

Spirit In The Sky

Choreographer: Mary Squillace WA 93976703

97 Beat 4 Wall Dance Difficulty: Intermediate

**Music: "Spirit In The Sky" by Kentucky Headhunters
or (slower) by Norman Greenbaum**

Beats	Steps
1,2,3&4	Rock R Side, L Side, Step RbL, L Side, Step RoL
5,6,7&8	Rock L Side, R Side, Step LbR, R Side, Step L Fwd @ 45° L
1,2,3,4,5&6 (RLR)	(Keeping L angle) R Toe-Heel Fwd, L Toe-Heel Fwd, R Shuffle Fwd
7,8	Rock L Side, R Step Fwd into R 45° angle from front
1,2,3,4,5&6	(Keeping R angle) L Toe-Heel Fwd, R Toe-Heel, L Shuffle Fwd (LRL)
7,8	Rock R Side, L Step Fwd into L 45° angle from front
1&2,3,4	R Shuffle Fwd (RLR), Rock L Side, R Side (Straightening to Front)
5,6	Rock L Fwd, R Bk
7,8,1,2,3,4 ½ TL	(Travelling Bk) L Toe-Heel & ½ T L, R Toe-Heel & ½ T L, L Toe-Heel & ½ TL
	<i>(each with finger clicks)</i>
5,6	Stomp R Side, Stomp L Side
7,8,1,2 Heel 45° R	Bending knees & Stepping R, Touch L Heel @ 45° L, L Step Tog, Touch R
3,4,5&6	R Step Side, L Step Tog, Chassè (Shuffle) R, (RLR)
7,8,1&2	Cross Rock LoR, R Bk, Chassè L (LRL)
3,4,5&6	R Step into ½ T L, L Step Tog, Shuffle into ¼ TR (RLR)
7,8,1&2	L Step Fwd, Pivot ½ TR, L Shuffle Fwd (LRL)
3,4,5&6	Full Turn L Stepping R,L, R Shuffle Fwd (RLR)
7,8,1&2,3,4	L Step Fwd, Pivot ½ TR, L Shuffle Fwd (LRL) Full Turn L stepping R,L
5-8, &1 R	Step Fwd, L Kick Fwd, Cross LoR, R Step Bk, Jump onto L, R Step Fwd
2,3,4,5	L Step Fwd, Pivot ¼ TR, (x 2)
6,7,8,1,2,3	Cross LoR, R Point Side, Cross RoL, L Point Side, LoR, R Point Side
4&5,6&7,8&1}	4 Sailors Steps Travelling Bk (RbL, L,R; LbR, R,L; x 2)
2&3	}
4,5	R Rock Bk, L Fwd
6,7,8,1	R Step Fwd, Pivot ½ TL (x 2)

Choreographer's Note: Whilst this is a long dance, it's quite repetitive, so is not too hard!