

IN YOUR SHADOW

Choreographed by: Wanda Heldt - Perth WA - Jan 09

Music: **Shady Lady** by Ani Lorak - Eurovision 08

Description: 64 count - 4 Wall - Intermediate dance

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Alternate Music: **Mercy by Duffy**
Disco Inferno by Marcia Hines
Billie Jean by Michael Jackson

- 1. R. HEEL TAP, STEP, CROSS, ROCK RECOVER, CROSS SHUFFLE ,**
1&2 Tap Right Heel forward, Step back on Right, Cross Left over Right
3&4 Tap Right Heel forward, Step back on Right, Cross Left over Right
5 -6 Right side Rock, Recover on Left
7&8 Cross Right over Left, Step Left, Cross Right over Left

- 2. L. HEEL TAP, STEP, CROSS, ROCK RECOVER, CROSS SHUFFLE**
1&2 Tap Left Heel forward, Step back on Left, Cross Right over Left
3&4 Tap Left Heel forward, Step back on Left, Cross Right over Left
5 -6 Left side Rock, Recover on Right
7&8 Cross Left over Right, Step Right, Cross Left over Right

- 3. ROCK FWD, RECOVER, 1&12 TRIPLE TURN RIGHT, ROCK RECOVER, LEFT COASTER CROSS**
1 -2 Rock forward on Right, Recover on Left
3&4 Triple 1 & 1/2 Turn Right stepping Right, Left, Right [6]
To FINISH dance, 6th Wall at 3:00 Triple to the Front.1-2 3&4-5,fwd.L
[Easy Option: Shuffle forward R.L.R.]
5 -6 Rock forward on Left, Recover on Right
7&8 Step back on Left, Step Right next to Left, Step Left over Right

- 4. SIDE TOGETHER, SIDE SHUFFLE, CROSS, ROCK, 1/4 TURN LEFT, SHUFFLE FWD L.R.L.**
1 -2 Step Right, Step left next to Right
3&4 Step Right, Step Left next to Right, Step Right
5-6 Cross Left over Right, Recover on Right
7&8 1/4 Turn Left, Shuffle forward L.R.L [3]

- 5. 1/2 TURN LEFT, KICK, TOUCH UNWIND, BACK LOCK STEP, TOUCH UNWIND,**
1 -2 Step forward Right 1/2 turn Left, Kick Left forward
3 -4 Touch Left behind, Unwind 1/2 turn Left, [9]
5&6 Step back on Left, Step right over left, Step back on Left
7 -8 Touch Right behind Left, Unwind 3/4 turn Right [12]
[Note: counts 1 - 8 ... Don't rush the steps]

- 6. BACK ROCK, SHUFFLE FWD R.LR., BACK ROCK, SHUFFLE FWD L.R.L.**
1 -2 Rock back on Right, Recover on Left [slight 45 angle to right]
3&4 Step Right forward, Step left next to Right, Step Right forward [Square up to 12]
5 -6 Rock back on Left, Recover on Right [Slight 45 angle to Left]
7&8 Step Left forward, Step right next to left, Step Left forward [Square up to 12]

7. TURN 1/4 LEFT, CROSS SHUFFLE, 2 x 1/4 TURN RIGHT, SHUFFLE FORWARD

- 1 -2 Step forward Right, 1/4 Turn left [wt. on Left] [9]
3&4 Cross Right over Left, Step Left, Cross Right over Left
5 -6 1/4 turn Right step back on Left, 1/4 turn Right step Right [3]
7&8 Step Left forward, Step Right next to Left, Step Left forward

8. 2 x 1/2 MONTEREY TURNS

- 1 -2 Touch Right Toe to Right side, 1/2 Turn Right step next to Left
3 -4 Touch Left Toe to left side, Step Left next to Right
5 -6 Touch Right Toe to Right side, 1/2 Turn Right step next to Left
7 -8 Touch Left Toe to left side, Step Left next to Right [3]

REPEAT HAVE FUN IN LIFE & IN DANCE

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