

# MINI SHADOW

Choreographed by: Wanda Heldt - Perth WA - Jan 09  
Music: **Shady Lady** by Ani Lorak - Eurovision 08  
Description: 4 Wall - 32 count - Improver/Easy Intermediate  
SPLIT.. Weak In The Knees

Beginner dance for my Intermediate dance.. In Your Shadow

## **1. 2 RIGHT KICK BALL CHANGES, SIDE SHUFFLE , BACK ROCK**

1&2 Kick R fwd, step R in place, step L in place  
3&4 Kick R fwd, step R in place, step L in place  
5&6 Step R to R side, step L besides R, step R to R side  
7-8 Rock back onto L, recover onto R

## **2. 2 LEFT KICK BALL CHANGES, SIDE SHUFFLE, BACK ROCK**

1&2 Kick L fwd, step L in place, step R in place  
3&4 Kick L fwd, step L in place, step R in place  
5&6 Step Left to Left Side, Step Right next to Left, Step Left to Left side  
7-8 Rock back onto R, recover onto L,

## **3. HIPS R.L.R, HIPS L.R.L , 1/2 PIVOT LEFT, 1/4 PIVOT LEFT**

1&2 Hip Bumps R.L.R travel slightly forward. with lots of Attitude  
3&4 Hip Bumps L.R.L travel slightly forward. with lots of Attitude]  
4-5 Step forward on Right, Pivot 1/2 turn Left  
6-7 Step forward on Right, Pivot 1/4 turn Left. [Wt. on Left]

## **4. ROCK R & L. SAILOR STEPS, ROCK L & R SAILORS STEPS**

1-2 Rock Right, Rock Left  
3&4 Step Right behind Left, Step on Left, Step on Right  
5-6 Rock Left, Rock Right  
7&8 Step Left behind Right, Step on Right, Step on Left

Repeat... Have Fun - In life & In Dance

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