, all competitors enjoyed the experience.

This event also provide the first opportunity for our junior Mirror fleet to showcase their talents learned from the training courses conducted this season. It was impressive to see just our far our novice sailors have come. Thanks must be extended to Ken Patterson and Ossie Carter for the manner in which they have conducted this valuable aspect of our Club's activities. Their task has been made a little easier by the assistance offered by many other Club personnel and Mirror parents during the season.

Plans are already being made to continue our training courses next year and also provide the opportunity for Club racing for the more experienced Mirror sailor.



Always good to see the Mudlark fleet at Maylands for the Bayswater Regatta.

A large part of the success of our Club each year is due to the manner in which race day activities are conducted. In a

most efficient manner, the start box crew, rescue boat drivers, canteen staff and bar staff have provided exemplary service. Without these volunteers providing their time and expertise the Club would not function. On behalf of all Club members please accept our thanks.

Prize Night is almost upon us and I hope to see as many members and their families as possible at this function. Apart from providing an opportunity to congratulate and reward the successful sailors, it also provides us an opportunity as a Club to come together and celebrate a most successful season.

A special thanks to all those who have donated funds for trophies to the Club this year. Without your support, it would be difficult to give recognition to our successful sailors each season.

Kim Stephens

Laser Lark



What a season for the Laser fleets! More boats on the start line, competitive racing and an ever growing respect from other clubs for the standard of our sailing. Particularly encouraging is the emergence of an increasing level of skills from our younger sailors, who are starting to show us oldies a thing or two. A prime example was Blake Stephen's professional performance in the last race of the Championship series where he held off a couple of spirited challenges to score a well deserved win.

Welcome back to Colin Dauncey who has had to juggle business and soccer interests with sailing. He still managed to take out the full rigs, showing he's still got what it takes.

Maylands has enjoyed an increasing presence away from the club. Darryl Bonny did us proud with his top twenty showing at the Nationals, following it with a fifth placing at the states. Darryl has been spending time down at RBYC, honing his skills, and the results are self-evident.

Kim Stephens, carrying a back injury, sailed a radial at the

States and really flew when the wind piped up on the last two days, scoring a heat win.

What is really gratifying is to note the manner in which those in the second half of the fleet have come on in leaps and bounds. Space doesn't permit naming everyone, but the score sheets prove that while the placings haven't changed a whole lot, the gap between first and last has narrowed dramatically. Well done to Padraic who has shown grit and determination in finishing races, all the time improving his boat handling and tactical skills.

Hard luck story must go to Jerome, who held a handy points lead in the radials and was challenging for the race lead, when he suffered gear failure. Even more galling was the fact that he ended up equal on points with Ian and narrowly missed out on a count back. Next year Jerome!

The 4.7's has been dominated by Nicole, although both Di and Doug have once again closed the gap considerably as the season has progressed.

Here's to an even more exciting and successful season in 2002/2003!

Torp



where are they now?

Twenty aspiring sailors from the Maylands Yacht Club earned their Australian Yachting Federation elementary certificate on Sunday. The boats used by the club include Heron's, Signets and Mudlarks. Pictured above are Scott Woodford (8), of Innaloo, Stephen Lewis (7), of Mount Lawley, and Matthew Walls (8), of Morley, as they rig a yacht in part of their training to earn their elementary certificate.

We recently received an email from someone who was associated with the club, with this old photo attached.

The photo is dated 14/12/80 (don't the kids' hairstyles give it away!)

Wonder if anyone recognises the faces and can shed some light on their whereabouts?

Nice to know we still have kids at Maylands on Sunday mornings wearing the same grins!

Moth Mutterings



The title of the book "The Power of One" by Bryce Courtney would be a suitable heading for the Moths at Maylands.

No Prizes for naming the Power of

One, but he has been first, last and fastest for quite a few events lately, even to taking home a big travel bag after the Bayswater Regatta.

The moral of this is More than Three in 2003 - start the Press Gang!

The Canteen girls are getting out their knitting needles to make booties and things. Great planning by Roz and Colin to schedule the big event for

September, which we all know is outside the sailing season.

Bruce obtained his degree at Murdoch (so is now able to concentrate on important things like hydroplane foils for Moths). Congratulations to Bruce, but you will have to ask him about the techno details. I'm computer illiterate. How do you turn those things on??

Blue Jacket

Heron Hailings

The apparent lack of interest in Heron sailing generally (the State Championships attracted only 6-boats) might not truly reflect the situation. There are still many Herons "on the books", many are new sailors who do not feel confident to venture far into racing or be active in the Association. The poor State Titles attendance started about 2-years ago when 8-heats were scheduled and it proved to be too much travelling for many. Heck, there are only

20-club races in a season and some of us struggle to make all of those. AYF/YAWA fees increased and are now billed individually, at club, state and national association level – that's a 4-times bill and when multiplied for a sailing family, not being an AYF member just to sail in state heats becomes attractive. There are sometimes complaints from visitors about MYC sailing conditions as suitable for important races – they should try Brisbane with its tides, mud and tropical wildlife, Melbourne where entire National Championships are

sometimes abandoned because of inclement weather, Adelaide with its wonderful surf beaches, or Sydney Harbour with its traffic and sharks. Please note the following events:

Sun 5th May 02 11:00am
Annual General Meeting
at Shelley Sailing Club

12:30pm BBQ & Presentations
at Shelley Sailing Club.

SSC are asking for indications so they know how many to expect.

10109

Pacer Puffs

What a difference Peter and Amy Kerrigan have made to the Puffins since hitting the water late last year. No longer do we have Le Mans starts off the beach 10 minutes after the start gun when we are all ready.

Fish hits the line on the gun so we have had to lift our game. Once over the line Peter and Amy have kept setting new standards that has inspired all of us to improve. Roy, Wendy, Joel and Kirsty in Llywaw have improved their speed around the course by about 15 minutes a race which is enormous.

Tyson and Vic in Patches have improved

a similar amount possibly even more in heavier winds, when you consider this is Tyson's FIRST season skippering a yacht he has exceeded all expectations. Peter and Trent trailed the fleet shortly after the Xmas break but they have also started to improve. This has led to a fantastic Convergence in all of the trophies.

With one race to go in the Consistency Trophy, Patches had a one point lead over Llywaw in second place. In most fastest times Puffin Liquidators had a one point lead over both Amy Jane and the handicap start specialist Patches.

In the Club championship Patches held a one point lead over Puffin Liquidators and a two point lead over Amy Jane and with three different boats getting fastest times over the previous three weeks a fantastic shoot-out loomed for the last race. In the end, Patches scored a fairly convincing win over Amy Jane, so Tyson ended the season on a well deserved high note.

Well done to all Pacer crews for this year's racing. We look forward to an equally competitive season next year.

Puffin Liquidators

Don't Forget!

Sunday 28 April

Heirrisson Island Picnic Race

Race starts at around 10.00 am from MYC, arrive at Heirrisson Island around 11.30 am. Friends and family can get to the carpark from the EASTBOUND lane of the Causeway.





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Maylands Training News

The Training Program for the 2001/2002 Season has now finished. Sixteen sailors were in attendance on the last training day while 7 boats were rigged and racing. Unfortunately one boat was undergoing minor repairs and could not be put into the water until the glue had dried.

All participants have now qualified for their AYF Basics 1 Certificate. This means that all the new members gained from the Club's participation in the Try Sailing Day have demonstrated competence in the skills outlined in the table opposite

In addition most of the training group are well advanced towards the completion of the AYF Basics 2 Certificate Course. Learning how to rescue a 'man overboard', pull the boat alongside an object and learn some extra knots to tie remain on the agenda. Included are some diagrams of these knots to try and practice for next season. There will be a small reward for all those in the training group who can tie them correctly by the first training day in the new season.

The training program was interrupted by the desire to have a Mirror fleet racing for the Bayswater City Regatta. However, the racing experience has brought its own learning curve and injected quite a bit of excitement amongst both sailors in the boats and parents on the shore. The race on Regatta Day was a good opportunity to teach that paddling was definitely not allowed, even if there was very little wind!

What is clear to all is that sailing is a very complex skill to learn and that becoming good takes time, patience and lots of practice. The important thing to remember is that we can have fun learning.

Special thanks to Ossie Carter for his expert assistance as co-instructor, to Catherine Horrocks and to Tyson and Daniel Rignall for their help as in-boat assistants and to all the parents who pitched in and helped with the rigging, unrigging and for their help in getting the trainees away from and back to the beach each time.

See you all next season, hopefully with your own boats and ready to complete Basics 2 then join in afternoon racing.

Ken

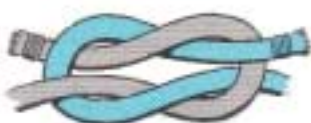
ELEMENT	PERFORMANCE CRITERION
Prepares and plans	■ Wears suitable clothing
	■ Demonstrates group and individual safety practices
	■ Warms up using sailing stretches
Rigging	■ Correct positioning of boat into the wind
	■ Correct identification of parts of boat and rigging, including sails & fittings
	■ With assistance can rig a sailing dinghy
Ropework	■ Ties a figure of eight knot
	■ Ties a round turn and two half hitches
Sailing techniques and manoeuvres	■ Steers a boat under paddle or wind power
	■ Demonstrates primary boat controls and heave to
	■ Sails a boat around a reaching course in light conditions
	■ Crewing and helming under sail power demonstrated in controlled conditions under supervision
Rescue procedures and drills	■ Participation in capsized recovery drill
	■ Participation in a single and/or multiple towing drill
Launching & recovery	■ Follows correct procedures for leaving & returning to the beach
	■ Demonstrates the correct procedures for launching & recovery of training boat with appropriate care, under coach guidance
Sailing theory and background	■ Demonstrates knowledge of basic rules (with coach and supervision)
	● To avoid all collisions
	● A power boat gives way to a sail boat
	● Exceptions-commercial vessels
Winds, tides and currents	■ Judges wind direction and relative strength using environmental indicators



lots of **KNOTS**



REEF KNOT: and then right over left.



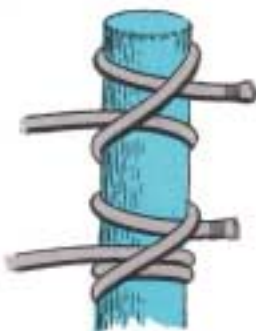
GRANNY KNOT: aa reef knot that's NOT! Not a good knot at all!

TWO HALF HITCHES: can be made stronger by taking another turn around the post first to make a round turn and two half hitches.



BOWLINE: this knot forms a strong loop that can be easily undone. Some experts can tie this one around their waist using just one hand!

CLOVE HITCH: an easy-to-tie knot that grips well.



ROLLING HITCH: very like a clove hitch but grips even better.



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Level 2 National Coaching Accreditation Scheme.

During October of last year, I was invited to participate in a Sports Specific Coaching program for sailing, hosted by YAWA. This was the first part of a Level 2 National Coaching Accreditation course. The course was conducted by Australian Olympic coach Craig Ferris and a number of expert lecturers. It was designed to provide coaches with a high level of knowledge suitable for the coaching of elite sailors.

During February and March of this year, I have had the opportunity to complete the Sports General aspect of the Course. This has taken me away from the Club on a number of Sundays, as lectures at UWA ran from 9.00 am to 5.00 pm.

Apart from mind overload, this Course provided a wealth of knowledge provided by some of the best lecturers I have had the pleasure of hearing. A large number of sporting bodies were represented and in discussions with other coaches it became obvious that the structure of Sailing Coaching offered by the AYF is up with the best and well beyond a number of sports.

The course is designed to provide Coaches with the necessary abilities and knowledge to assist elite athletes in their sport. I am looking forward to having the opportunity to use this new found knowledge to help those sailors wanting to take their expertise beyond the frontiers of Club sailing.

My thanks to Vice Commodore Jerome Toonen for ably taking my place at the Club during this time.

Kim Stephens

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MAYLANDS YACHT CLUB PRESENTATION NIGHT 2002



Saturday 25th May

Doors open 7.00pm for a 7.30pm start

Adults: \$14, children 5-12: \$7.00, under 5: free

MENU

Super Buffet Menu from WA Spit Roast:

Tender Marinated Roast Beef with delicious piping hot gravy

Roast Pork with Apple Sauce

and Succulent Roast Lamb with Mint Sauce.

*Served with steaming hot jacket potatoes, lashings of sour cream & chives,
A variety of fresh bread rolls, French bread sticks, damper and butter.*

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