

Feel It 2

CHOREOGRAPHED DECEMBER 2005 BY BENJAMIN SMART, WESTERN AUSTRALIA AND JOHN H. ROBINSON, KENTUCKY, USA

DESCRIPTION: 2-Wall Phrased Line Dance, Intermediate; Part A 32 Counts, Part B 32 Counts

MUSIC: *Feel For You* by Bananarama (CD: "Drama"), 16-count intro, start with lyrics. Contact John for music.

SEQUENCE: AAA-,BB,AAA-,BB,A,BB. You'll do part A on the verses and part B on the choruses. A- is the first 16 counts of the dance.

PART A: COUNT/CALL/DESCRIPTION

CROSS, SIDE BALL-CHANGE TURNING 1/4 RIGHT, STEP FORWARD, KICK,

TOUCH BACK, BUMP BACK, HEEL TWIST TURNING 1/2 RIGHT

- 1&2 **Cross-ball-turn** R step across L (1), L rock ball of foot side left (&), pivot 1/4 right (to 3:00) stepping R forward (2)
- 3,4 **Step, kick** L step forward (3), R kick forward (4)
- 5,6 **Back, bump** R touch back (5), bump back taking weight on R (6)
- 7&8 **Twist & twist** With weight on balls of feet, twist heels left starting 1/2 turn right (7), twist heels right (&), twist heels left finishing 1/2 turn right, weight ending on L (to 9:00) (8)

WALK, WALK, FORWARD MAMBO, 1/2 TURN LEFT, 1/4 TURN LEFT, SAILOR STEP

- 1,2 **Walk, walk** R step forward (1), L step forward (2)
- 3&4 **Mambo step** R rock ball of foot forward (3), recover to L (&), R step next to L (4)
- 5,6 **Half, quarter** Pivot 1/2 left (to 3:00) stepping L forward (5), pivot 1/4 left (to 12:00) stepping R side right (6)
- 7&8 **Sailor step** L step ball of foot behind R (7), R small step ball of foot side right (&), L step forward (8)

FORWARD STEP, TOUCH, HIP SHAKE BACK (REPEAT)

- 1,2 **Step, touch** R step forward to right diagonal (1:30) (1), L touch behind R (2)
- 3&4 **Shake it back** L step back shaking hips back twice, settling weight on L (3&4)
- 5,6 **Step, touch** R step forward to right diagonal (1:30) (5), L touch behind R (6)
- 7&8 **Shake it back** L step back shaking hips back twice, settling weight on L (7&8)

JAZZ BOX TURNING 1/4 RIGHT, HITCH-BALL-CHANGE, 1/2 TURN LEFT, 1/4 TURN LEFT

- 1,2 **Cross, back** R step across L (1), L step back (2)
- 3,4 **Turn, step** Pivot 1/4 right (to 3:00) stepping R forward (3), L step forward (4)
- 5&6 **Hitch-ball-change** R hitch (raise knee) (5), R step ball of foot next to L (&), L step in place (6)
- 7,8 **Half, quarter** Pivot 1/2 left (to 9:00) stepping R back (7), pivot 1/4 left (to 6:00) stepping L side left (8)

PART B: COUNT/CALL/DESCRIPTION

KICK & STEP, BODY ROLL DOWN W/KNEE POP, BODY ROLL UP, KICK, STEP

- 1&2 **Kick & step** R kick across L (1), R step side right (&), L step side left (2) (*feet now shoulder-width apart*)
- 3,4 **Down, out** Bring L hand over head as if brushing hair then down left side of neck and body to thigh as you body roll down (3), with hand on thigh twist L knee 1/4 turn left (to 9:00)
- 5,6 **In, up** Return hand and knee to 12:00 (5), body roll up ending with weight on R (6)
- 7,8 **Kick, step** L kick across R (7), L step side left (8)

FORWARD MAMBOS R THEN L, SIDE STEPS ON THE SPOT WITH HAIR BRUSHES

- 1&2 **Right mambo** R rock ball of foot forward (1), recover to L (&), R step next to L (2)
- 3&4 **Left mambo** L rock ball of foot forward (3), recover to R (&), L step next to R (4)
- 5,6 **Right, left** R step side right circling right hand over head counterclockwise, placing hand behind head; at same time, point left hand straight out to left side (5), L step side left circling left hand over head clockwise, placing hand behind head; at same time, point right hand straight out to right side (6)
- 7,8 **Right, left** Repeat counts 5,6

FORWARD ROCK, RECOVER, COASTER STEP, WALK, WALK, 1/2 TURN LEFT, LOOK BACK

- 1,2 **Rock, step** R rock ball of foot forward (1), recover to L (2)
- 3&4 **Coaster step** R step ball of foot back (3), L step ball of foot next to R (&), R step forward (4)
- 5,6 **Walk, walk** L step forward (5), R step forward (6)
- 7,8 **Turn, look** Pivot 1/2 left (to 6:00) shifting weight to L (7), turn head/look back over R shoulder (to 12:00) shifting weight to R (8)

SYNCOATED LOCK STEPS WITH SHOULDER ISOLATIONS, FULL MONTEREY TURN

Keep looking back over R shoulder as you execute the next 4 counts.

- 1&2& **Step-lock, step-lock** L step forward raising L shoulder (1), R lock behind L dropping L shoulder and raising R shoulder (&), L step forward dropping R shoulder and raising L shoulder (2), R lock behind L dropping R shoulder and raising L shoulder (&)
- 3&4 **Step-lock-step** L step forward (3), R lock behind L (&), L step forward (4)
- 5,6 **Point, turn** R toe point side right (5), pivot full turn right (to 6:00) stepping R next to L (6)
- 7,8 **Point, step** L toe point side left (7), L step next to R (8)

START AGAIN AND ENJOY!

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Questions? Contact Ben at anairn4@bigpond.com or John at 502-380-0418 | mrsowcase@aol.com | www.mrsowcase.com