

# Eight days

Song: Eight Days A Week  
Artist: The Beatles  
Counts: 32 count, 2 wall, Beginner  
Choreographer: Enola Lewis

## BEATS

## STEPS

**1-8** **RIGHT SUGAR FOOT, SHUFFLE FORWARD, LEFT SUGAR FOOT, SHUFFLE BACK**

1-2 Touch right toe to left instep, touch right heel to left instep

3&4\* Shuffle forward (right left right)

5-6 Touch left toe to right instep, touch left heel to right instep

7&8\* Shuffle back (left right left)

**9-16** **ROCK BACK, SHUFFLE, WALK, SWAY**

9-10 Rock back on right recover on left

11&12\* Right shuffle forward (right left right)

13-14 Walk left right

15-16 Sway onto left, sway onto right

**17-24** **STEP TOGETHER, SHUFFLE, STEP TOGETHER, SHUFFLE**

-18 Step left on 45, step right next to left

19&20 Shuffle on 45 (left right left)

21-22 Step right on 45, step left next to right

23&24 Shuffle on 45 (right left right)

**25-32** **STEP BACK, TOUCH, STEP BACK, TOUCH, STEP, ½ TURN, SHUFFLE**

25-26 Step back left on 45, touch right next to left

27-28 Step back right on 45, touch left next to right

29-30 Step forward on left, ½ right

31&32 Shuffle forward (left right left)

## **REPEAT**

**Option:** You can double clap on walls 2, 4, 7 and 10.  
\*On counts 4, 8, 12 after they sing,  
Hold me (double clap) Love me (double clap) Hold me (double clap).

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