



Bill Larson

# MY HEART IS LOST TO YOU

Choreographer: Bill Larson  
 Song: 'My Heart Is Lost To You' by Brooks & Dunn  
 2 Wall 32 Count Intermediate



Perth, Western Australia

bill\_larson@hotmail.com  
 www.hop.to/lonestar  
 PO Box 3128 Malaga DC  
 WA 6945

Steps	Actual Footwork	Direction	Calling Suggestion
<b>Section 1</b> 1,2 3&4 5,6 7&8	<b>Step Turn / Kick Coaster Cross, Side Rock Cross Shuffle</b> Step L fwd, turning 1/2 R Kick R foot fwd (facing 6:00) Step R foot back, Step L beside R, Cross R over L Step L to L side, Recover weight onto R Cross shuffle to R: Stepping L R L	Turning R On the Spot  Travel Right	Step Turn / Kick Coaster Cross Side Rock Cross Shuffle R
<b>Section 2</b> 1 2 3&4 5,6 7&8	<b>Turn Turn Cross Shuffle, Side Rock Sailor Step</b> turning 1/4 turn L, Step back on R turning 1/4 turn L, Step L to side Cross shuffle to L: Stepping R L R Step L to L side, Recover weight onto R Step L behind R, Step R to R side, Rock weight onto L	Turning L  Travel Left On the Spot	Turn Turn Cross Shuffle Side Rock Sailor Step
<b>Section 3</b> 1,2 3&4 5,6 7,8	<b>Forward Rock Full Turn Triple Step, Forward Rock Roll Back</b> Step R fwd, Recover weight onto L turning a full turn R, Triple Step R L R Step L fwd, Recover weight onto R Rolling back a full turn L, Step L R (facing 12:00)	Forward Turning R  Travel Back	Forward Rock Full Turn Right Forward Rock Full Roll Back
<b>Section 4</b> 1,2 3&4 5&6 7,8	<b>Back Rock Shuffle Forward, Turn Shuffle Back, Back Rock</b> Step L foot back, Recover weight fwd onto R Shuffle fwd: L R L (facing 12:00) turning 1/2 L Shuffle backward: R L R Step L foot back, Recover weight fwd onto R (6:00)	On the Spot Forward Backward On the Spot	Back Rock Shuffle Forward Shuffle Back Back Rock
<b>Restarts:</b> <b>On Wall 4</b> <b>On Wall 8</b>	Dance the first 12 counts, then restart dance after ... "Cross Shuffle to L: Stepping R L R" - On wall 4 restart facing back wall - On wall 8 restart facing front wall ... enjoy !!! ☺		