

OVER THE HILL

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SONG We're All Gonna Die Someday

ARTIST Kasey Chambers

ALBUM The Captain

DESCRIPTION 32 count, 2 wall contra easy intermediate dance

STARTING POSITION in lines, back to back (approx 1 m apart)

Note; Whilst the first sequence starts with the lines back to back, the next one will start with the lines facing, this alternating start direction continues throughout the dance.

Beats Steps

STEP HEEL, STEP TOGETHER, STEP HEEL, STEP TOGETHER

1-4 Step L to L side, tap R heel forward at 45 deg R, step R apart from L, step L together

5-8 Step R to R side, tap L heel forward at 45 deg L, step L apart from R, step R together

Note; try slapping L hands with your partner on step 2 & R hands with step 6 (with the heel taps)

STEP 1/8 TURN, SLAP, STEP 1/8 TURN, SLAP, DOUBLE HIPS R & L

9-10 Step L forward turning 1/8 R (cnr), place weight on R with a slap of L hand to L hip

11-12 Step L forward turning 1/8 R (side on), slap L hand on L hip (weight stays on L)

13-16 bump hips to R-R, then L-L (if near enough bump your partners hips)

2 X SAILOR SHUFFLES, 2 X DIAGONAL CAMEL SLIDES (with arm action)

17&18 Sailor - Step R behind L, step L to L side, step R to R side

19&20 Sailor - Step L behind R, step R to R side, step L to L side

21-22 Step R forward at 45 deg R (arms forward), slide L up to R (dragging elbows back to sides)

23-24 Step R forward at 45 deg R (arms forward), slide L up to touch beside R (elbows back)

SLOW 'SWAGGER' WALK 3/4 CIRCULAR TURN (swing bent arms in a normal action)

25-26 Starting a 3/4 circular turn - step forward on L, bring R arm (bent) forward, hold

27-28 Continuing the turn - step forward on R bringing L arm (bent) forward, hold

5-8 Repeat last 4 beats - completing the 3/4 turn & hopefully in line with your partner

Note; Lines should now be facing each other to start the 2nd sequence - see main notes above step 1

After the 3rd sequence there are 4 extra beats - simply hold, clap, hold, clap

BRIDGE; After the 5th sequence there is a 36 beat "Beverly Hillbillies" Theme instrumental section, for this you will face the other line & in typical hillbilly fashion, swing your partner

1-8 Linking R arms, use 4 x shuffles to circle clockwise R around partner

9-16 Swap arms & do 4 x shuffles anticlockwise (L)

17-32 Repeat steps 1-16 , you should end up with the lines facing each other

33-36 Hold, clap, hold, clap

Now return to main dance (but with the lines facing - not back to back). This dance is intended for having fun with, so during the bridge section don't even try to keep everyone in perfect formation, it doesn't even matter which foot you start the shuffles with! Just ensure you end up in lines facing each other & that you get your weight onto the R foot at some stage between beats 33-36.

Unfortunately, towards the very end the music slows down, just complete the sequence, (now facing out) then wait for the normal beats to return to finish the dance, perform step 1-4, then step forward on R & pivot 1/2 L onto L, stomp/step R together